

TUTTLE

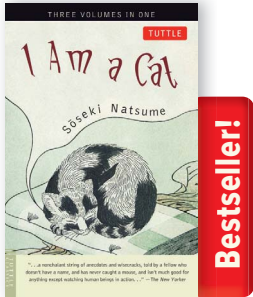
NEW TITLES AND
BACKLIST HIGHLIGHTS

Fall 2025

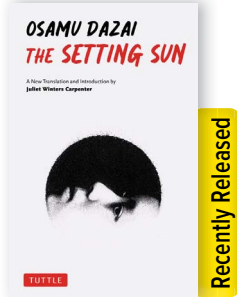


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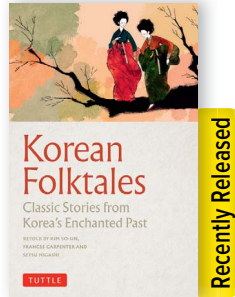
Tuttle Asian Classics in Translation



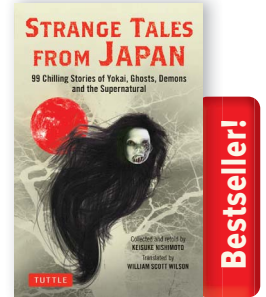
I Am a Cat
ISBN-13: 978-0-8048-3265-6
\$19.95/\$27.95 (CAD) PB



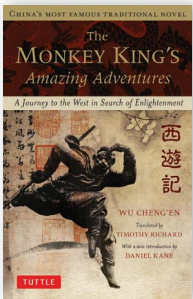
The Setting Sun
A New Translation
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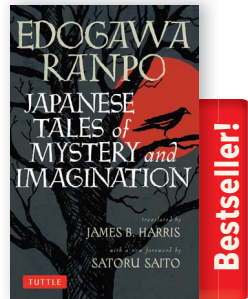
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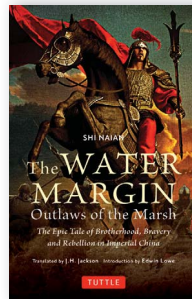
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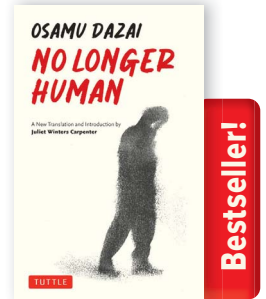
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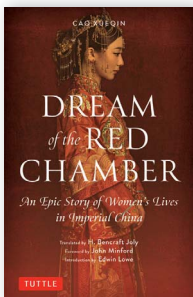
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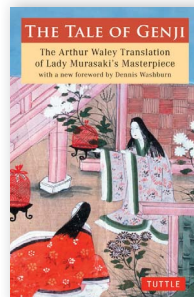
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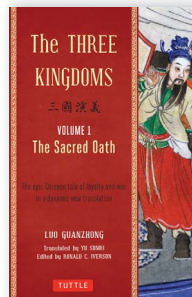
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“Books to Span the East and West”

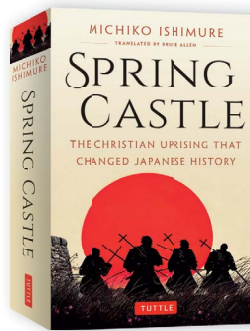
Tuttle Publishing was founded in 1832 in the small New England town of Rutland, Vermont (USA). Our core values remain as strong today as they were then—to publish best-in-class books which bring people together one page at a time. In 1948, we established a publishing outpost in Japan—and Tuttle is now a leader in publishing English-language books about the arts, languages and cultures of Asia. The world has become a much smaller place today and Asia's economic and cultural influence has grown. Yet the need for meaningful dialogue and information about this diverse region has never been greater. Over the past seven decades, Tuttle has published thousands of books on subjects ranging from martial arts and paper crafts to language learning and literature—and our talented authors, illustrators, designers and photographers have won many prestigious awards. We welcome you to explore the wealth of information available on Asia at www.tuttlepublishing.com.



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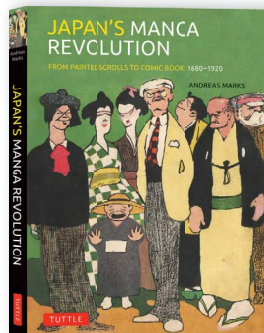
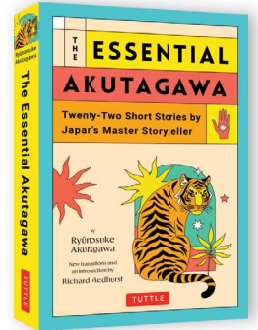
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Tokyo | Rutland, Vermont | Singapore



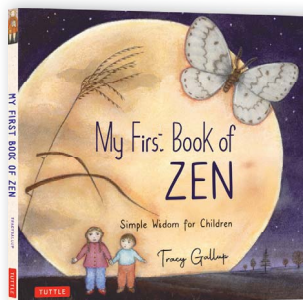
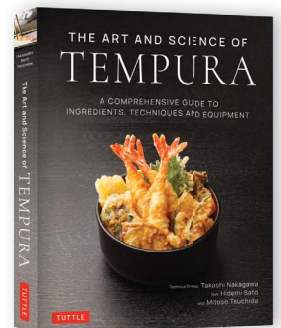
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The Essential Akutagawa
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Japan's Manga Revolution
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The Art and Science of Tempura
page 30



My First Book of Zen
page 36

“Kabuki is action-packed, scenically thrilling and histrionically flamboyant” —The Guardian

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\$35.95 (CAD)

ISBN-13: 978-4-8053-1972-7

September

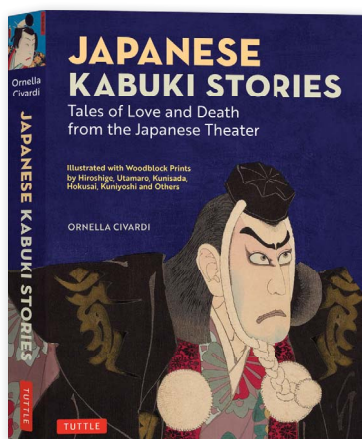
Literature

7 X 9 ½ • 176 pages

15 tales illustrated with 78 full-color woodblock prints and 22 color photos

Carton Quantity: 12

Selling Territory: World



Japanese Kabuki Stories

Tales of Love and Death from the Japanese Theater

By Ornella Civardi

This beautiful book celebrates the Japanese kabuki theater—presenting fifteen classic tales of tragic love and fatal passion that are frequently performed on the kabuki stage in Japan. These dramatic tales are stunningly illustrated with full-color woodblock prints by master artists including Hiroshige, Hokusai, Utamaro, Kuniyoshi and Kunisada, along with photographs of modern kabuki performances. The tales in this book include:

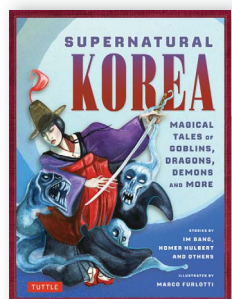
- **Love Suicides at Amijima**—Jihe, a married merchant and Koharu, a prostitute, fall deeply in love. Jihei cannot afford to buy her freedom, so they commit double suicide
- **The Love of Genji, the Shining Prince**—A stage version of Japan’s classic *Tale of Genji* by Lady Murasaki Shikibu, which follows the romantic exploits of Genji, the son of Emperor Kiritsubo
- **The Magic Helmet**—Princess Yaegaki mourns for her dead husband Katsuyori, but one day she notices a new samurai in the household who looks just like him. It is indeed Katsuyori, who has adopted a disguise to prevent himself from being killed. Now Yaegaki must struggle to save him!
- **Plus 12 other colorful and melodramatic stories!**

The translations are by Ornella Civardi, a noted scholar of Japanese literature, who also provides a fascinating introduction to the popular kabuki theater tradition in Japan. This book will be treasured by kabuki aficionados as well as anyone with an interest in the theater and Japanese literature.

Ornella Civardi studied Oriental Languages and Literature at Ca’ Foscari University in Venice and then won a scholarship to study at Keio University in Tokyo in 1989. She has translated literary works by Mishima, Kawabata and Ikkyu into her native Italian, and was awarded the Alcantara Prize for translation in 2005. She has published many books on the subject of Japanese literature in Italian.

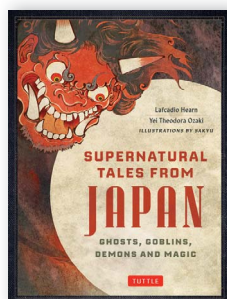


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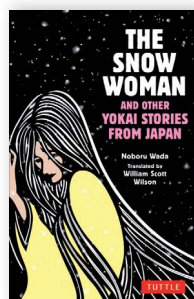
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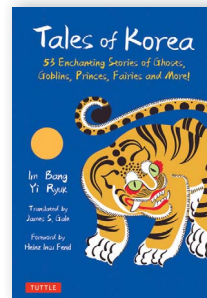


Bestseller!

Supernatural Tales from Japan
Ghosts, Goblins, Demons and Magic
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\$15.99/\$22.95 (CAD) PB



Tales of Korea
53 Enchanting Stories of Ghosts, Goblins, Princes, Fairies and More!
ISBN-13: 978-0-8048-5549-5
\$18.99/\$26.95 (CAD) HC

LOVE ON STAGE

For a couple of centuries, say between the 17th and 19th centuries, *kabuki* theater took on the task of rereading past and present history to make it usable for a mass audience. The emerging *chonin* class, the new urban bourgeoisie of the Edo period in whose hands the bulk of the cash was now circulating, had neither the culture nor perhaps the patience to strain its head over books. It was thirsty for affabulations, that it was, but facts and characters needed to be brought to it comfortably and appealingly, not incultured with didactic intent, but dished out in the form of the easiest and most engaging pastime.

Thus it was that this type of theater, born in the early 17th century from the performances of an itinerant dancer, came to be transformed into a complex genre, in which music, dance, and acting interpreted, capable of accommodating in its format an enormous variety of content, until it became, by the turn of the century, the favorite form of representation of the urban population and one of the most vital vehicles of dissemination. Among the themes of most marked appeal to a popular audience were the exploits of heroes, the supernatural, and, inevitably, love, which declined in the multiplicity of settings, eras, and events that made available the boundless repertoire of classical literature. The *Heike Monogatari* (The Tale of the Heike, 14th century), the earliest epic novel, already plundered by generations of storytellers, the uplifting tales of Buddhism, the chronicles of the various clans, and, later, the very ancient *Genji Monogatari* (The Tale of Genji, 11th century) became a

1. Between 1600 and 1603, Okuni, serving at the Izumo shrine, began performing as a traveling dancer to raise funds for the shrine. Her performances, in which religious dance was charged with erotic overtones, are considered the beginning of *kabuki* theater.



LOVE SUICIDES AT AMIJIMA

Shinjuten no Amijima

Their husbands dreamed of and idealized, sometimes losing their minds, the fatal courtesans of the teahouses, ethereal and inaccessible creatures made to offer pleasure in all shades, bred to serve the male and make him feel even more male.

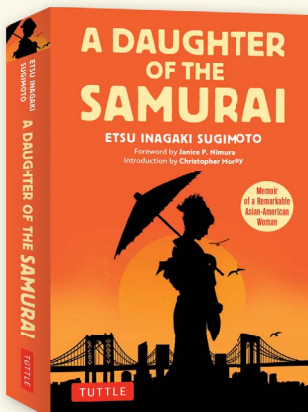
And they, the dim and prosaic wives, the good girls assigned to bear children and run the household, could do nothing but watch helplessly the passionate ravings of their spouses, resigned to the shadowy corner that Confucian wisdom had prepared for them, but at the same time certain that sooner or later the rambunctious, love-sick husband, urged on by social pressure would return to the fold, and ultimately hand victory to them.

This was not always the way things went, however; sometimes it could happen that feelings were more nuanced and ambiguous, and a dangerous triangle was created from which the protagonists could no longer extricate themselves, bound to each other by a mixture of love, honor, gratitude, complicity. A sticky ground that fatally gave way plunging the unhappy ones into a dark abyss.

Ihei, a young paper merchant from Osaka, married with two children, had fallen head over heels for Koharu, a nineteen-year-old courtesan of the Kinokuni household, and was pining for love and jealousy while neglecting his business and duties as a family man, without possessing the money needed to redeem the girl. Koharu was also languishing, her little face getting sharper and sharper, her gaze melancholy and low, so much so that the housekeeper, who was losing money and customers there, had forbidden her to see Ihei and was guarding her by checking every patron. The situation was so untenable that the two lovers, seeing no way out, had decided to end it all and commit suicide together.

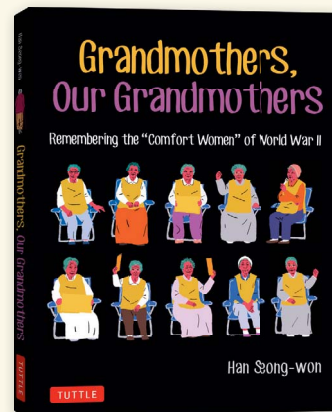
That day, in the tenth month of 1720, Koharu had been sent for by a samurai

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“My favorite Japanese author” —Haruki Murakami

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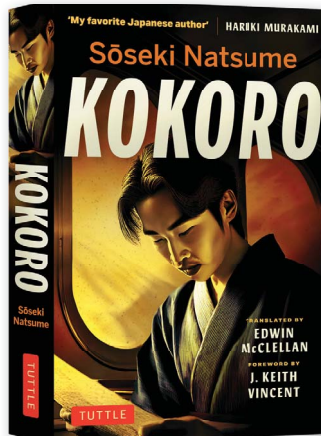
October

Literature

5 1/8 X 8 • 256 pages

Carton Quantity: 36

Selling Territory: World



Sōseki Natsume Kokoro

By Sōseki Natsume

Translated by Edwin McClellan

Foreword by J. Keith Vincent

A chance encounter irrevocably links a university student to an older man he calls *Sensei* (“Teacher”). Intrigued by Sensei’s aloofness, the student visits him with increasing regularity, and Sensei and his beautiful wife eventually open their home and lives to him. The student graduates and is called home to care for his dying father. But Sensei draws him back with a letter revealing a terrible secret that has shadowed him since his youth.

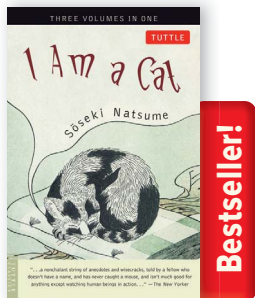
Written toward the end of Sōseki’s long career, *Kokoro* provides a timeless psychological study of one man’s alienation from society. It is recognized as one of his greatest works and a milestone in the emergence of the psychological novel in Japan. Its universal themes of friendship, betrayal and the struggle for meaning in a rapidly-changing world continue to resonate today.

Sōseki Natsume is the pen name of Kinnosuke Natsume, born in 1867 in Japan. A prolific author of poetry, fiction and essays, Sōseki wrote some of Japan’s most beloved novels, including *I Am a Cat*, *Botchan* and *Kokoro*. He is so revered in Japan that his image appeared on the ¥1000 banknote for many years.

Edwin McClellan was a leading scholar, translator and professor of Japanese literature at Yale University. He is noted for his translations of Sōseki’s *Kokoro* and *Grass on the Wayside*, and is the author of *Two Japanese Novelists: Sōseki and Toson*. He was awarded the Noma Prize for literary translation and the Japanese government’s Order of the Rising Sun.

J. Keith Vincent teaches Japanese literature at Boston University, where he also directs the MFA Program in Literary Translation. His translations include *A Riot of Goldfish* by Kanoko Okamoto, *Devils in Daylight* by Junichirō Tanizaki, and Sōseki’s novel *Michikusa*, forthcoming from Tuttle.

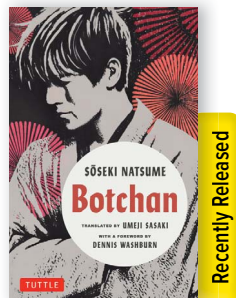
By the Same Author:



I Am a Cat

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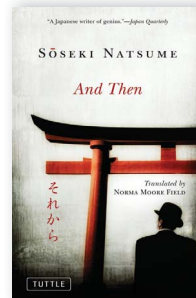


Botchan

A Novel by Sōseki Natsume

ISBN-13: 978-4-8053-1822-5

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And Then

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The untold story of the Christian rebellion that changed Japanese history!

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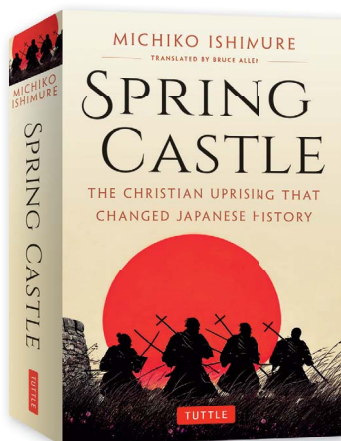
October

Historical Fiction

5 1/8 X 8 • 480 pages

Carton Quantity: 20

Selling Territory: World



Spring Castle

The Christian Uprising that Changed Japanese History

By Michiko Ishimure

Translated by Bruce Allen

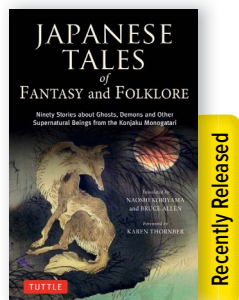
Spring Castle is the epic story of Japan's bloody Shimabara Rebellion, told through the eyes of Christian peasants who rose up against their oppressors in 17th century Japan. Facing religious persecution, harsh taxation, drought and famine—37,000 men, women and children led by a charismatic teenage boy occupy an abandoned castle, only to be ruthlessly slaughtered by the Shogun's army.

Renowned novelist Michiko Ishimure imaginatively reconstructs the lives, thoughts, fears and dreams of the forgotten people who perished that day. With great sensitivity, she depicts their religious awakening and how they gradually come to realize they had no other choice but to fight for their dignity. As translator Bruce Allen writes, "Ishimure devoted her life to telling the stories of people whose lives were threatened by society's desire for material progress. This book provides a requiem for the victims of this process, along with a call for recognition, reconciliation, and renewal."

Michiko Ishimure (1927-2018) is recognized as one of Japan's most important writers. She published over 50 works ranging from novels, non-fiction, drama and poetry to essays and children's stories. She received many literary awards including the Magsaysay Award from the Philippines and the Asahi Prize for literature in Japan. Her best-known work, *Paradise in the Sea of Sorrow: Our Minamata Disease* (1969), went through over 30 printings and has been translated into many languages. This work, along with others on the Minamata incident, led to her being called the "mother of the Japanese environmental movement" and the "Rachel Carson of Japan."

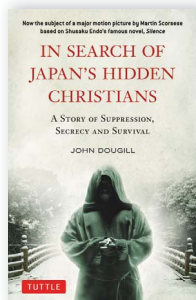
Bruce Allen is a retired professor of translation and global environmental literature at Seisen University in Tokyo. His translations include the novel *Lake of Heaven* by Michiko Ishimure, *Japanese Tales of Fantasy and Folklore* and *Toward the Paradise of Flowers*, a documentary film on Ishimure. He is the editor of *Ishimure Michiko's Writing in Ecological Perspective*. His translation of several chapters of *Spring Castle* was awarded the Kyoko Iriye Selden Memorial Translation Prize by Cornell University.

By the Same Translator:

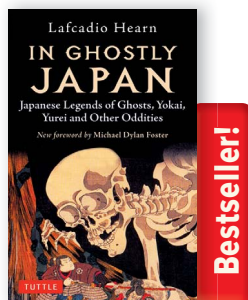


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Ninety Stories about Ghosts, Demons and Other Supernatural Beings
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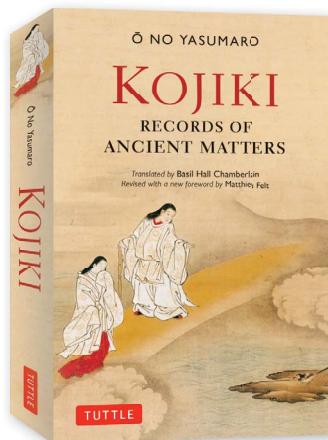
August

Literature

5 1/8 X 8 • 480 pages

Carton Quantity: 20

Selling Territory: World



Kojiki

Records of Ancient Matters

By Ō no Yasumaro

Translated by Basil Hall Chamberlain

Revised by Matthieu Felt

Kojiki is the classic of Japanese classics—a foundational text for Japanese history and for the Shinto religion. This literary masterpiece has shaped Japanese thought and culture for a millennium. Its vivid storytelling, tales of supernatural interventions in human affairs, and powerful depictions of human emotions continue to inspire countless works of Japanese poetry, drama and art.

Central to the story are the primordial deities Izanagi and Izanami, their role in creating the Japanese islands, and the birth of the divine beings who established Japan's imperial bloodline. These elements form the spiritual basis for Shinto, Japan's indigenous religion. The divine origins of the imperial family reinforced their sacred status and right to rule the nation.

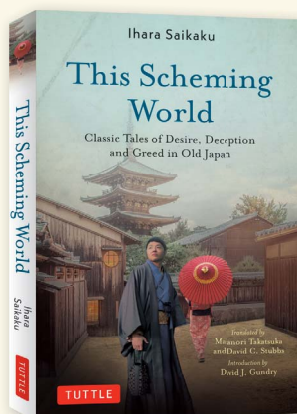
In this completely revised edition, the English text has been improved and all Japanese characters and place names have been modernized. Latin versions of "racy" passages in the earlier editions have been rendered into English. Footnotes have been shortened and edited for relevance to modern readers. The result is a truly accessible edition of the *Kojiki*—a book which remains a cornerstone of Japan's national identity, offering a window onto ancient beliefs and practices that continue to define the Japanese people today.

Ō no Yasumaro was a prominent Japanese nobleman and scholar of the Nara period. He worked under the imperial court's commission to compile the *Kojiki* and collaborated closely with Hieda no Are, who recited to him the oral traditions that formed the basis of the text. Yasumaro's work has been crucial in preserving Japan's early culture, identity and spiritual heritage.

Basil Hall Chamberlain (1850-1935) was a British Japanologist who played a key role in introducing Japanese culture and language to the West.

Matthieu Felt received his Ph.D. in Japanese literature from Columbia University. He is the author of *Meanings of Antiquity: Myth Interpretation in Premodern Japan*.

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This Scheming World

Classic Tales of Desire, Deception and Greed in Old Japan

By Ihara Saikaku

Translated by Masanori Takatsuka

& David C. Stubbs

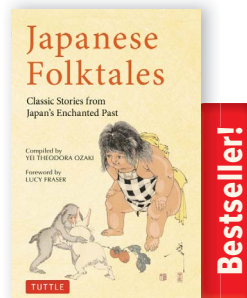
ISBN-13: 978-0-8048-5932-5

\$7.99/\$11.95 (CAD) PB **October**

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Also Available:



Japanese Folktales

Classic Stories from Japan's Enchanted Past

ISBN-13: 978-4-8053-1461-6

\$9.99/\$13.95 (CAD) PB

“Akutagawa displays an insightful and keenly creative intelligence in prose so lucid its sophistication is hardly visible.” —Chris Power, *The Guardian*

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September

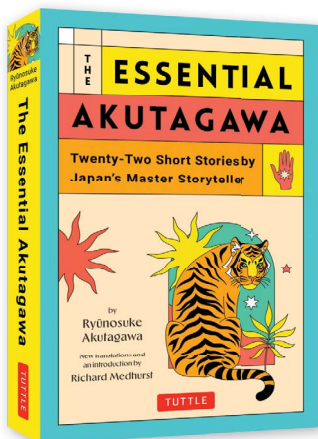
Literature

5 1/8 X 8 • 256 pages

22 short stories

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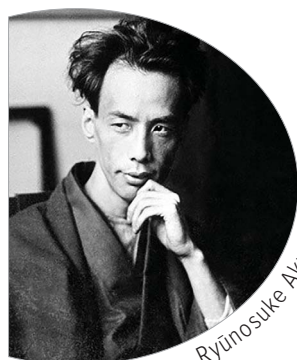
The Essential Akutagawa

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By Ryūnosuke Akutagawa

Translated and Introduced by Richard Medhurst

Ryūnosuke Akutagawa is known as “the Father of the Japanese short story.” He wrote over 150 stories during his brief career and is widely acclaimed as Japan’s greatest storyteller. This new anthology contains the most complete collection of Akutagawa stories ever published in English, with new translations of his great classics plus many never-before-translated works. These include:



Ryūnosuke Akutagawa

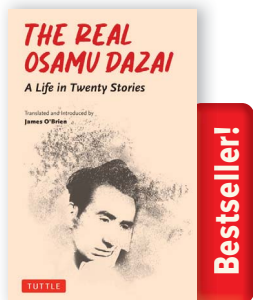
- ***The Shadow***—A merchant receives anonymous letters warning that his wife is having an affair, but when he seeks to investigate who it is, he encounters his own doppelganger
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Ryūnosuke Akutagawa (1892-1927) is one of the biggest names in Japanese literature, recognized for his mastery of the short story form. In the West, he is best known for his story *In a Grove*, adapted by Akira Kurosawa into the award-winning movie *Rashōmon*. Many of his stories highlight a fascination with supernatural and transformational phenomena.

Richard Medhurst was born in the UK and lives in Yokohama. He has worked as a translator, editor and writer for over a decade.

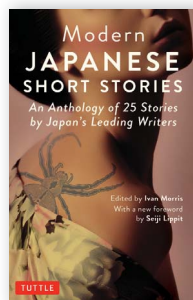
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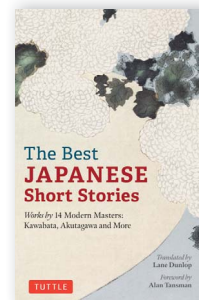
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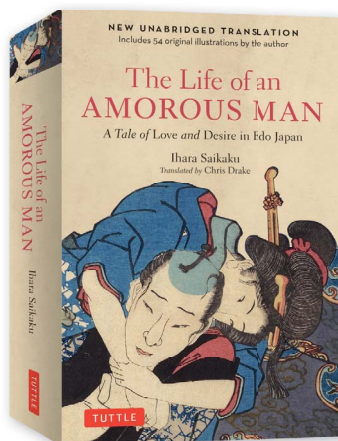
Literature

5 1/8 X 8 • 384 pages

With 54 original illustrations by
Ihara Saikaku

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The Life of an Amorous Man

A Tale of Love and Desire in Edo Japan

By Ihara Saikaku

Translated by Chris Drake

The Life of an Amorous Man is a groundbreaking work by Ihara Saikaku, Japan's first popular novelist. This new unabridged English translation includes the 54 illustrations drawn by the author that appeared in the original Japanese version.

The story follows Yonosuke, a passionate man whose never-ending quest for pleasure leads him from the decadent brothels of Edo (modern-day Tokyo) and elegant

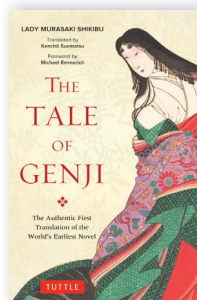
boudoirs of Kyoto to moonlit trysts in quiet village homes in the Japanese countryside. Along the way he leaves a trail of fleeting romances and broken hearts.

Brimming with scandalous encounters and anecdotes, Yonosuke's tale provides a candid look at the hedonistic world of Edo-period Japan (1680-1770), where courtesans, gamblers and pleasure-seekers mingle in a whirlwind of indulgence. *The Life of an Amorous Man* was a huge success in its day and remains a celebration of life and a fascinating glimpse of a vibrant, bygone era.

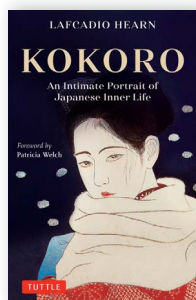
Ihara Saikaku (1641-1693) was Japan's first popular novelist. He was a successful merchant in the up-and-coming city of Osaka. The tragedy of losing his wife and daughter moved him to abandon his business and become an itinerant Buddhist monk who composed haiku verses and erotic tales. Saikaku founded the *ukiyo-zoshi* (floating world) genre of fiction which flourished between the 1680s and the 1770s.

Chris Drake is a translator, writer, and expert on Ihara Saikaku's works. He has a Ph.D. in Japanese Literature from Harvard University and was formerly a professor at Atomi University in Niiza, Japan. He has published many essays and books on Saikaku and other Japanese writers.

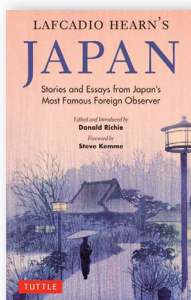
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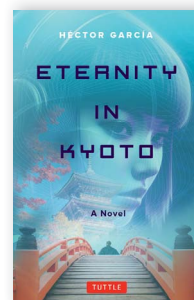
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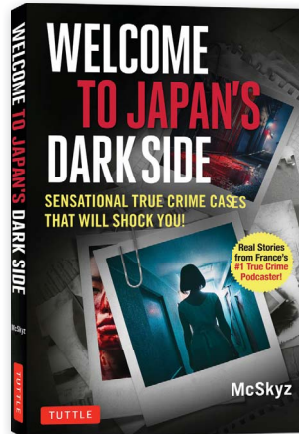
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Welcome to Japan's Dark Side!

Sensational True Crime Cases That Will Shock You!

By McSkyz

A serial rapist abducts and mutilates a young British woman (the infamous Lucie Blackman case). A beautiful model and aspiring actress is dismembered by her brother. A respected economist who moonlights as a prostitute is murdered by one of her clients in a sex bar.

These and other notorious true crime cases show that Japan is not always what it seems to be. Leading true crime podcaster McSkyz—whose Youtube channel has over two million

subscribers—peels back the surface of a well-ordered society to reveal its seedy underbelly—violent crimes that have gripped the nation.

In these gruesome tales, you will meet some of Japan's most notorious criminals and the infamous cases that made them household names:

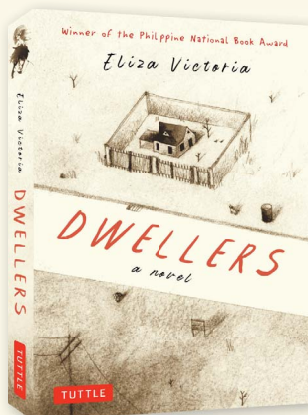
- A futon salesman who defrauds, tortures and murders seven people
- A woman who feeds arsenic-laced curry to his friends in a “dinner of death”
- Three Dark Web netizens who act out perverse fantasies in the real world
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Shadow the detectives, follow the evidence and discover the facts as each crime is revealed clue-by-clue. Learn about the perpetrator's past and psychology, then get a front-row seat in the dramatic court case that follows.

These page-turning tales offer electrifying and terrifying glimpses of contemporary Japan!

McSkyz is the author of *Tremble: Ten Creepy True Crime Stories* and the host of France's most popular true crime podcast, HVF (Histoires Vraies et Flippantes), “True and Frightening Stories” which has over two million weekly subscribers.

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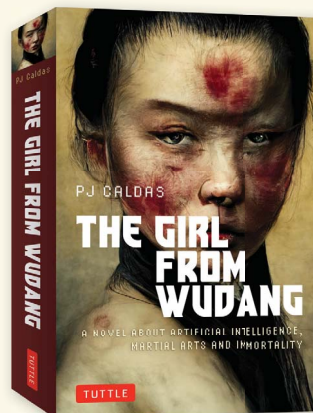


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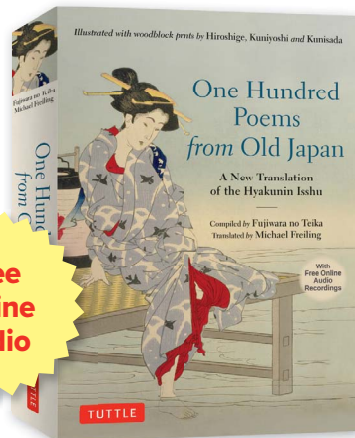
Poetry

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One Hundred Poems from Old Japan

A New Translation of the Hyakunin Isshu

Compiled by Fujiwara no Teika

Introduced and translated by Michael Freiling

Illustrated with 100 woodblock prints by Hiroshige, Kuniyoshi and Kunisada

This new translation of the *Hyakunin Isshu* ("A Hundred Poems by a Hundred Poets"), the most famous collection of Japanese poetry ever produced, contains works written between the 7th and 13th centuries. These poems provide insights on daily life in ancient Japan

- Author available for interviews

while addressing universal themes of love, loneliness, aging and the beauty of nature—all highly relevant today. They continue to be extremely popular and widely read in Japan.

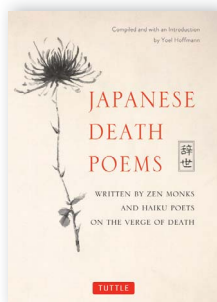
The poets featured in this collection include Sei Shonagon, the female author of *The Pillow Book*; Lady Murasaki Shikibu, author of *The Tale of Genji*, the world's first novel; and Emperor Gotoba, who ruled Japan from 1193-1198.

Each poem is presented in Japanese script with a Romanized version and an English translation. The introduction by Michael Freiling provides an overview of the poems and reflections on why this collection remains so popular in Japan today.

This beautiful new hardcover edition is illustrated in full-color with woodblock prints by the famous 19th-century artists Hiroshige, Kuniyoshi and Kunisada. *Free online audio recordings of all the poems are available in both Japanese and English.*

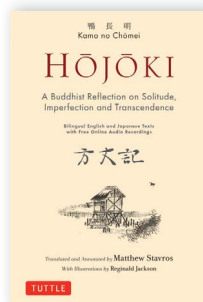
Michael Freiling studied computer science at the University of San Francisco while taking poetry and Japanese literature classes. In 1977, he received a Henry Luce scholarship to study at Kyoto University for a year. His own poetry has been published in anthologies and in the haiku journals *Seashores* and *Frogpond*. In 2018, he was asked to help translate a collection of *senryu* poems written by Japanese-Americans who were unlawfully imprisoned during World War II. This book was published in 2023 under the title *They Never Asked*.

Also Available:



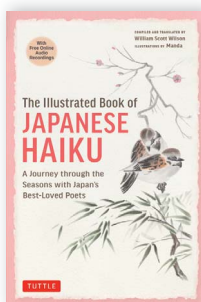
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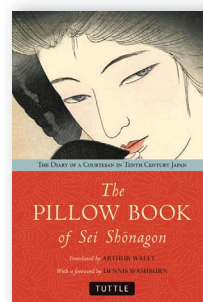
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Lady Sei Shonagon

Deep in the night, pretense of a rooster's crow
might fool an enemy, or even just a friend—

but do not dare to think
mere imitation of a cock
will open up the gate that's rightly shut.

夜をこめて
鳥の空音は
はかるとも
世に達坂の
関はゆるさじ

yo wo komete
tori no sorane wa
hakaru tomo
yo ni ausaka no
soki wa yurusaji



57
Lady Murasaki Shikibu

Once we were so close
that friend and I—
a glimpse I saw? A memory?

Amid the gathering darkness,
a moon obscured by clouds.

肥り達ひて
見しやそれとも
わかぬ間に
雲隠れにし
夜半の月影げ

meguri aite
mishi ya sore to mo
wakanu ma ni
kumogakure ni shi
yowa no tsuki kage



99
Retired Emperor Go-Toba

Some men I've met are noble—deserving better,
some men I've met malicious—deserving worse.

The more I think about the reasons,
the more my weariness increases—
I've lost my taste for all their machinations.

人も惜し
人も恨めし
あぢきなく
世を思ふ故に
もの思ふ身は

hito mo oshi
hito mo urameshi
ajiki naku
yo wo omou yue ni
mono omou mi wa



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August

Literature

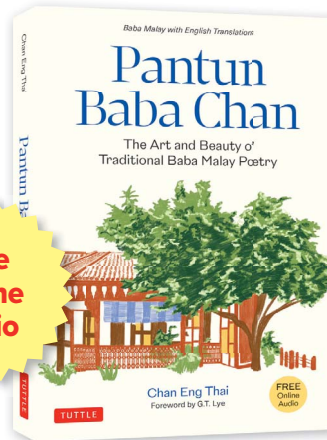
5 X 7 ½ • 144 pages

19 watercolor
illustrations and
23 archival photos

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Pantun Baba Chan

*The Art and Beauty of Traditional
Baba Malay Poetry*

By Chan Eng Thai

Foreword by G. T. Lye

Pantun Baba Chan is a collection of 100 original pantun poems written in Baba Malay over a period of 15 years by Chan Eng Thai, a prominent member of Singapore's vibrant Peranakan community. Chan's poetry celebrates the traditions of his community and a nostalgia for the old ways—ranging from favorite foods to rites of passage to commemorations of famous people. The book includes a hilarious pantun “duel” between the author and G.T. Lye over WhatsApp.

The pantun is an oral poetic form with a rich tradition dating back centuries. Written in Baba Malay, a Creole tongue merging Malay with Hokkien Chinese, these poems express complex emotions in quatrains with an ABAB rhyming scheme. They were extremely popular in prewar Singapore and Malaysia but are now considered a dying art, although a revival is currently underway.

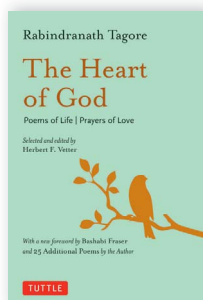
This book is a labor of love—the first collection of Baba Malay pantuns published since the early 1900s and the first to present parallel English and Baba Malay versions of the poems. Baba Chan hopes that putting his words to paper in this way will inspire others to follow suit and preserve the language and traditions of the Peranakan Chinese community.

Chan Eng Thai speaks Baba Malay as his mother tongue. Born and raised in Geylang in Singapore, he shares his deep knowledge of Peranakan Chinese culture through programs at the Peranakan Museum, the NUS Baba House and Singapore's Peranakan Association. He is a practicing lawyer, known by some to dish out a decent *nasi ulam*. This is his first book.

G.T. Lye is a Wayang Peranakan actor/playwright and pantun composer/performer. He started his career in Felix Chia's *Pileh Menantu*. The play was a landmark in Peranakan Chinese theater which sparked a revival in Singapore. He became a household name for his hilarious rendition of a cross-dressing Peranakan matriarch in many subsequent stage and screen performances. In 2020, G.T. was recognised as a Steward of Singapore's Intangible Cultural Heritage by the National Heritage Board for his mastery in the art forms of Wayang Peranakan and Dondang Sayang.



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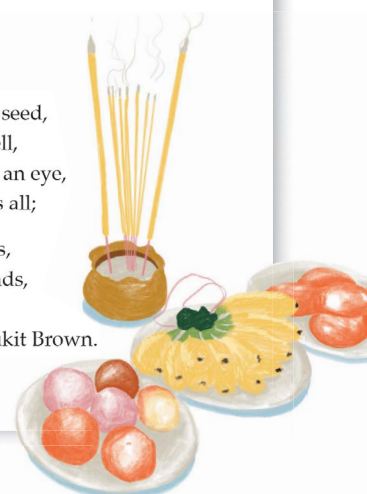
Pantun Bukit Brown

*Kopek kacang buang kulit,
Baru boleh makan biji,
Hidopan dunia mata kelek,
Beranak mati nasib janji;*

*Empat penjuru suma manusia,
Putus jiwa tak balik dunia,
Perkara ini bukan rusia,
Di-sini Bukit Brown akibat-nya.*

Peel a peanut to find its seed,
Discarding skin and shell,
Life ends in the blink of an eye,
Birth and Death mee: us all;

All beings from all lands,
Cease to be when life ends,
Not at all a secret,
We meet this truth at Bukit Brown.



The extraordinary poetry and life of Chiyo-ni, Japan's most celebrated female poet

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September

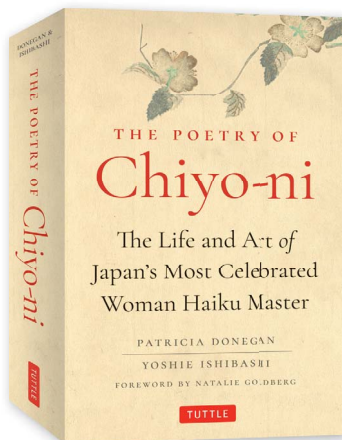
Literature

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30 b&w reproductions of paintings, prints and calligraphy

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The Poetry of Chiyo-ni

The Life and Art of Japan's Most Celebrated Woman Haiku Master

By Patricia Donegan & Yoshie Ishibashi

Foreword by Natalie Goldberg

Chiyo-ni (1703-1775), also known as Kaga no Chiyo, was a student of the Basho school who worked in an age when haiku poetry was largely a male domain. As a poet, painter and Buddhist nun, she lived a vibrant life while creating poems of crystalline clarity and delicate sensuality. She is widely recognized today as one of Japan's greatest poets. This volume presents over a hundred of her finest haiku, *renku* (linked verses) and *haibun* (travel poems).

*morning glory
the well bucket entangled
I ask for water*

*a hundred gourds
from the heart
of one vine*

*rouged lips
forgotten—
clear spring water*

“Patricia Donegan and Yoshie Ishibashi are to be deeply thanked for having given us with such articulate care a poetry major in any language and in any place or time.”

—Robert Creeley

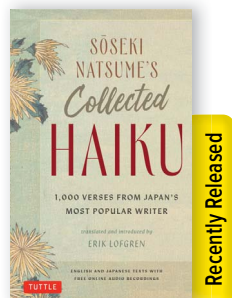
These luminous “haiku moments” give the reader an intimate experience of Chiyo-ni’s remarkable vision—and bid us to stop and appreciate moments in our own lives. Handsomely illustrated with artworks by Chiyo-ni and others, this book includes illuminating essays about her life and art, with informative notes and a glossary of haiku-related terms.

Patricia Donegan was a poet, a translator and a professor of East-West poetics at Naropa University under Allen Ginsberg. She also studied with Japanese haiku master Seishi Yamaguchi and received a Fulbright grant for her work on Chiyo-ni. She is the author of *Open Your Heart, Haiku Mind: 108 Poems to Cultivate Awareness* and *Haiku: Asian Arts and Crafts for Creative Kids* as well as the collections *Bone Poems*, *Without Warning* and *Hot Haiku* among others.

Yoshie Ishibashi is a researcher and the co-translator of *Chiyo-jo's Haiku Seasons* and *The Classic Tradition of Haiku*, among other works.

Natalie Goldberg is the author of 16 books, including *Writing Down the Bones* and, most recently, *Writing on Empty* and *Three Simple Lines: A Writer's Pilgrimage into the Heart and Homeland of Haiku* which includes haiku by Chiyo-ni.

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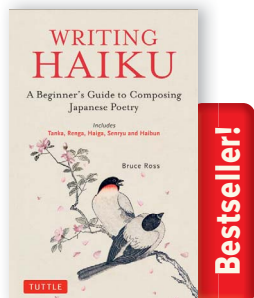


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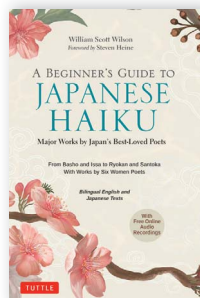


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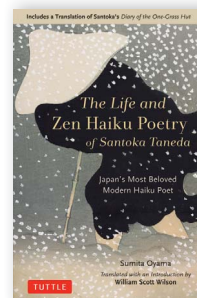


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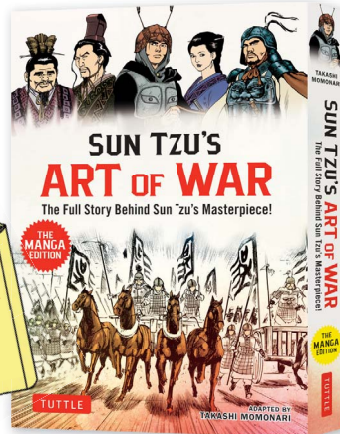
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By Sun Tzu

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Retold by Yoshihiro Watanabe

The Art of War presents timeless strategies that are as effective in the boardroom as on the battlefield. Experience Sun Tzu's classic as never before in this riveting graphic novel brimming with battles, betrayals and political intrigues.

This book recounts the epic conflict between the kingdom of Wu as they attack the far more powerful state of Chu—

as both leaders navigate internal power struggles in a war that will alter the fate of China. The fascinating stories recounted here include:

- **The Rise of Sun Tzu**—who became a trusted advisor to the powerful Wu clan and then a master military strategist serving Wu Zixu, the clan's formidable general
- **The Creation of the New Military Strategies in *The Art of War***—how Sun Tzu develops his revolutionary philosophy of asymmetrical warfare
- **The High-stakes Battle of Boju**—where Sun Tzu's new teachings are finally applied, shaping a battle that will become legendary in the chronicles of military history
- **And many other fascinating accounts!**

Sun Tzu's Art of War brings to life not only the tactical brilliance of Sun Tzu's teachings but also the human drama behind them—his ambition, sacrifice and relentless pursuit of success.

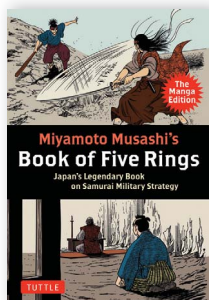
Sun Tzu was the ancient Chinese military strategist, philosopher and author of *The Art of War*, a timeless treatise on warfare and power. Revered for his profound understanding of tactics and human psychology, Sun Tzu and his teachings continue to be extremely influential today.

Takashi Momonari is a manga artist from Narita, Japan. He has illustrated many best-selling manga including *The Rise and Fall of the Three Kingdoms* and a two-part biography of Sun Tzu.

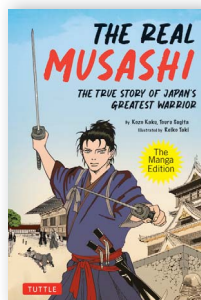
Yoshihiro Watanabe is a professor at Waseda University in Tokyo, Japan.



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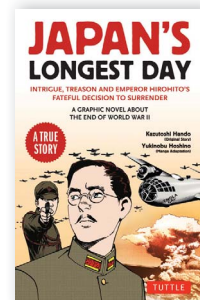


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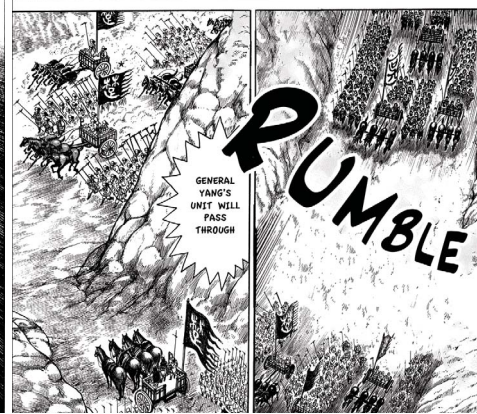


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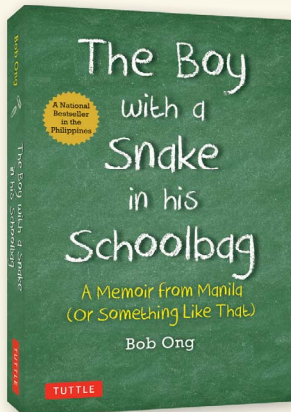
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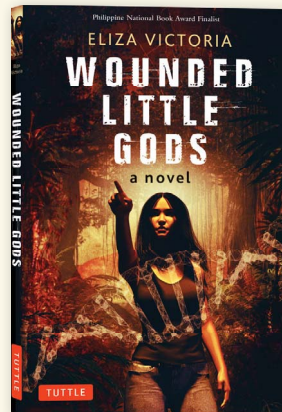
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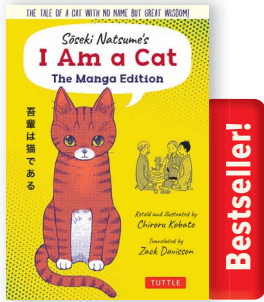
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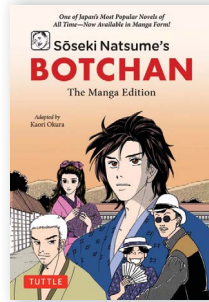
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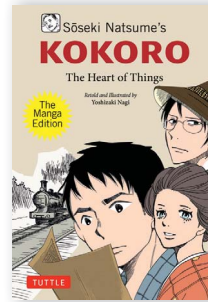
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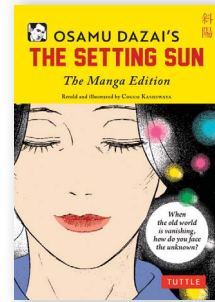
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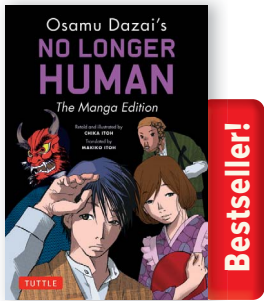
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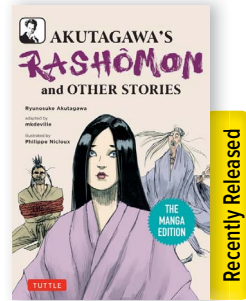
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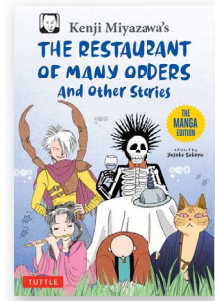
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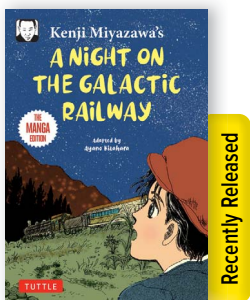
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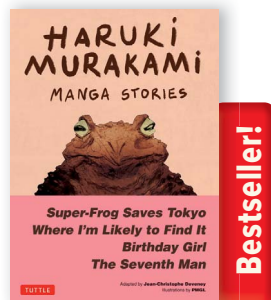
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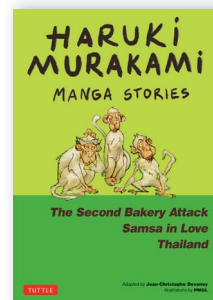
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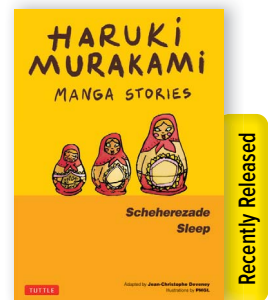
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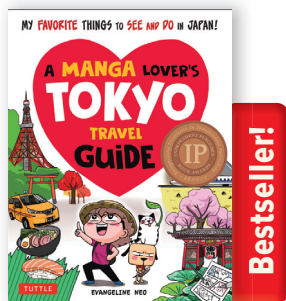


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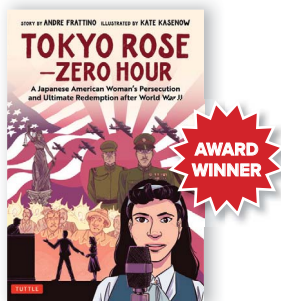
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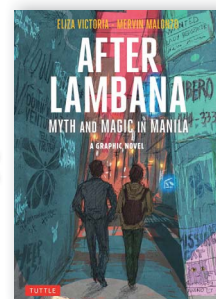
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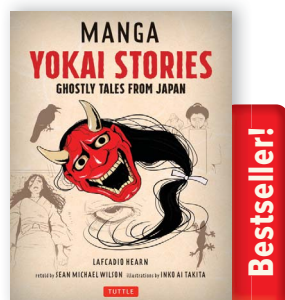
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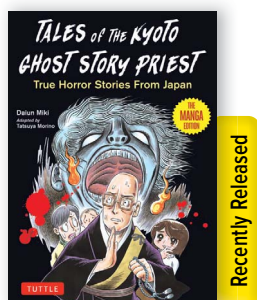
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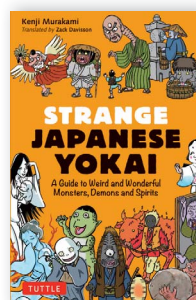
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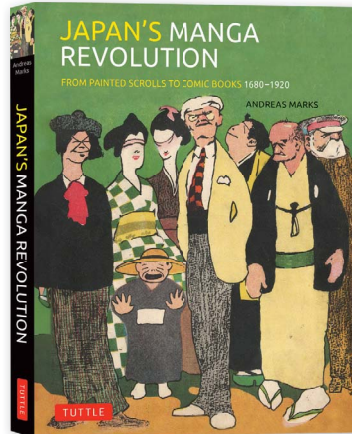
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Dr. Andreas Marks



Japan's Manga Revolution

*From Painted Scrolls to Comic Books
1680-1920*

By Dr. Andreas Marks

Japanese manga are now sweeping the globe—but how did they develop? In this unique book, art historian Andreas Marks presents a fascinating account of the development of Japanese illustrated books.

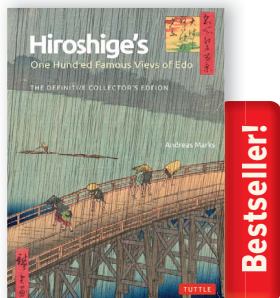
Beginning in the 17th century, Japanese publishers produced thousands of popular illustrated titles on topics ranging from religion and poetry to celebrated beauties, famous kabuki actors, farting warriors and supernatural adventures. This was the start of a revolution in book production that ultimately resulted in today's Japanese manga and comics! Marks describes the evolution of these illustrated books using dozens of key examples, including:

- **Kitagawa Utamaro's Illustrated Book of Crawling Creatures**—A celebrated volume containing exquisitely drawn plants and creatures alongside poetry
- **Hokusai's Manga Sketchbooks**—Published in the early 1800s and containing hundreds of innovative drawing and design ideas from the great artist Katsushika Hokusai—ideas that inspired many famous European artists!
- **The New Illustrated Water Margin**—An adaptation of a Chinese adventure novel about a band of fictional heroes with superpowers, illustrated by Hokusai—who created an exotic new vision of the world for this tale!
- **The early-20th century Current Affairs Manga**—The first periodical to use the word “manga” in its title and to provide illustrated commentaries on contemporary political affairs
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Japan's Manga Revolution is the first comprehensive overview of the unique illustrated book forms that developed in Japan from a very early period—considered by many to be Japan's major contribution to world culture today.

Dr. Andreas Marks is the Mary Griggs Burke Curator of Japanese and Korean Art and Director of the Clark Center for Japanese Art at the Minneapolis Institute of Art. From 2008 to 2013 he was the director and chief curator of the Clark Center for Japanese Art and Culture in California. He received a Ph.D. from Leiden University and a master's degree in East Asian Art History from the University of Bonn. A specialist in Japanese woodblock prints, he is the author of over 20 books. In 2014 he received the International Ukiyo-e Society Award in recognition of his research, and in 2018 and 2022 the top book award from the International Fine Print Dealers Association.

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HOKUSAI'S FANTASTICAL SERIAL NOVELS

Katsushika Hokusai (1760–1849), whose world-wide fame today is based on his woodblock print *Under the Wave Off Kanagawa* (*Kanagawa-oki nami-ura*), commonly known as “The Great Wave,” was an extremely versatile artist. Besides designing woodblock prints, Hokusai was a very imaginative painter and also illustrated a large number of books, ranging from painting manuals and poetry to supernatural stories. Most of the latter are extremely long and complex with protagonists appearing and disappearing, some taking place in distant lands like China where neither Hokusai nor his readers had ever been. From 1803 until 1845, Hokusai worked on 33 different series of supernatural novels containing almost 1,500 illustrations and 200 volumes that exemplify his extraordinary talent and sense of imagination.

Hokusai's involvement with adventure and supernatural serial novels began in 1803 when he started to illustrate a new type of book where the text pages were separated from the illustration pages. The stories spread over many booklets and their publication could extend for many years. Until 1815, he was the main illustrator of this type of serial novel and his work on them also generated the lion's share of his income during this period.

Hokusai's first big success was *The New Illustrated Water Margin* (*Shinpen suiko goken*), an adaptation by the writer Kyokutei Bakin (1767–1848) of the fourteenth-century Chinese novel *Shuihu Zhuan* (Jp. *Suiko den*; commonly known in English as *The Water Margin*). Publication began in 1805 and new volumes were released until 1838, resulting in almost 200 illustrations. The collaboration between Hokusai and Bakin continued through 15 more projects until 1815. Noteworthy amongst them is the series *Strange Tales of the Crescent Moon* (*Shimazu yamahizukushi*) which started publication in 1807 and continued in 1811. This complex story was told in 29 volumes filled with almost 170 captivating illustrations, many showing the interaction between the hero Tametomo and malevolent demons.

Almost all the supernatural serial stories that Hokusai illustrated were published when he was in his 40s. It must have been a tremendous surprise when, in 1843, the first volume of his *Illustrated Book of the Mists of Honan* (*Chū*, *Ehon kanso gaden*) appeared when he was 83. The 79 illustrations in this series as well as the 29 in his final adventure story from 1845, *The Life of Shokuyuni* (*Shokuyuni*), likely were brought to life with the assistance of his students.

Detail from *Stars on a Frosty Night*.



SUPERNATURAL ADVENTURE NOVELS

Since the eighth century, supernatural beings have been mentioned in Japanese literature and there is maybe no other culture in the world with such a rich variety of demons and ghosts. Like the aforementioned humorous subjects, supernatural subjects were also popular in *kibyōshi* story books, but *kibyōshi* were short stories limited to a few booklets at most. In the nineteenth century, adventure stories became the prime subject for serial novels that could be published over decades. The books were designed like handscrolls with text elements separate from the illustrations so if a writer or artist was no longer available, someone else could take over. Readers were left in suspense at the end of each volume so they were eager to learn what happens next and enthusiastic to purchase subsequent volumes.

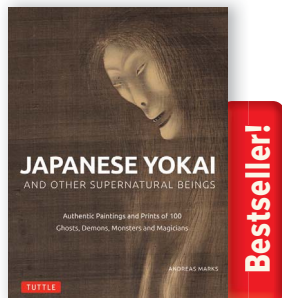
The new adventure stories could be based on well-known fairy tales or historical novels from Japan or China. The famous legend about an Earth Spider (*tsumugumo*), a demon in the form of a giant spider being killed by the courageous warrior Minamoto Yoritomo (also known as Raikō; 948–1021) was the inspiration for *Kyokutei Bakin* (1767–1848) to write *The Spider-Woman* (*Kōjōgumo*) in 1809. Bakin was the author of another epic novel, *The Lives of the Eight Dog Warriors of the Satomi Clan* (*Nansū Satomi hakkenden*), which began publication in 1814 and was completed 28 years later after 106 booklets. Even longer was *The Tale of Shitenui* (*Shitenui monogatari*), started in 1849 by the writer Ryūkatei Tanekazu (1807–1858) and finished sixty years later.

Very little information survives about the economics of the book and print market, despite it being so active. In 1829, the publisher Tsuneya Kiemon released the first volume of *A Rustic Genji* by a *Fake Murasaki* (*Nise Murasaki inaka Genji*), written by Ryūtei Tanekiko (1783–1842) who used *The Tale of Genji* from around 1000 as his source of inspiration. The combination of romance and adventure proved to be highly popular and *A Rustic Genji* is believed to have been the bestselling book of the Edo period (1603–1868) with sales near 15,000 copies per volume.

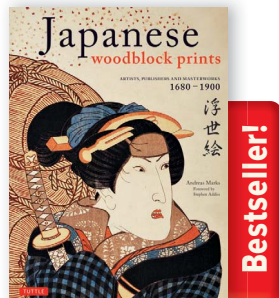
Detail from *The Tale of Shitenui*.



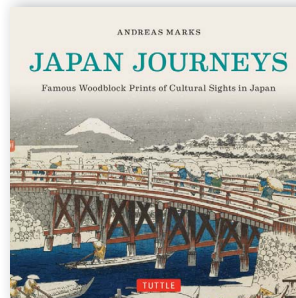
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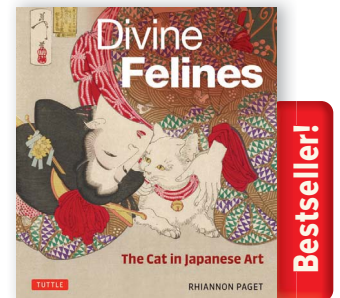


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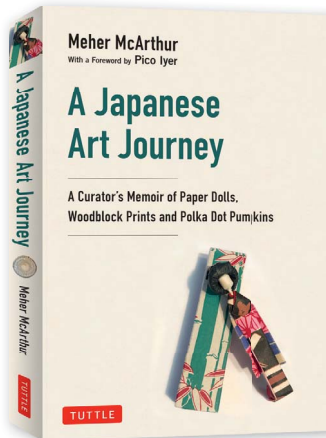
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A Japanese Art Journey

A Curator's Memoir of Paper Dolls, Woodblock Prints and Polka Dot Pumpkins

By Meher McArthur

Foreword by Pico Iyer

In this engaging memoir, art historian and curator Meher McArthur transports you into the extraordinary world of Japanese art and museum collections. In a series of personal behind-the-scenes stories, McArthur showcases dozens of art objects—from traditional ceramics, swords, prints and textiles to folk paintings, contemporary art and animation—that reveal a power to heal, provide escape and bring people from different cultures together. The author's

personal accounts are interwoven with descriptions of exquisite artworks and artifacts.

Each section in this book describes a specific work of art and how the author learned about it:

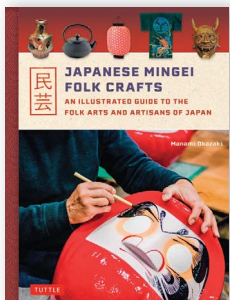
- **First Foray**—Meher's childhood in Scotland, where two Japanese women give her a paper doll—her first encounter with Japanese art!
- **Islands of Beauty**—While living as a student in Japan and taking calligraphy lessons, McArthur receives a beautiful kimono and obis from a generous friend.
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- **A Year of Shards**—Back in Japan to study ceramics, McArthur is aghast to learn that her brother, who also has leukemia, has relapsed. At the same time, her master's thesis strategy falls apart, and she must regroup.
- **Recollections of a Curator**—McArthur shares her trials and triumphs as a Japanese art curator, relating the meaning of wonderful artifacts like a samurai sword, Buddhist prints, folk paintings, bronze dragons and woodblock prints.
- **Spotted Pumpkins and Origami**—McArthur deepens her appreciation of modern Japanese art during a stay on the "art island" of Naoshima, home to several giant pumpkin sculptures by Yayoi Kusama. She also coordinates traveling exhibitions of origami masterpieces and assists with an exhibition of the work of Shinkai Makoto, a major Japanese animation artist.

This book provides avid art lovers with new ways of seeing and appreciating the power of art.

Meher McArthur has decades of experience as an Asian art historian and curator specializing in Japanese art. With degrees from Cambridge University and London University's School of Oriental and African Studies (SOAS), she has served as Curator of East Asian Art at Pacific Asia Museum, Creative Director for the Storrier Stearns Japanese Garden, Academic Curator for Scripps College and Art and Cultural Director for Japan House in Los Angeles. She teaches courses in Asian art and regularly lectures and trains docents at various museums. For over a decade, McArthur has curated exhibitions for International Arts & Artists (IA&A).

Pico Iyer is a British-born essayist and novelist who was educated at Eton, Oxford and Harvard. He has been living in Western Japan since 1987. He is the author of 15 books, and has been a constant contributor for more than 30 years to *Time*, *The New York Times*, *Harper's Magazine*, the *Los Angeles Times* and more than 250 other periodicals worldwide. He has written introductions for more than 50 other books. He speaks regularly everywhere from West Point to Davos and Shanghai to Bogota, and his four recent talks for TED have received more than ten million views.

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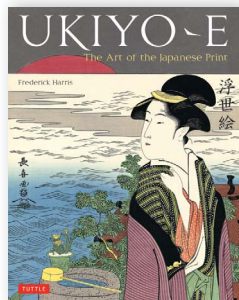
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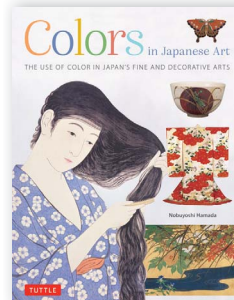


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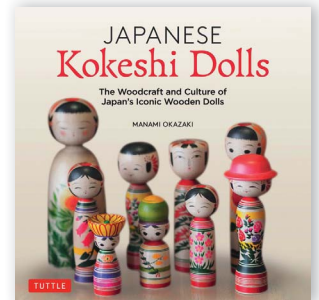


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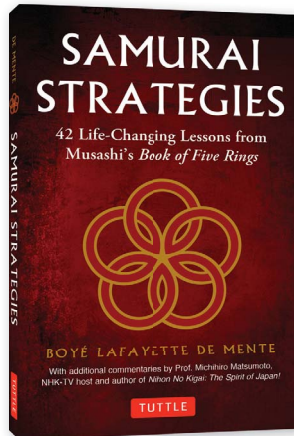
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Samurai Strategies

42 Life-Changing Lessons from Musashi's Book of Five Rings

By Boyé Lafayette De Mente

Foreword by Alexander Bennett

The Book of Five Rings by Miyamoto Musashi is the top-selling book on Japanese military strategy which continues to be read by millions of people. In this contemporary guide, author Boyé Lafayette De Mente distills the essence of Musashi's teachings into 42 simple lessons for success that can be applied in any competitive field—business, sports, politics and personal interactions. The 42 strategies revealed in this book include:

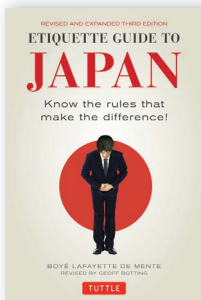
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A foreword by Musashi expert Alexander Bennett underscores how Musashi's tactics, developed four centuries ago, offer powerful insights for today's over-achievers by helping you to develop the mental strength that can neutralize natural and physical abilities of your opponents.

Boyé Lafayette De Mente (1928-2017) was a distinguished scholar of Japan, China and Korea. His experience spanned roles as a member of a U.S. intelligence agency, journalist, author and business consultant based in Tokyo, Seoul, Hong Kong and Singapore. He wrote over 70 books including *Japan's Cultural Codewords* and *The Etiquette Guide to Japan*.

Alexander Bennett is professor of Japanese history and Budo theory at Kansai University. He holds black belts in numerous martial disciplines including Kendo Kyoshi 7-dan, Iaido 5-dan and Naginata 5-dan. His published works include *The Complete Musashi: The Book of Five Rings and Other Works*, *Hagakure: The Secret Wisdom of the Samurai* and *Karate's Universal Codeword*.

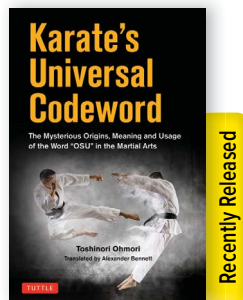
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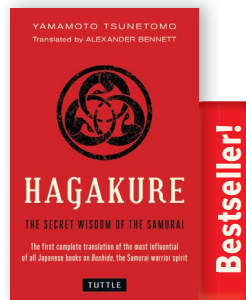


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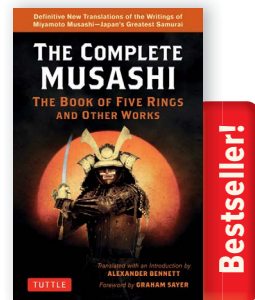


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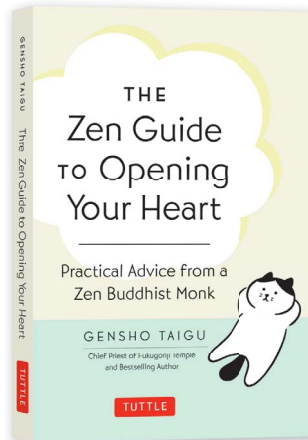
Religion

5 X 7 1/2 • 192 pages

b&w with cartoon cat illustrations throughout

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Selling Territory: World



The Zen Guide to Opening Your Heart

Practical Advice from a Zen Buddhist Monk

By Gensho Taigu

Zen Buddhist monk Gensho Taigu holds that the heart—what is inside of us—is the true key to our happiness. In this uplifting and life-changing book, you'll find simple solutions to the problems and anxieties we all face at one time or another:

- My love life is a disaster!
- My family doesn't understand me!
- I don't get along with my boss!
- I want to make lots of money and have a better life, but I don't know how!

Taigu sees our own expectations and emotions as the main barriers to our happiness. He explains how a few simple Buddhist teachings can help us break down these walls, allow us to let go of our worries and our anger, and change our habits. The solutions he offers in this book include:

- How to overcome the habit of “wanting”
- How to stop yourself from worrying about things you cannot change
- How to create the habit of filling your heart with “good things”
- Simple and achievable meditation and visualization techniques

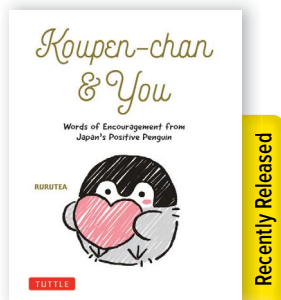
By following these practices, you can shake off negative emotions and increase your happiness. This book is written in a simple, straightforward style and illustrated throughout with cute cat drawings.

Gensho Taigu is the chief priest at Fukugonji Temple in Komaki City near Nagoya. His Buddhist name “Taigu” expresses a state of boundless freedom. He embodies the phrase “neither monk nor layman” with six different professions: as a monk, businessman, writer, lecturer, therapist and karate instructor. A YouTube channel which he started in response to a consultation with the mother of a suicidal girl has attracted over 57,000 subscribers. In 2019, he established the Fushin sect of Buddhism which is based on the principles of “nurturing compassion, wisdom and Buddha-nature.”

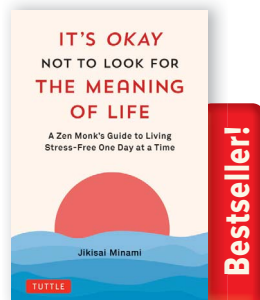
“I want that, and I want this” is the origin of your suffering



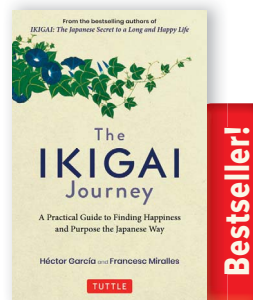
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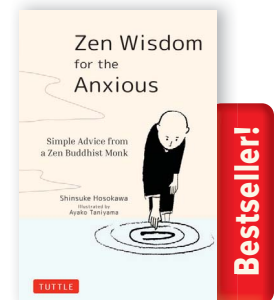
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“Ma—the emptiness in which time, space and thought are suspended—is an invitation to awareness.”

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Self Help / Spirituality

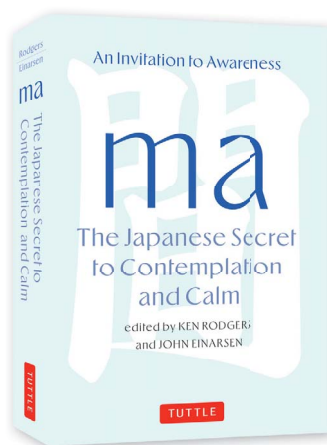
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90 photos

Carton Quantity: 24

Selling Territory: World

- Author available for interviews; contact publicity@tuttlepublishing.com



Ma: The Japanese Secret to Contemplation and Calm

Edited by Ken Rodgers and John Einarsen

The Japanese concept of *ma* refers to a pause or a space in classical dramas—“the moment of no action, the stillness and silence that is filled with more powerful energy than moments of action.” It also refers to the pauses taken in between notes by a shakuhachi flute player or to the spaces between the stones in a traditional Japanese Zen garden.

The thought-provoking essays in this book are the work of talented writers and artists with vast experience in Japanese art, religion, music and philosophy. They explain how the experience

of *ma* in the traditional arts may be applied to create a greater awareness of our surroundings and vastly improve our lives in many other fields. The sixteen essays in this book include:

- **The Ma of Words by Pico Iyer**, who reflects on our word choices, the way we speak to each other and the pauses we use in our everyday conversations
- **Some Gravel, Some Stones by Steven Mansfield**, who explores the deliberate spaces in Japanese gardens and how these provide moments of calm and reveal new perspectives
- **Photographic Ma by Robert van Koesveld**, who draws our attention to the mysterious power of “spaces” in photographs that draw us in on a subconscious level
- **Plus thirteen other fascinating essays!**

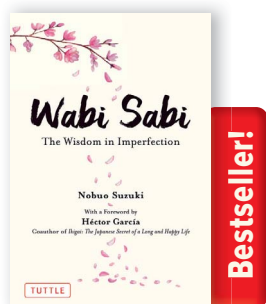
Illustrated with 90 meditative photographs, this book will appeal to anyone seeking to escape the stresses of daily life and develop a more balanced approach to the world.

Ken Rodgers was the co-founder of *Kyoto Journal*, an international magazine on Japanese and Asian culture established in 1987.

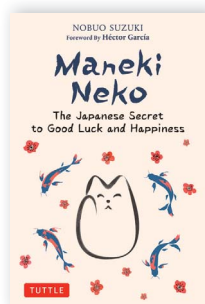
John Einarsen is a photographer, designer, curator and founding editor of *Kyoto Journal*.



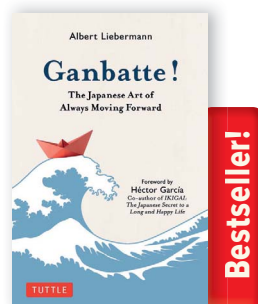
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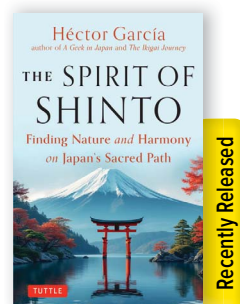
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the contemplative gaze

living with an awareness of mind

by Edward A. Burger

It was right around the time I was heading into college that I started getting interested in the contemplative life. I was reading a lot, and Hesse, Salinger, Maugham, and Kerouac were taking me on epic, soulful adventures. Their writing had an incandescence—lit from the inside with inquiry and a spiritual longing.

Looking back, what I found in their writing was a shift in perspective toward a wider view of life. One that respects the entire spectrum of human experience—from joy to pain and everything in between. There is a dark aspect to this world, and we are most often encouraged to turn away from that shadow. I was frustrated by these messages around me—from billboards, television, and checkout-counter magazines—that said happiness is out there somewhere, in the opposite direction of the darkness. That you find happiness with your back toward sorrow, pain, longing, and disappointment. There was a whole part of life that felt hidden but full of meaning; taboo but honest. I did not want to abandon that darkness, as if it did not matter, and in me began to boil an eagerness to rebel against that great perpetuating myth about happiness.

When I was a student at The College of Wooster, by a miracle of serendipity and some great advice from my academic advisor, I landed in Dr. Ishwar

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Featured Essays Include...

An Introduction: What is Ma?

by Alex Kerr

Ma—Place, Space, Void

by Gunter Nitschke

Between Form and Emptiness

by Miya Ando

Invitations to Stillness

by Mark Hovane

Animating Ma

by Nakajima Hiroyuki

Translating the Heart Sutra

by L. Ogasawara

Moments of Silence and Stillness

by M. Rittenhouse

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by Kit Nagamura

Ma in the Martial Arts

by Alexander Bennett

Constructing Reality

by Atticus Sims

The Contemplative Gaze

by E. Burger

Ma in the Tea Ceremony

by Alexandre Avudulov and John McGee

Moments of Ma in Music

by Joshua Pearl



invitations to stillness

Japanese gardens as metaphorical journeys of solace

Mark Hovane

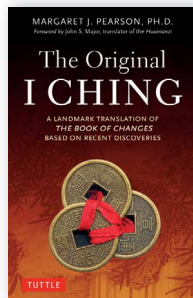
In his "Essay of Gardens" first published in 1625, Francis Bacon wrote: "God Almighty planted a garden and indeed, it is the purest of human pleasures; it is the greatest refinement to the spirit of man."

The garden is arguably more relevant and essential today than ever before. We live in a globalized world of instant gratification and season-less possibilities. Environmental destruction and climate change are proceeding at an unprecedented rate. We have become disoriented and detached from the natural order of things. In our technology-obsessed world, human connection with natural places has become even more imperative to our mental and physical equilibrium as individuals, communities and society as a whole. There is a significant and growing body of global research documenting the power of nature to heal and relax us, restoring physical, cognitive and emotional balance.

Humans created gardens to condense the beauty of nature into a limited space which could easily be accessed as part of everyday life. Gardens contain nature but the distressing and challenging elements are removed. Furthermore, a garden is raw nature tamed and shaped by the human hand. German architect and garden scholar Gunter Nitschke contends:

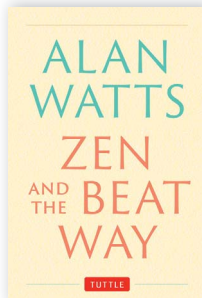
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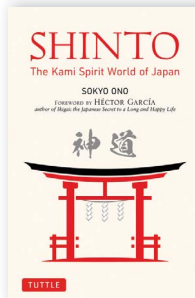


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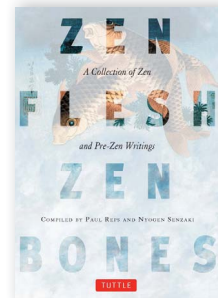


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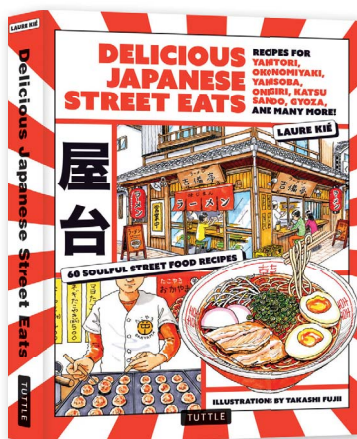
Cooking

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Delicious Japanese Street Eats

60 Recipes for Soulful Street Food Favorites Like Yakisoba, Okonomiyaki, Onigiri, Katsu Sando, Oden and Many More!

By Laure Kié

Illustrated by Takashi Fujii

Colorful Yatai street food stalls in Japan serve all sorts of delicious items—from steaming bowls of Ramen noodles with your favorite fixings to satisfying Onigiri rice balls and crispy Gyoza dumplings stuffed with cabbage, minced pork and ginger. Mmmm—good!

This new cookbook by Laure Kié leads you on a fascinating culinary journey down the back lanes of Tokyo, Osaka and Kyoto where the best street food can be found—and teaches you how to prepare these tasty dishes at home, including:

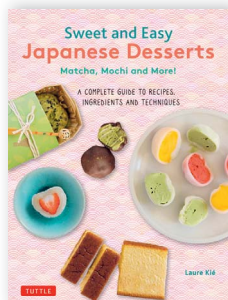
- **Yakitori**—Soy-glazed chicken morsels grilled kebab-style—with *momo* thigh meat chunks and *tebasaki* wings being the most popular!
- **Katsu Sando**—Thin pork cutlets breaded and fried to perfection—crispy on the outside, tender inside and served between two thick slices of bread with mayo and lettuce!
- **Okonomiyaki**—Calling this a “Japanese pizza” hardly does it justice—a pancake stuffed with cabbage, meat and egg with a tangy soy-based sauce drizzled on top!
- **Karaage**—Crispy chicken nuggets marinated in mirin, garlic and soy then coated in potato flour and fried to give them a satisfying crunch!
- **Onigiri Rice Balls**—The “new sushi” and a simple *kawaii* treat, these can contain pretty much anything—from bits of seafood and seaweed to herbs and seasonal veggies!

Laure Kié was born in Tokyo to a Japanese mother and a French father. Her frequent trips to Japan have taught her to appreciate the richness of Japan’s cooking traditions, which she imparts to readers in her cookbooks and cooking classes.

Takashi Fujii is an Okayama-based illustrator who founded the food blog *OKAYAMAGOGO* in 2007. He illustrates travel guides and works with editors and publishers around the world.

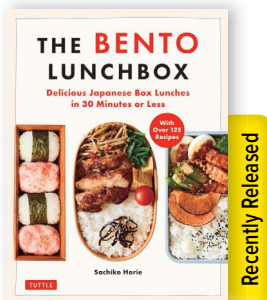


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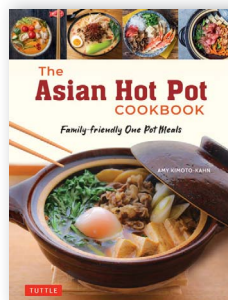


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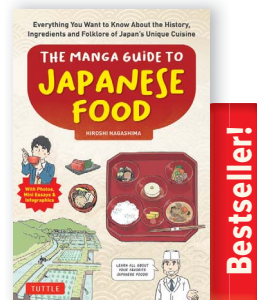
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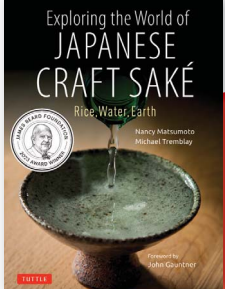


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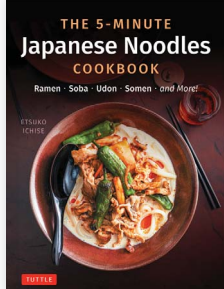
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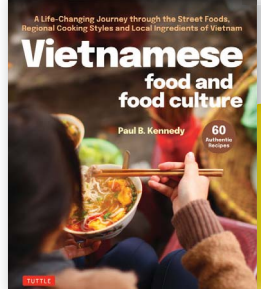
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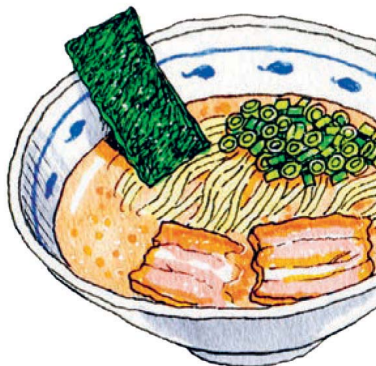
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**50
Ramen
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Best-Ever Homemade Ramen

Secrets of a Japanese Ramen Chef

By Shigekazu Takanashi

Translated by Makiko Itoh

Ever wish you could create delicious ramen at home that tastes like it came straight from a noodle bar in Tokyo or Osaka? This new book by Japanese ramen chef Shigekazu Takanashi shows you how—using easy-to-find ingredients, flavor-enhancing secrets and time-saving shortcuts!

This book contains a full range of over 50 delicious ramen recipes including:

- **Homemade Shoyu Ramen** with aromatic oil, easy chashu pork and marinated jammy eggs
- **Tasty Regional Ramens** from Kyoto, Nagasaki, Tokushima and other parts of Japan
- **Classic Ramen Side Dishes** like Gyoza Dumplings and ramen restaurant Fried Rice
- **Plus creative ways to use leftover broth ingredients!**

Packed with chef Takanashi's tips on how to achieve maximum flavor in minimum time, these recipes get a big thumbs up every time. And now they're available to ramen aficionados everywhere!

This book is a must-have for ramen aficionados who want to eat authentic ramen at home but don't want to spend the whole day in the kitchen!

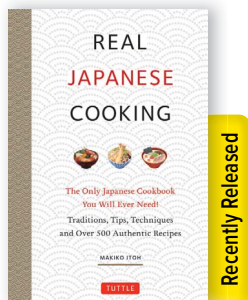
Shigekazu Takanashi is the owner of Ramen Rotas, a ramen restaurant in Shizuoka Prefecture, Japan. His YouTube channel *Ramen Rotas* has 280,000 subscribers and his most popular videos have over 2 million views. His dream is for everybody to eat his ramen at home!

Makiko Itoh, author of the *Just Bento* cookbook series has translated many Japanese works into English including *Nukazuke*, *The Real Japanese Izakaya Cookbook* and *Zen Wisdom for the Anxious*. She now writes a monthly column on Japanese food for *The Japan Times* and her new compendium cookbook, *Real Japanese Cooking*, has just been published by Tuttle Publishing.



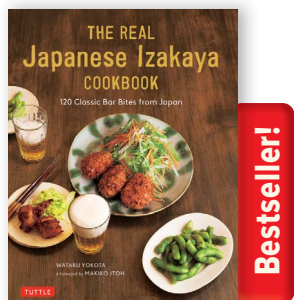
Shigekazu Takanashi & Family

Also from Makiko Itoh:

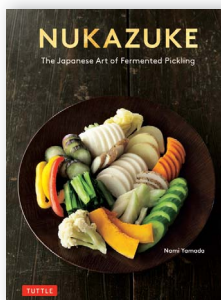


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Triple Chicken Shoyu Ramen

This ramen features three kinds of chicken: chicken broth, chicken fat added for flavor, and sliced chicken on top. The simple, elegant shoyu tare gives the dish a refined character.

Serves 1

1 bank fresh curly ramen noodles, 4 to 5 oz (130 g)

For the soup:

16 cups (400 ml) Super Simple Chicken Broth (page 123)
2 tablespoons + 1 teaspoon Favorite Shoyu Tare (dark version) (page 129)
1 tablespoon Chicken Fat (page 145)

For the toppings:

5 slices Lazy Chicken Chashu (page 27)
A few stalks of celery leaves
5 strips zensima (fermented bamboo shoots)

- 1 Place the tare and 2 teaspoons of the fat in a serving bowl.
- 2 Warm the broth in a small saucepan and add to the bowl.
- 3 Cook the noodles in plenty of boiling water following package directions. Drain and add to the bowl.
- 4 Garnish with the toppings and the remaining teaspoon of fat.

Pro Tip

• Adding the chicken fat in two parts makes a big difference in the final result.
• Miso is a delicately flavored Japanese herb available at some Japanese markets. Mild celery leaves can be substituted, although the flavor is quite different.



45



Sapporo Miso Ramen

A hearty winter ramen from Japan's snow country, Sapporo is the capital of Japan's northernmost island, Hokkaido. This is my take on the city's signature ramen, full of rich broth, flavorful miso and satisfying toppings.

Serves 1

1 bank fresh curly ramen noodles, 4 to 5 oz (130 g)

For the soup:

16 cups (400 ml) Chicken and Pork Palate Broth (page 146)
1/2 cup (60 g) Miso Tare (page 145)
1 tablespoon Double Onion Fat (page 240)
Japanese ground chili pepper (ichimi togarashi), to taste

For the toppings:

2 slices Pork Belly Chashu (page 129)
1/2 cup (60 g) bean sprouts
5 strips zensima (fermented bamboo shoots)
1 1/2 tablespoons chopped green onion

- 1 Spoon the tare into a serving bowl and microwave for 30 seconds, until warm.
- 2 Heat the broth in a small saucepan and pour into the bowl. Whisk to dissolve the miso.
- 3 Cook the noodles in plenty of boiling water following package instructions. Place the bean sprouts in a handled strainer or basket. One minute before the noodles are done, lower the bean sprouts into the boiling water.
- 4 Remove the bean sprouts. Drain the noodles and add to the bowl. Garnish with the toppings.
- 5 Heat the Double Onion Fat in a small skillet and drizzle over the broth and toppings. Sprinkle with ground chili pepper.

Pro Tip

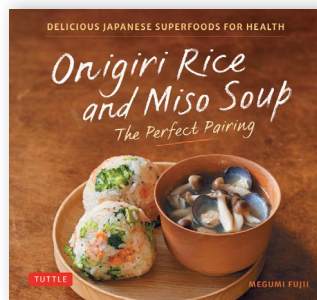
• To recreate the deep flavor of authentic Sapporo ramen, heat the Double Onion Fat to the smoke point.
• Miso Tare also works great with Basic Miso Broth (page 144), Dried Anchovy Broth (page 206), and Sajo Broth (page 62).



41

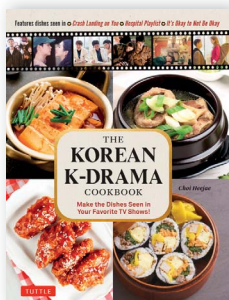


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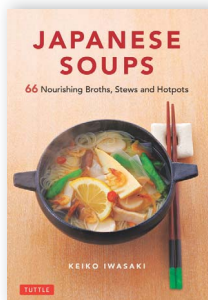
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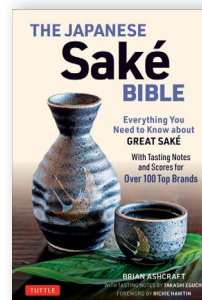


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October

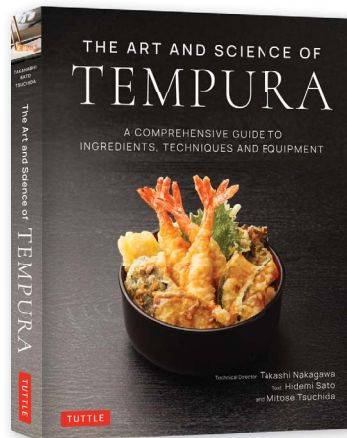
Cooking

7 1/2 X 10 • 224 pages

over 400 color photos

Carton Quantity: 10

Selling Territory: World



The Art and Science of Tempura

A Comprehensive Guide to Ingredients, Techniques and Equipment

By Takashi Nakagawa, Hidemi Sato & Mitose Tsuchida

Chef Takashi Nakagawa has devoted his life to the art of making perfect tempura. He served a 17-year apprenticeship at the renowned Tempura Mikawa restaurant in Tokyo and for the past 20 years has been at the helm of his own restaurant, Tempura Nakagawa.

In this book, Nakagawa and his two co-authors, Hidemi Sato and Mitose Tsuchida, present the full range of

tempura recipes and techniques—from making a perfect tempura batter to delicately cutting and frying each ingredient to perfection, to presenting your finished tempura as part of an elegant Japanese meal.

Hundreds of beautiful color photos, charts and graphics present a uniquely detailed look at the art of Japanese tempura, with sections on:

- The history of tempura from its introduction to Japan by the Portuguese 500 years ago
- A review of key ingredients from vegetables, fish and seafoods to oils and flours—the importance of selecting and purchasing the right ones and the science behind them
- Pans, knives and essential equipment—how to purchase, use and maintain them
- Methods used by professional tempura chefs to gut and clean fish and cut vegetables
- How to make the perfect batter and how to fry each ingredient under optimal conditions

The authors explain and illustrate each step—from the way seafood changes when fried, to the importance of carefully controlling the temperature of the oil. Whether you're a professional chef, an avid tempura fan, or simply a lover of Japanese cuisine, this beautiful book provides fascinating insights into the world of Japan's iconic national dish.

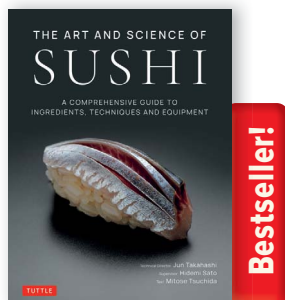
Takashi Nakagawa aspired to become a chef since he was a child and trained for 17 years at Tempura Mikawa in Tokyo. He opened his own restaurant, Tempura Nakagawa, in Tokyo's Tsukiji district in 2004. The restaurant is still going strong and recently gained a coveted entry in the *Tokyo Michelin Guide*.

Hidemi Sato is a trained dietician and holds a doctorate in food science. After graduating from Yokohama International University, she worked in the culinary equipment industry for nine years before completing her Masters and Ph.D. at Ochanomizu University. She has written several books on the topic of food science.

Mitose Tsuchida graduated from Hiroshima University before receiving her doctorate from Ochanomizu University. She worked as an editor at the Japanese food magazines *Speciality Cooking* and *Culinary Kingdom* before becoming a freelancer. She writes and edits books and features on a wide variety of food subjects.



From the Same Series:



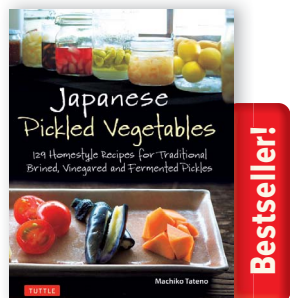
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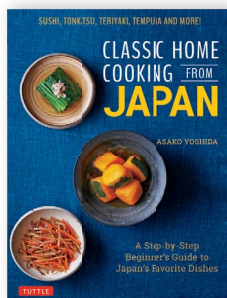
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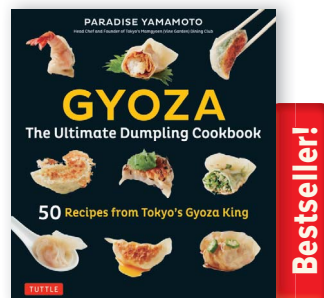
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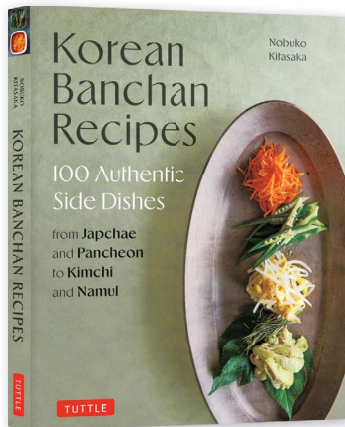
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- Official Author Website: naccoku.com
- Official Author Instagram: [@kitasaka.gram](https://www.instagram.com/kitasaka.gram)



Korean Banchan Recipes

100 Authentic Side Dishes from Japchae and Pancheon to Kimchi and Namul

By Nobuko Kitasaka

Banchan are small and healthy, vegetable-focused dishes that accompany every Korean meal. They're meant to complement the main dishes—providing extra flavors and textures featuring crisp, fresh vegetables, tangy pickles, seasoned seaweed, par-boiled vegetables, marinated tofu, spicy kimchis—and so much more. For many Koreans, the Banchan are actually the main event!

This book presents 100 authentic Korean recipes, including:

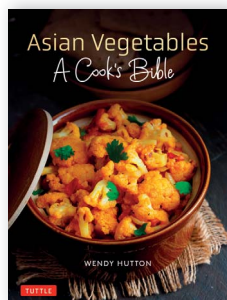
- **Crisp Panjeon Pancakes**—like Shredded Sweet Potato Jeon and Shiitake Mushroom Jeon
- **Seasonal Pickles**—like Perilla Leaves in Seasoned Soy and Dried Apricot Miso Jangajji
- **Spicy Kimchi dishes**—like sweet-tart Cherry Tomato Kimchi and rich Pork and Kimchi Stir Fry
- **Savory Namuls**—like Wood Ear Mushrooms with Gochujang and Garlic Chives with Soy
- **Stir-fried Japchae Noodles**—like Asparagus and Onion Japchae and Mushroom Japchae
- **Main Dishes**—like Beef Bulgogi and Sweet and Spicy Chicken Drumettes
- **And many more!**

With such an amazing variety of mix-and-match recipes at your disposal, preparing a complete home-cooked Korean meal is now a snap!

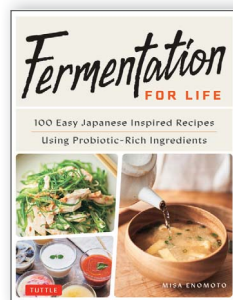
Nobuko Kitasaka has made Seoul her home for over a decade. While there, she has immersed herself in the pursuit of mastering traditional Korean homestyle recipes. Taking to heart the Korean philosophy of “eating what’s good for the body,” she focuses on fresh local ingredients and simple cooking methods. She hosts cooking classes and seminars in her home, where she conveys the charm of Korean cuisine—which is spicy, but also delicate and bold—while teaching the art of creating beautiful table settings. Kitasaka has authored three Korean cookbooks.



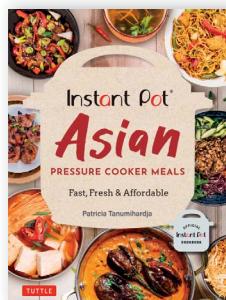
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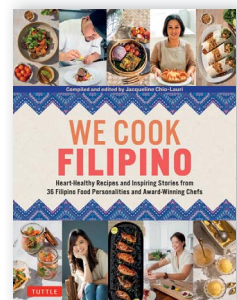


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Kimchi

Kimchi, the best known Korean pickled vegetables, are a staple of banchan. While authentic pickled kimchi requires a lot of time and effort, instant kimchi that is simply mixed with a sauce can be prepared anytime. Quick-pickled kimchi, which does not use chili peppers and water kimchi, which allows you to savor the juices, are perfect for change of pace dishes.

Instant Napa Cabbage Kimchi

This instant kimchi has a spicy yet sweet and refreshing taste. You can regard it like a salad and eat as much as you like.

HEALTHY LIFE About 3 weeks in the refrigerator

AN EASY TO MAKE AMOUNT
 1/2 napa or Chinese cabbage (about 1 lb 2 oz/500 g)
 1 inch (3 cm) piece daikon radish
 1/2 leek or fat green onion
 1 tablespoon coarse salt
 3 to 4 tablespoons Kimchi Sauce (see below)

1 Peel off each leaf of the napa cabbage; cut them into half lengthwise and then slice into

diagonal pieces (a). Slice the daikon radish into thin rounds, then slice finely. Combine both vegetables in a bowl, sprinkle with salt and leave for a while.
 2 When the vegetables have exuded moisture and the napa cabbage stems are wilted, rinse off the salt briefly, drain into a colander, and leave to drain (b).
 3 Slice the leek or fat green

onion in half lengthwise, then slice thinly on the diagonal.
 4 Combine the vegetables from Steps 2 and 3 in a bowl, add the sauce and mix well (c).

To prevent exposure to air, put the kimchi in a storage bag with the air pressed out. If using a storage container, cover the surface of the kimchi tightly with cling film. Do not change storage containers during storage. When the kimchi turns sour, use in stir fries or stews.



Pick up each napa cabbage leaf one by one, and cut with a knife along the fibers from top to bottom, then cut diagonally.



Leave the salted napa cabbage and daikon radish in a colander for a while to drain off naturally. The key is to not squeeze it out.



Add the Kimchi Sauce and mix evenly and thoroughly with your hands to let the flavors permeate the vegetables.

NOTE

Kimchi Sauce

This sauce has ingredients such as saeujeot and fish sauce that become the source of umami in kimchi blended in. Let it mature for half a day in the summer, and a whole day in other seasons before storing in the refrigerator. In 2 to 3 days the sauce will mature and become well rounded in flavor!

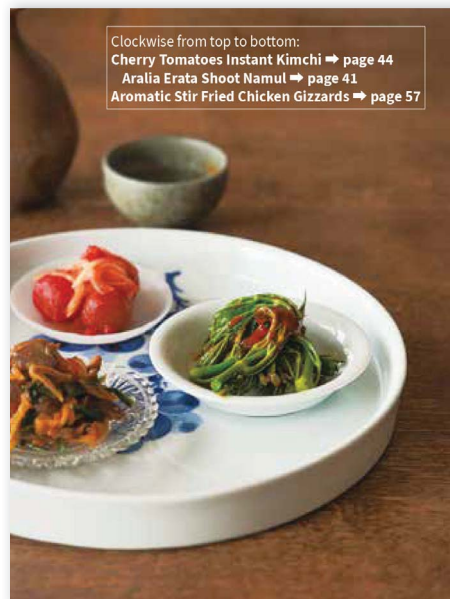


HEALTHY LIFE About 2 to 3 weeks in the refrigerator

AN EASY TO MAKE AMOUNT

- 3 tablespoons ground chili pepper
- 2 tablespoons grated Asian pear or apple
- 2 tablespoons grated onion
- 1 tablespoon grated garlic
- 1/2 tablespoon grated ginger
- 1 tablespoon saeujeot (fermented myoid shrimp preserved in salt)
- 1 tablespoon fish sauce
- 1 tablespoon umami syrup
- 1 teaspoon sugar

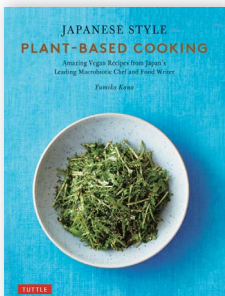
Kimchi 43



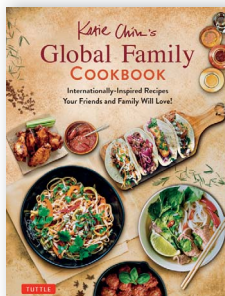
Clockwise from top to bottom:
 Cherry Tomatoes Instant Kimchi → page 44
 Aralia Erata Shoot Namul → page 41
 Aromatic Stir Fried Chicken Gizzards → page 57



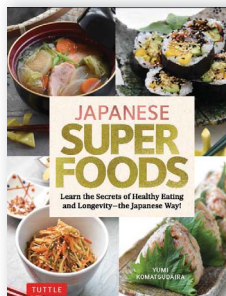
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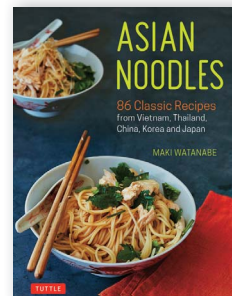
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Why is soy milk the perfect plant-based alternative to dairy?

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October

Cooking

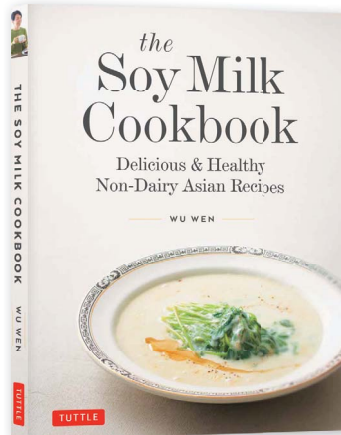
7 1/2 X 10 • 112 pages

55 recipes; 170 full-color photos

Carton Quantity: 20

Selling Territory: World

- Official Author Instagram:
@wuwen_cookingsalon



The Soy Milk Cookbook

Delicious & Healthy Non-Dairy Asian Recipes

By Wu Wen

Soy milk is not only delicious, smooth and creamy—but extremely friendly to the environment and the only plant-based milk that comes close to offering a protein content similar to dairy. It brings a broad range of health benefits including preventing anemia, reducing the risk of dementia, lowering cholesterol and strengthening the bones.

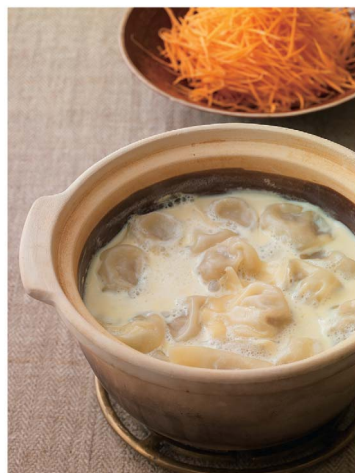
In this beautifully illustrated book, Chinese cookbook author and teacher Wu Wen shares her great passion for soy milk—a staple of the kitchens in China where she

grew up. Wu presents 55 delicious Asian-style recipes based around this incredibly nutritious and versatile ingredient. They include:

- **Comforting Soups** utilizing soy milk to make dishes like Sweet Potato & Miso Soup, Tofu Soup and Cauliflower Soup with Shrimp
- **Delicious Stews** like Pork, Clams & Daikon in Soy Milk and Hotpot with Gyoza Dumplings
- **Noodle & Pasta Dishes** like Pork & Soy Ramen and Crab Udon with Soy Milk
- **Chinese-style Porridges** like Soy Milk Porridge with Scallops and Black Rice Soy Milk Porridge
- **Sensous Desserts** like delicious Soy Milk Almond Jelly and Soft Soy Milk Cookies
- **Delicious Drinks** like Matcha Green Tea with Soy Milk and Soy Milk Cocoa

In addition to the recipes, the author provides essays on the health benefits of soy milk and how to maintain an active and balanced lifestyle by applying traditional Chinese health principles.

Wu Wen was born in Beijing but now lives in Japan. In 1997, she began giving cooking classes in Tokyo presenting recipes based on traditional Chinese food wisdom and healthy home cooking. She introduces not only recipes but also a wide range of information on traditional Chinese ingredients and how to maintain a healthy lifestyle. She has been featured in magazines, newspapers and on television and is the author of several cookbooks.



Japanese recipes you can make with your kids to get them eating healthier meals!

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August

Cooking

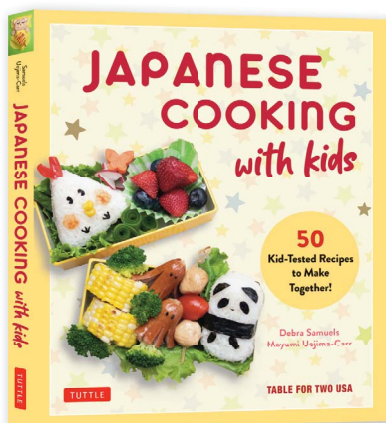
8 X 9 ½ • 128 pages

50 recipes; 150 color photos

Carton Quantity: 20

Selling Territory: World

- For ages 8+
- Official author website: cookingatdebras.com
- Official author social media: [@cookingatdebras](https://www.instagram.com/cookingatdebras)



Japanese Cooking with Kids

50 Kid-Tested Recipes to Make Together!

By Debra Samuels & Mayumi Uejima-Carr

Photography by Yumi Komatsudaira

Japanese Cooking with Kids is the perfect way for you and your kids to learn about Japanese cooking while having fun in the kitchen. They will also learn how to eat healthier meals, and many of these dishes may even become their new favorites!

These 50 kid-tested recipes for ages 8 and up get "two thumbs up" and empty plates every time:

- **Classic Japanese Favorites** like steamed Gyoza Potstickers and Miso Ramen Noodles
- **Tuna Salad Sushi Rolls and Japanese Seaweed Sprinkles on Popcorn**
- **Onigiri Rice Balls, Sushi Rice in Tofu Pockets and Chicken and Egg Rice Bowls**
- **Drinks & Desserts** like Strawberry Soy Milk, Glazed Mochi Balls & Green Tea Matcha Cakes

Each chapter contains a fun, hands-on activity like counting to ten in Japanese while washing your hands, growing your own spring onions or making your own chopstick rests! In addition to preparing delicious Japanese recipes, kids will learn the basic principles of Japanese cuisine—eating foods that are in season, and only eating until you feel 80% full—to help you live a longer and healthier life.

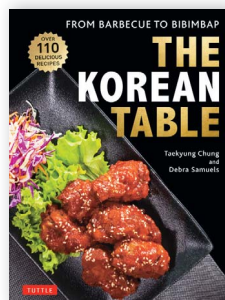
Japanese Cooking with Kids will give you and your family a whole new perspective on cooking and eating—the Japanese way!

Debra Samuels has written about food for over three decades and developed the popular "Kids Are Cooking" series on food, culture and nutrition for Boston's Children's Museum. Samuels worked for many years as a food writer and food stylist for *The Boston Globe*. She currently leads the program content and curriculum development for TABLE FOR TWO USA, traveling around the country teaching workshops on bento, the Japanese lunchbox.

Mayumi Uejima-Carr became the president of TABLE FOR TWO USA following work with Accenture and Eli Lilly and after earning an MBA. With TABLE FOR TWO USA, she has developed a program to provide healthier school meals for children across the United States.

Yumi Komatsudaira is a recipe developer, food stylist, culinary instructor and president of K-Seaweed—a leading ocean greens provider. She is the author of *Japanese Superfoods*.

By the Same Author:



The Korean Table

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August

Children's

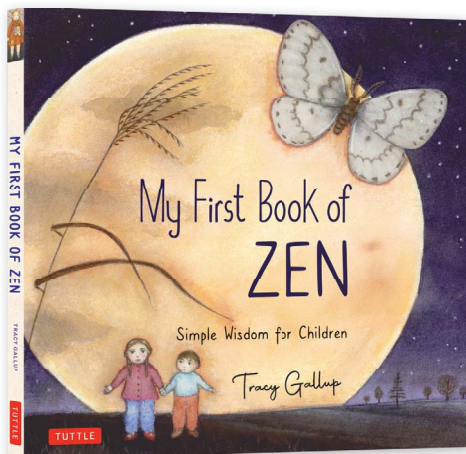
10 X 10 • 32 pages

9 moments; 27 full-color watercolor paintings

Carton Quantity: 20

Selling Territory: World

- Ages 5-9
- Author available for interviews; contact publicity@tuttlepublishing.com



My First Book of Zen

Simple Wisdom for Children

By Tracy Gallup

My First Book of Zen is an invitation for young minds to explore the gentle teachings of Zen. From developing an appreciation of nature's beauty to accepting the peace in still moments, this beautifully illustrated book introduces young readers to the tranquility of Zen. Each of the nine moments encourages curiosity and reflection, helping children to learn about presence, kindness and connecting with others.

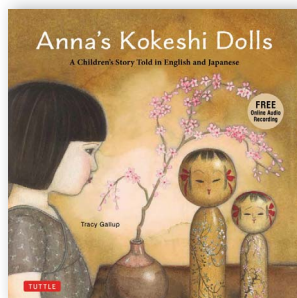
The enchanting watercolors by award-winning illustrator Tracy Gallup paint the soft moods of Zen and capture a sense of inner calm. Each image is paired with a story of a day in the life of two children and a quote from an inspirational thinker—like the haiku master Issa, the Zen philosophers D.T. Suzuki and Alan Watts, or the Dalai Lama. These encourage a thoughtful pause, allowing readers of all ages to feel the warmth and wisdom of Zen teachings.

My First Book of Zen sows the seeds of inner harmony, compassion, gratitude and an appreciation for nature.

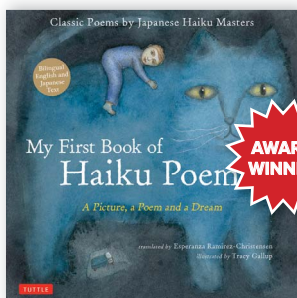
Tracy Gallup is an author, illustrator and lifelong artist. She has a BFA from Eastern Michigan University and an MFA in painting from Syracuse University. Tracy worked as an elementary school art teacher for many years, celebrating imagination and childhood in her artwork. She is the author and illustrator of eleven books including *Paint the Night*, *A Roomful of Questions*, *King Cat*, *My First Book of Haiku Poems* and *Anna's Kokeshi Dolls*. She lives in Ann Arbor, Michigan with her husband. As a child, Tracy had her own beloved collection of Tuttle books.



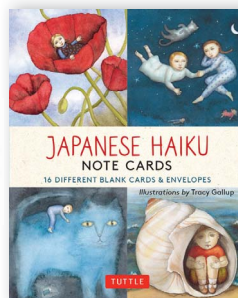
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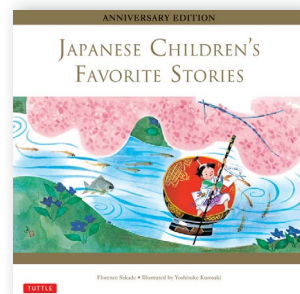
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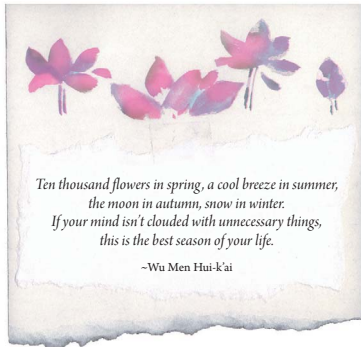
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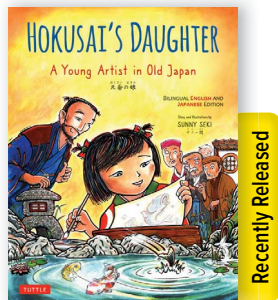
Zen Notes

Zen. It's a nice word, small enough to fit in your pocket and take anywhere. "It's for anyone and everyone," Mom says. "And it points the way to happiness and peace." That's why she leaves little Zen notes on scraps of paper around the house. Sam and I find them tucked here and there.

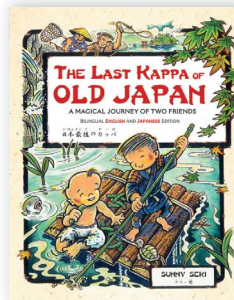
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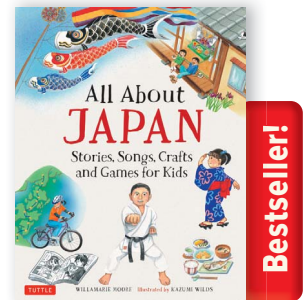
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Children's

8 ½ X 11 • 80 pages

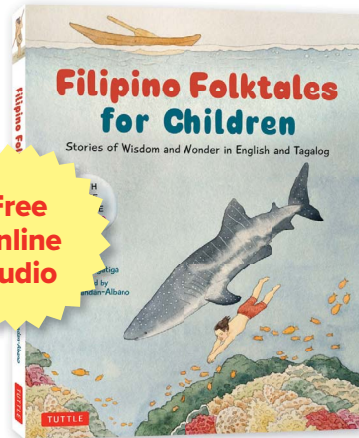
7 stories; full-color watercolor illustrations throughout; bilingual Tagalog and English text and online audio

Carton Quantity: 20

Selling Territory: World

- Ages 5 to 13
- Author Website: lovealibarian.blogspot.com

Free Online Audio



Filipino Folktales for Children

Stories of Wisdom and Wonder in English and Tagalog

By Zarah C. Gagatiga

Illustrated by Corazon Dandan-Albano

Drawn from the rich folklore of the Philippines, these exciting tales are filled with magical creatures, captivating goddesses, and the remarkable acts of ordinary people. Children and parents alike will love these stories and their whimsical watercolor illustrations.

The charming tales in this collection include:

- ***The Monkey and the Turtle***—Kind-hearted Turtle outsmarts cunning Monkey
- ***The First Fisherman***—Talented Pandaguan invents fishing and swims with sharks, but is undone by his anger at the gods
- ***Why Chickens Scratch the Ground***—Chicken loses her friendship with Hawk when she fails to keep an important promise
- **Plus four other popular tales!**

Carefully crafted by award-winning author Zarah C. Gagatiga, these stories touch on universal themes of accountability and the need to balance freedom with good choices. For those of Filipino descent, they offer a connection to their heritage, culture and language, while for other readers they introduce a dazzlingly diverse country and people.

Zarah C. Gagatiga is a school librarian, storyteller, literacy coach and award-winning author from the Philippines. *Tales From the 7,000 Isles: Filipino Folk Stories*, which she co-authored, won the Storytelling Resource Award of the National Storytelling Network. Zarah has also been recognized for her work as a librarian and community volunteer. She loves coffee, sunsets and creating pottery.

Corazon Dandan-Albano is an award-winning children's book illustrator and author. Her picture-poetry book *Habulan* received a National Children's Book Award and *All About the Philippines*, which she illustrated, won a Moonbeam Children's Book Gold Award. She has created over 50 children's books and holds a BFA in painting from the University of the Philippines, Diliman.

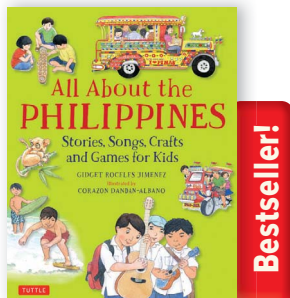


Zarah C. Gagatiga



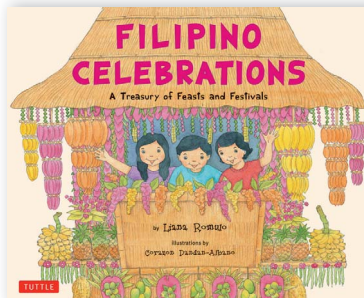
Corazon Dandan-Albano

By the Same Illustrator:



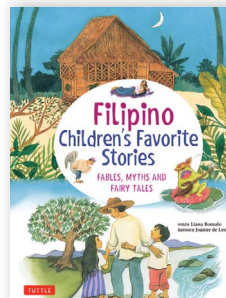
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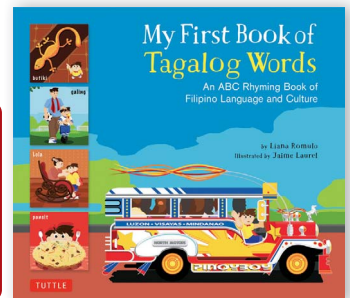
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The First Fisherman

Ages ago, when the world was new, Kaptan ruled the land and sky. Magwayen was the goddess of the sea and the underworld. They looked after this new world with care and responsibility, especially toward the inhabitants of their domain. At the time, there was no death among humans. Plants and animals perished, though, for the gods, just like everyone else, were still learning the workings of the heavens and the earth.

Of the people who walked the land and explored the sea, one man did so far better than the others. Pandaguan was his name. He was intelligent, creative and resourceful. However, he was temperamental and easily angered. His wife Lubluban was bright and gifted, but too fond of wine. For like everyone else, they had their flaws.

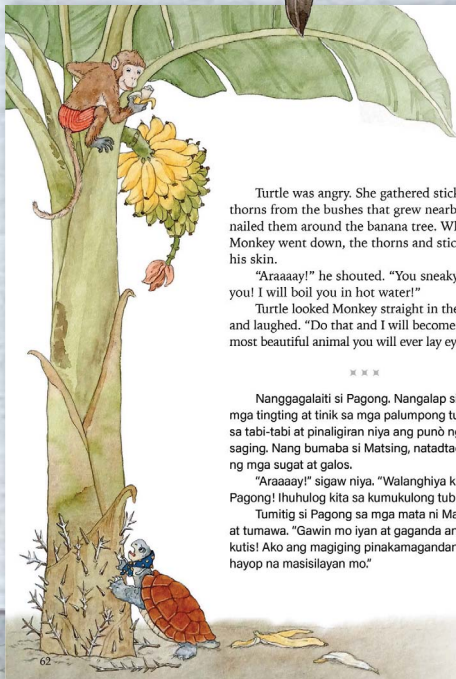
One day, a neighbor came to ask help from Pandaguan. The *sibat*, a wooden pole he used for catching fish, had grown blunt. He asked Pandaguan's help to sharpen its end since his own stone knife was dull.

angingisda

...n at kasisilang pa lang ng daigdig, ang bathalang Kaptan ang Ang bathalang Magwayen naman ang reyna ng karagatan at saalagaan nila ang bagong daigdig nang may buong ingat at sa mga nakatira rito. Wala pang sumasakabiling-buhay ng Nassasawi lamang ang mga halaman at mga hayop, dahil ang mga bathala kung paano pangasiwaan ang langit at lupa. Babubuhay sa lupa at naglalakbay sa dagat, may isang ito nang higit sa lahat. Pandaguan ang pangalan niya. Matalino, sa mga nakatira rito. Ganoon pa man, madali siyang madala ng kaniyang ... Ang asawa niyang si Lubluban ay likas ding matalino ngunit ... sa alik. Dahil tulad ng ibang mga tao, bawat isa sa kanila ay may kani- ... ng malian. ... ang araw, humingi ng tulong ang kapitbahay ni Pandaguan sa kaniya. Naging ... ang kaniyang sibat. Nagpatulong siya kay Pandaguan na hasain ang dulo ... hil mapuro! na rin ang kaniyang batang panghassa.



17



Turtle was angry. She gathered sticks and thorns from the bushes that grew nearby and nailed them around the banana tree. When Monkey went down, the thorns and sticks cut his skin.

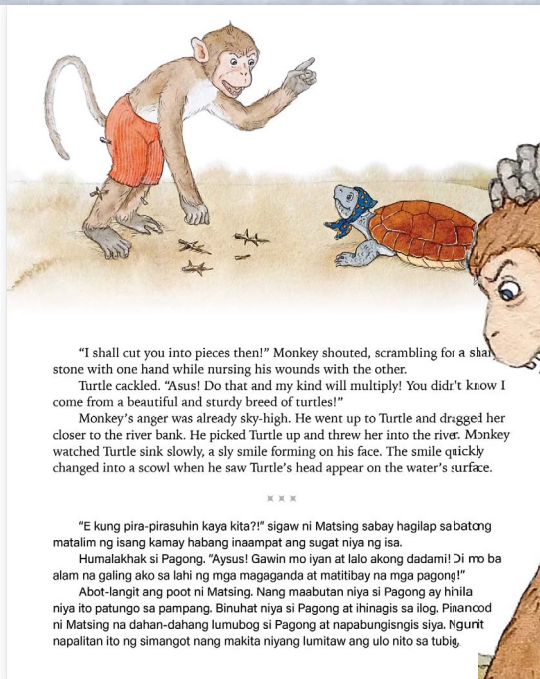
"Araaaay!" he shouted. "You sneaky Turtle, you! I will boil you in hot water!"

Turtle looked Monkey straight in the eye and laughed. "Do that and I will become the most beautiful animal you will ever lay eyes on."

Nanggagalait si Pagong. Nangalap siya ng mga tingting at tinik sa mga palumpong tumubo sa tabi-tabi at pinaligiran niya ang punò ng saging. Nang bumaba si Matsing, natatad siya ng mga sugat at galos.

"Araaaay!" sigaw niya. "Walanghiya ka, Pagong! Ihuhulog kita sa kumukulong tubig!"

Tumitig si Pagong sa mga mata ni Matsing at tumawa. "Gawin mo iyan at gaganda ang aking kutis! Ako ang magiging pinakamagandang hayop na masisilayan mo."



"I shall cut you into pieces then!" Monkey shouted, scrambling for a sharp stone with one hand while nursing his wounds with the other.

Turtle cackled. "Asus! Do that and my kind will multiply! You didn't know I come from a beautiful and sturdy breed of turtles!"

Monkey's anger was already sky-high. He went up to Turtle and dragged her closer to the river bank. He picked Turtle up and threw her into the river. Monkey watched Turtle sink slowly, a sly smile forming on his face. The smile quickly changed into a scowl when he saw Turtle's head appear on the water's surface.

"E kung pira-pirahuhin kaya kita?!" sigaw ni Matsing sabay hagilag sabatong matalim ng isang kamay habang inaampat ang sugat niya ng isa.

Humalakhak si Pagong. "Aysus! Gawin mo iyan at lalo akong dadami! Di mo ba alam na galing ako sa lahi ng mga magaganda at matitibay na mga pagong!"

Abot-langit ang poot ni Matsing. Nang maabutan niya si Pagong ay hihila niya ito patungo sa pampang. Binuhat niya si Pagong at ihinagis sa ilog. Pinacond ni Matsing na dahan-dahang lumubog si Pagong at napabungisngis siya. Ngunit napalitan ito ng simagot nang makita niyang lumitaw ang ulo nito sa tubig.



Classic tales from across the Arab world, engagingly retold in English and Arabic

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September

Childrens

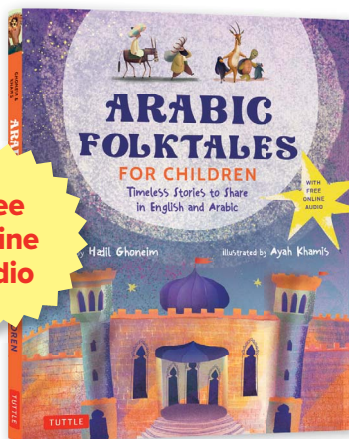
8 ½ X 11 • 48 pages

8 stories; full-color illustrations; bilingual Arabic and English text and online audio

Carton Quantity: 20

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Arabic Folktales for Children

Timeless Stories to Share in English and Arabic

By Hadil Ghoneim

Illustrated by Ayah Khamis

Foreword by Marcia Lynx Qualey

This exciting collection of eight folktales presented in parallel English and Arabic versions brings together stories rich in humor, warmth and gentle life lessons. Drawing on oral and written sources from across the Arabic-speaking world, award-winning author Hadil Ghoneim has crafted a unique anthology for heritage language learners as well as anyone seeking to introduce

young readers to new and diverse cultures. The stories in this book include:

- ***Goha and His Son***—The beloved Goha teaches his son that it's impossible to please everyone
- ***A Tale About Friendship, Parts 1 and 2***—A turtle, a crow and their animal friends show us that when we help each other, we can overcome any challenge in a two part story
- ***The Woodcutter and the Lion***—A woodcutter uses his quick wit to outsmart a fierce lion
- **Plus four other delightful tales!**

Illustrator Ayah Khamis brings these stories to life with expressive characters, glowing colors and rich local details. This book will be a valuable addition to the library of anyone who wants to build cultural connections through the magic of stories.

Hadil Ghoneim writes in both Arabic and English, and has authored many fiction and nonfiction books for children and young adults. Her book *The Nights of Shaharzizi* won the Etisalat Book of the Year award for Arabic Children's Literature and her *Sisters Hana and Shefa* was a finalist for best picture book for the same award. Her nonfiction essays for adult readers have appeared in *Michigan Quarterly Review*, *ArabLit Quarterly* and other publications.

Ayah Khamis has illustrated many books for children and young adults. A graduate of Helwan University's Faculty of Fine Arts, she published her first book, *I Love Because I Am a Human Being*, at age 21 in Arabic, English and French. Her work has been recognized by the Etisalat Award for Children's Literature, the Children's Book Publishers Forum and the Arab Institute in Paris. She collaborated previously with Hadil Ghoneim on the book *Those Are Your Lenses, Abla!*

Marcia Lynx Qualey is a writer, editor, translator and founding editor of *ArabLit* and *ArabLit Quarterly*. Her work to promote Arabic literature in translation, including books for children and young adults, has been recognized by a Literary Translation Initiative Award from the London Book Fair and the Ottaway Award for the Promotion of International Literature from Words Without Borders. She is a co-founder of the WorldKidLit initiative, which works to raise the profile of global literature for young people.

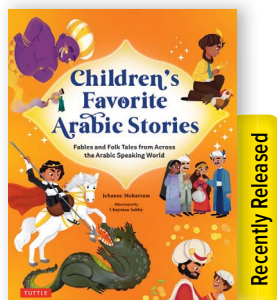


Hadil Ghoneim



Ayah Khamis

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The Man Who Knew the Desert

A tradesman was traveling through the desert when he lost his companion. He spent hours searching, but could find him nowhere. Finally, he met a Bedouin man drinking coffee outside a small tent. He asked him if he had seen his friend. The Bedouin said, "No, I haven't seen your friend, but is he a heavy man with a bad leg who uses a walking stick?"



The tradesman's eyes widened with joy. "Yes! That would be my friend, Ali. Then you must have seen him!"

"I told you, I haven't seen him or anyone else for the past three days. I just got here an hour ago." They both fell silent for a few minutes. Then the Bedouin asked, "Is your friend's camel blind in one eye, and was it carrying date syrup?"

The tradesman was starting to feel suspicious of the Bedouin. He took a step back and said, "How can you know all of this if you haven't met my friend? You are either a liar or a magician, or a demon of the desert!"

العارف بالصحراء

سافر تاجر عبراً في صحراء إلى أن تاه عن رفيقه. قضى ساعات يبحث عنه ولم يوفق، إلى أن قابل بديواً يشرب القهوة أمام خيمة صغيرة. سأله إن كان رأى صاحبه قال البديوي: "لا، إن صاحبك، ولكن هل هو رجل ثقيل الوزن وعنده عرج في ساقه ويسلك مسلك اللشي؟" تسعدت عينات التاجر من الفرحه وصاح: "تعمراً! هذا صاحبي!" "علي!" "إن لا بد أنك رأيتة." "قلت لك أنا لم أره ولم أر بني آدم منذ ثلاثة أيام. وقد أتيت هنا من ساعة واحدة فقط." سكت الرجلان لبعض دقائق ثم سأل البديوي التاجر: "هل ناقة صاحبك عوراء؟ وهل كانت تحمل ديس البلح؟"

بدأ التاجر يشك في الرجل البديوي. أخذ خطوة للوراء وقال: "كيف عرفت كل هذا وأنت لم تقابل صاحبي؟ أنت إما كاذب أو ساحر أو عفريت من عفريات الصحراء!"



The little woman went out to the market and bought some honey and cream, then hurried home. She poured the honey in her little dish and opened the cream. Then she remembered that she needed bread to dip in the honey! She turned to the little basket where she kept her little pita breads. She took one and ran back, eager to try that first morsel of her sweet snack. Instead, she found another surprise. Staring at her from her little dish was a big fly sipping and swimming in her honey!

"You mean little thief!" the little woman screamed in surprise and disgust. "You've ruined my honey! My dessert is gone, and so is the silver coin!"

She sat outside her house crying and wailing over her bad luck. Her neighbors asked her what had happened. She told them about the fly that had stolen her honey. One of the neighbors advised her to go and complain to the judge. "He is wise, and he will have a solution," the neighbor said. "Maybe you'll get a little something for your loss!"

The little woman followed her neighbor's advice and went to the wise judge. When it was her turn to speak, she found herself standing in front of a big man with a big beard and lots of hair.

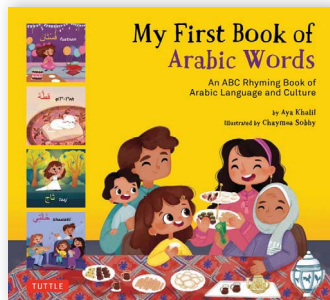
خرجت السيدة الصغيرة إلى السوق واشترت القليل من العسل والقليل من الفطيمة ثم عادت بسرعة إلى بيتها الصغير. سكبت العسل في طبقها الصغير وفتحت عروة الفطيمة، ثم تذكرت أن تناول العسل يلزمه خبز! تركت الطبق واتجهت إلى البقالة الصغيرة التي تضع فيها أرغفة الخبز الصغيرة. عادت السيدة الصغيرة برغيف صغير وكلها لهفة لتناول أول لفحة من وجبتها الحلوة لكنها وجدت مفاجأة ثانية خيبت أمها. ففي وسط الطبق الصغير رقت ذبابة كبيرة تنظر إليها وهي تسمع في العسل وتأكل منه!

سمرت السيدة الصغيرة من الجوع والقرص "يا حورمة! يا حورمة! يا حورمة!" خربت العسل وضاعت مني التعلبة وضاع الفزس الفضة! جلست السيدة الصغيرة أمام بيتها تبكي وتندب حظها. سألها الجيران "ماتتة!" حكيت لهم عن الذبابة المجرمة سارة العسل، فقمصها أحدهم بلذاب اللقاضي، "الذبي اللقاضي واشتكبها، فهو حكيم واكيد عند الحل، وجازع بمدك شيئاً من التعويض."

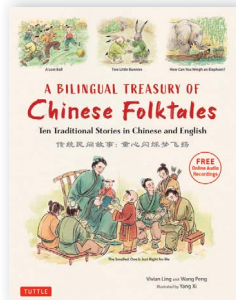
أخذت السيدة الصغيرة بنصيحة جارها وذهبت للقاضي الحكيم. وعندما جاء دورها وجدت نفسها أمام رجل كبير، له ذقن كبيرة وبها شعر كثير، وعندما تحدث إليها كانت كلماته سريعة



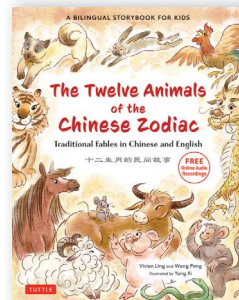
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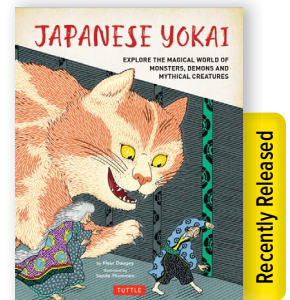
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August

Origami

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over 1200 full-color photos and diagrams

Carton Quantity: 20

Selling Territory: World

• Ages 9+



Action Origami

Paper Toys that Fly, Hop, Twirl, Shake and Surprise!

By Isamu Sasagawa

On every page of *Action Origami* you'll discover unusual origami models that will tickle your funny-bone! Folding up these quirky objects is just part of the fun. Once they're folded, you'll have hours of fun playing with toys that spin, flex, hop, fly, wink, chomp, wiggle—and so much more!

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- **Spooky Otherworldly Models that Wiggle, Chomp and Startle**—like the silly “two-in-one” Kappa Eating a Fish and the scooting Rattling Lizard Cryptid!
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- **Cute Chibi Animals that Dance, Jump and Shake**—like the Monkey Playing Cymbals, the topsy-turvy Headstand Penguin and a Howling Dog who tips his head to the sky, ready to let go!

Isamu Sasagawa is a Japanese origami artist who attended the College of Art at Tsukuba University. While working as a writer for children's programs and animation scripts, he became a picture book author. As a “hobbyist engineer,” he also designs and publishes origami models and other craft items made from everyday (but unusual) materials such as mandarin oranges, wet towels and paper cups on YouTube and his blog. He has published several books on the subject of origami.



By the Same Author:

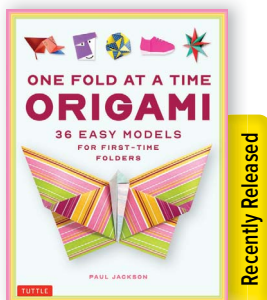


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Chattering Skull

The skull clatters its jaw bone while chatting with you!

1 Orient the rectangle vertically and open it to this shape. Then, fold the top and bottom edges in to meet the center crease.

2 Align the bottom corners with the crease and fold into triangles, then unfold.

3 Lift the bottom flap slightly and fold both sides inward. The corners indicated by the # symbols will swivel behind the newly formed square topmost layer.

4 Fold the bottom up by 1 row.

5 Pull the flap that is folded inside to the outside.

6 Add a curve to the rectangular segment of paper indicated by the # symbol, where the jaw and cranium are connected.

7 Fold the square sections on both sides into triangles.

8 Swing forward the top and bottom sections from the reverse side and open them up.

9 Pull the flap that is folded inside to the outside.

10 Reinforce the creases and shape the rectangular pocket into a box.

11 Reverse the crease direction to tuck the flap that is sticking out inside the box.

12 Add a curve to the rectangular segment of paper indicated by the # symbol, where the jaw and cranium are connected.

Step 1 is completed. Turn the paper over left to right.

Step 2 is in progress.

Step 3 is in progress. Press down from the top to flatten it.

Step 4 is completed.

Step 5 is in progress.

Step 6 is in progress.

Step 7 is in progress.

Step 8 is completed.

Step 9 is completed.

Step 10 is completed.

Step 11 is completed.

Step 12 is completed.

Finished

Put your finger and thumb inside from the back to make the jaw open and close.

Shape the curve with your fingers. This will make the skull's articulation smoother.

36 Chapter 3



Hee hee hee!

1 Fold an 8-Row Precrease (1) (see page 142).

2 Align the bottom corners with the crease and fold into triangles, then unfold.

3 Lift the bottom flap slightly and fold both sides inward. The corners indicated by the # symbols will swivel behind the newly formed square topmost layer.

4 Fold the bottom up by 1 row.

5 Pull the flap that is folded inside to the outside.

6 Add a curve to the rectangular segment of paper indicated by the # symbol, where the jaw and cranium are connected.

7 Fold the square sections on both sides into triangles.

8 Swing forward the top and bottom sections from the reverse side and open them up.

9 Pull the flap that is folded inside to the outside.

10 Reinforce the creases and shape the rectangular pocket into a box.

11 Reverse the crease direction to tuck the flap that is sticking out inside the box.

12 Add a curve to the rectangular segment of paper indicated by the # symbol, where the jaw and cranium are connected.

Step 1 is completed. Turn the paper over.

Step 2 is in progress.

Step 3 is in progress.

Step 4 is completed.

Step 5 is in progress.

Step 6 is in progress.

Step 7 is in progress.

Step 8 is completed.

Step 9 is completed.

Step 10 is completed.

Step 11 is completed.

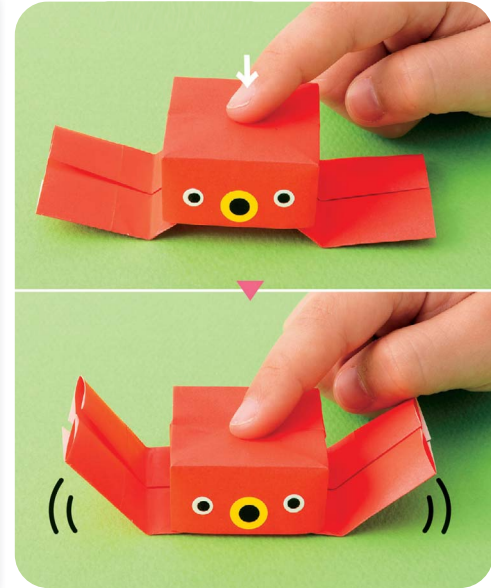
Step 12 is completed.

Finished

Put your finger and thumb inside from the back to make the jaw open and close.

Shape the curve with your fingers. This will make the skull's articulation smoother.

Otherworldly Origami 97



If you hold it against your open mouth while inhaling through it gently, it will stay in place!

VIDEO
Enter this URL into your browser:
tuttlepublishing.com/action-origami



Wagging Tongue

The buck teeth stick out and the tongue moves up and down playfully.

1 Unfold, and with the colored side facing up, fold the top down by 1 section.

2 Fold both sides to the center.

3 Fold up to the color boundary.

4 Fold the squares in the bottom corners into triangles. Crease and unfold.

5 Insert your fingers in the locations indicated by # symbols to open pockets, fold the sides to the center, and then flatten.

6 Fold down the part you just folded.

7 Fold the entire top portion down along the dashed line.

8 Fold the squares in the top corners into triangles. Crease and unfold.

9 Insert your fingers in the locations indicated by # symbols to open pockets, fold the sides to the center, and then flatten.

10 Fold up the white part. This will become the front teeth.

11 Fold the front teeth in half.

12 Swing the front teeth downward.

13 Fold small portions of the bottom corners to the back.

Step 1 is completed. Turn the paper over left to right.

Step 2 is in progress.

Step 3 is completed.

Step 4 is in progress.

Step 5 is in progress.

Step 6 is in progress.

Step 7 is in progress.

Step 8 is in progress.

Step 9 is in progress.

Step 10 is in progress.

Step 11 is in progress.

Step 12 is in progress.

Step 13 is in progress.

Finished

Adding a curve to the tongue will make it look more realistic!

Hold both ends and move them to make the tongue wiggle and extend.

16 Chapter 1

1 Unfold, and with the colored side facing up, fold the top down by 1 section.

2 Fold both sides to the center.

3 Fold up to the color boundary.

4 Fold the squares in the bottom corners into triangles. Crease and unfold.

5 Insert your fingers in the locations indicated by # symbols to open pockets, fold the sides to the center, and then flatten.

6 Fold down the part you just folded.

7 Fold the entire top portion down along the dashed line.

8 Fold the squares in the top corners into triangles. Crease and unfold.

9 Insert your fingers in the locations indicated by # symbols to open pockets, fold the sides to the center, and then flatten.

10 Fold up the white part. This will become the front teeth.

11 Fold the front teeth in half.

12 Swing the front teeth downward.

13 Fold small portions of the bottom corners to the back.

Step 1 is completed. Turn the paper over left to right.

Step 2 is in progress.

Step 3 is completed.

Step 4 is in progress.

Step 5 is in progress.

Step 6 is in progress.

Step 7 is in progress.

Step 8 is in progress.

Step 9 is in progress.

Step 10 is in progress.

Step 11 is in progress.

Step 12 is in progress.

Step 13 is in progress.

Finished

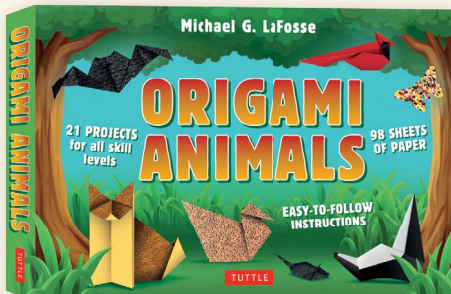
Adding a curve to the tongue will make it look more realistic!

Hold both ends and move them to make the tongue wiggle and extend.

Stick out the tongue!!

Funny Faces and Silly Poses 17

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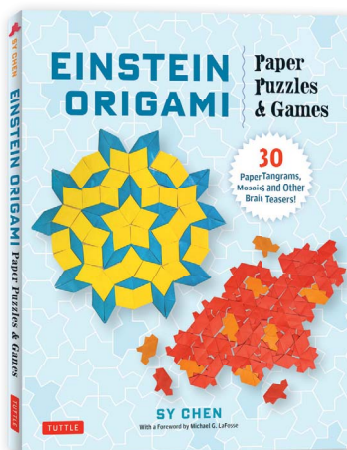
Origami

8 1/2 X 11 • 144 pages

30 origami puzzles; full-color photos

Carton Quantity: 16

Selling Territory: World



Einstein Origami Paper Puzzles & Games

30 Paper Tangrams, Mosaics
and Other Brain Teasers!

By Sy Chen

Foreword by Michael G. LaFosse

In this ground-breaking book, origami master Sy Chen shows you how to fold ten different “Einstein” paper tiles that can be fitted together endlessly without repeating the same pattern. He also provides clear, easy-to-follow instructions and photos for 20 other fascinating paper puzzles and brain-teasers that you can create using inexpensive folded paper.

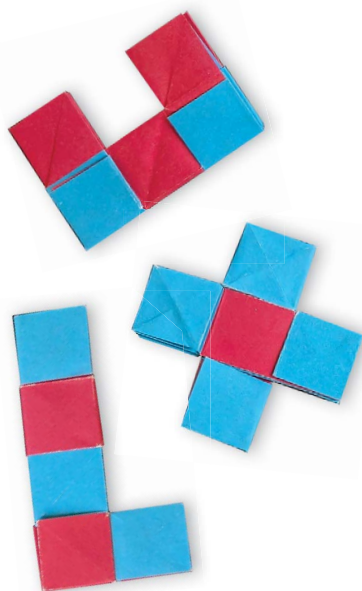
First, you’ll learn to fold an “Einstein” polygon from a single sheet of paper. This shape stumped mathematicians for decades, but a clever hat-shaped version was finally discovered in 2023. The author subsequently developed a folded version of the shape, along with several variations—including one that can be folded from a dollar bill—all of which are presented in this book!

In addition to ten innovative “Einstein” tiles, Chen provides instructions for other folded paper shapes that can be used in entertaining geometric puzzles and games, like:

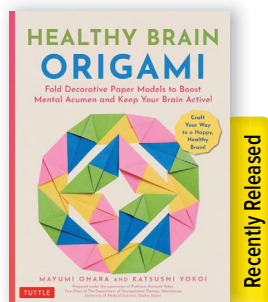
- **Polyominoes**—Tetris-like folded paper pieces that can be fitted together in a variety of ways!
- **Tangrams**—Folded origami models that form simple but challenging tangram puzzles!
- **“Rep-Tiles”**—Geometric shapes formed out of smaller pieces that all have the same shape—like a large triangle composed of four smaller triangles
- **And many more!**—Including a unique origami Jigsaw Puzzle!

Sy Chen is a master origamist who has been folding for over 40 years. His simple, elegant designs use clever color changes and fold lines to capture the essence of a model. His origami version of the newly-discovered “Einstein hat” shape led to him becoming a finalist for the Einstein Mad Hat Award. He has published three origami books and is based in the Washington, D.C. area.

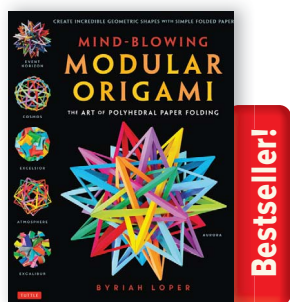
Michael G. LaFosse has been an origami artist, author and teacher for several decades, and is an acknowledged authority and master of the art. LaFosse co-founded Origamido Studio, a learning center and design studio dedicated to the art of paper folding.



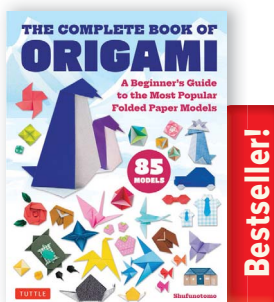
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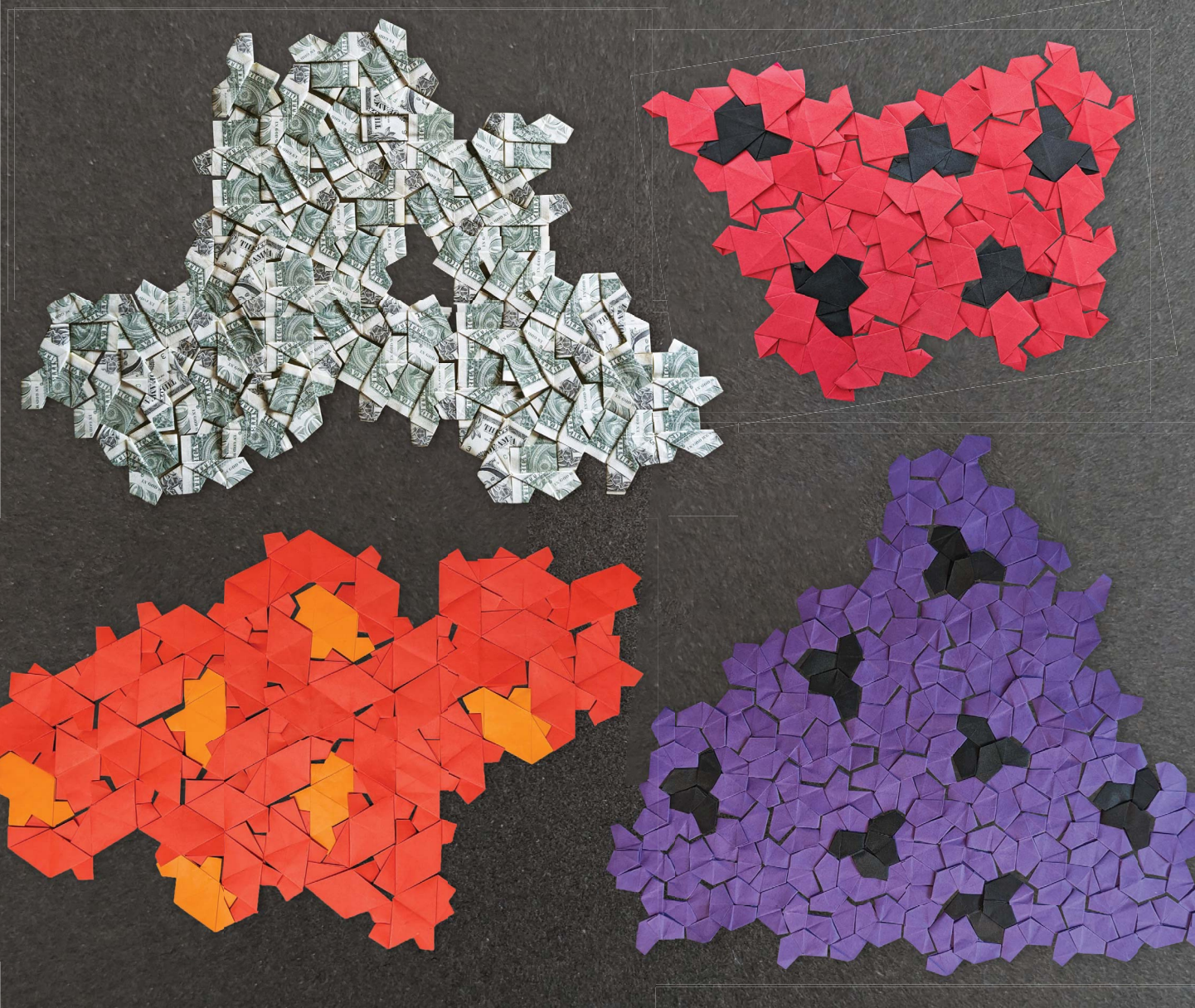
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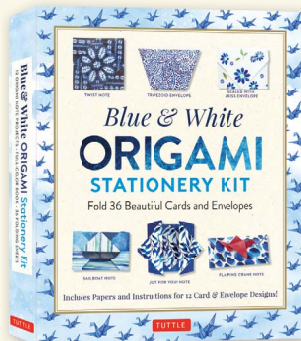
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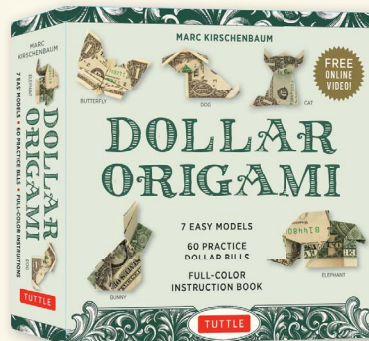
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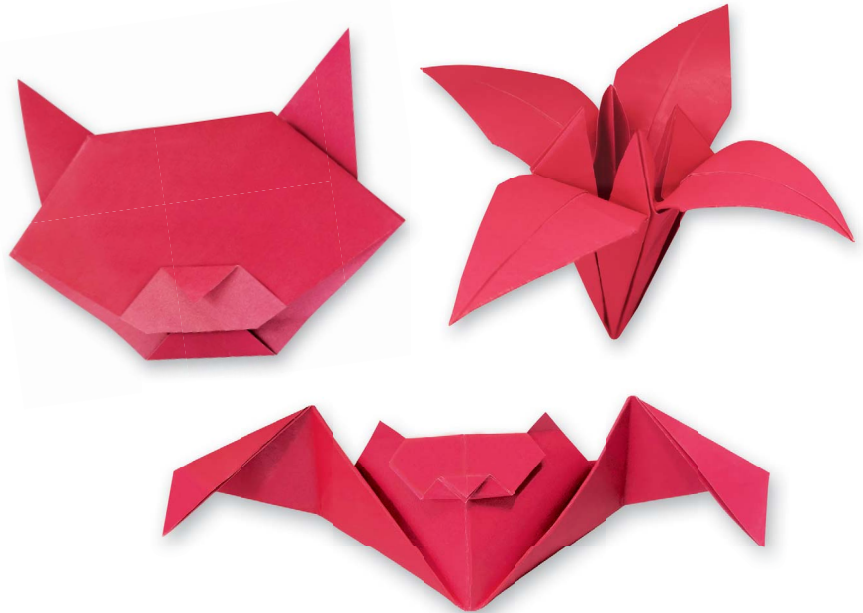


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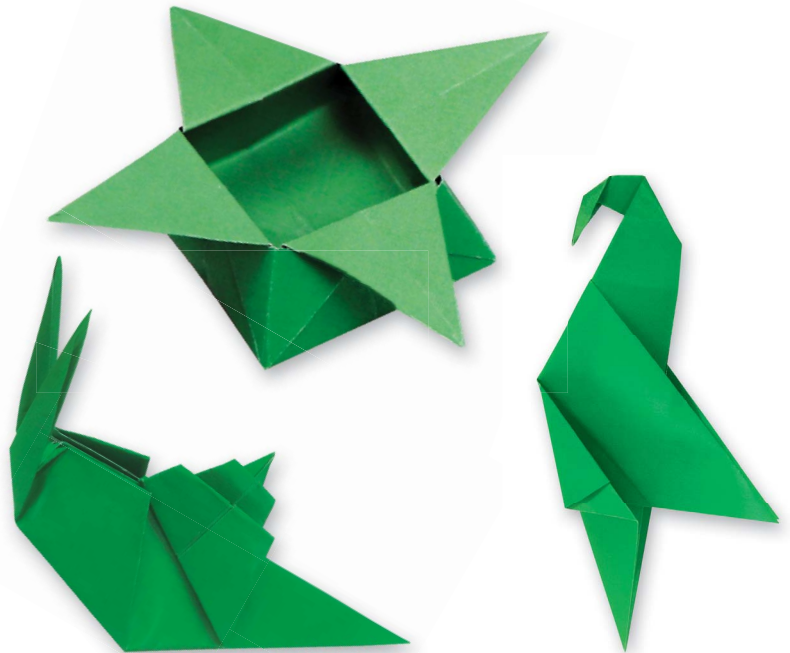


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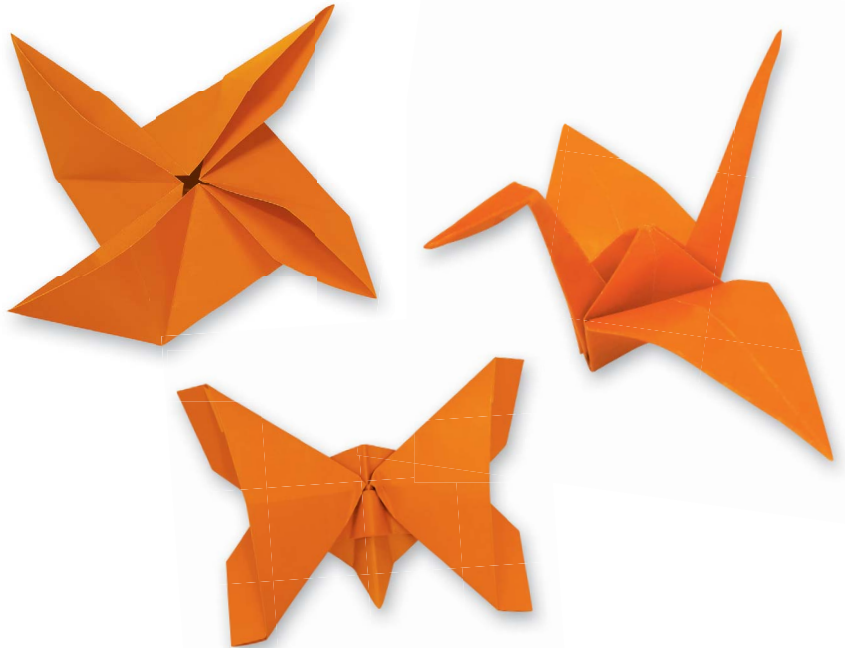
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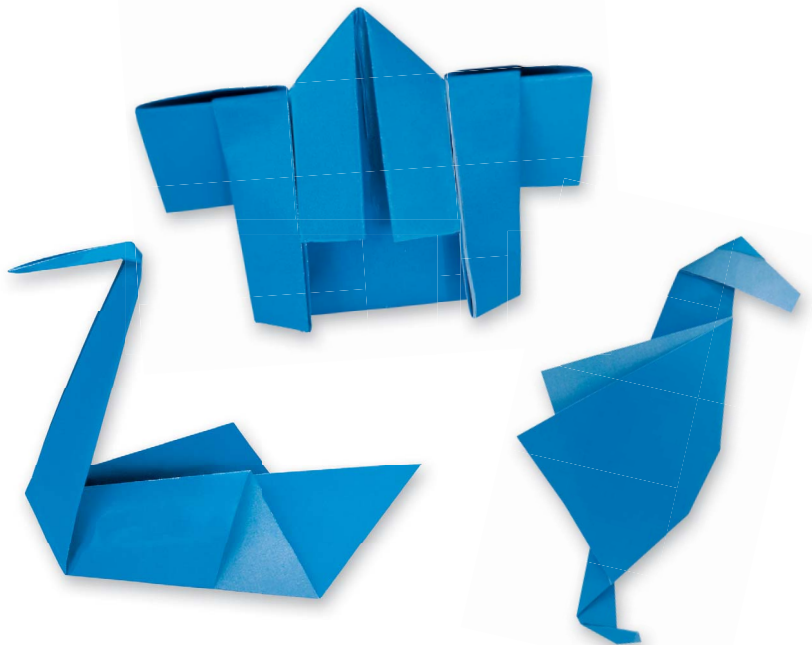


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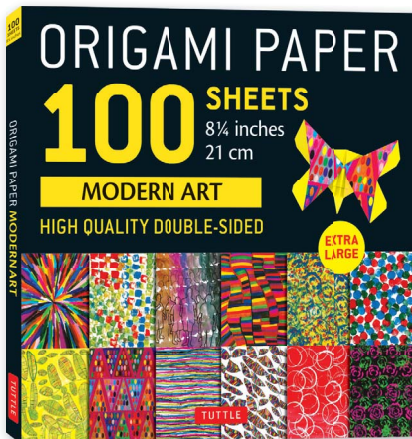
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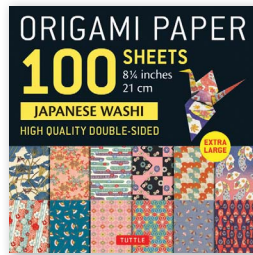


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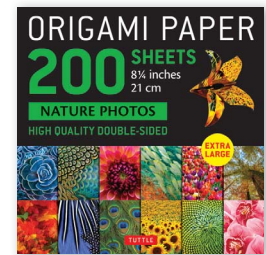


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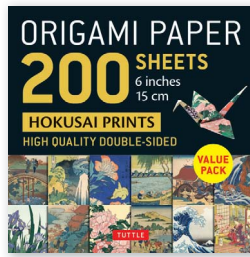
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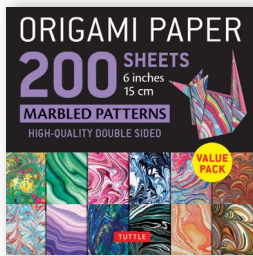
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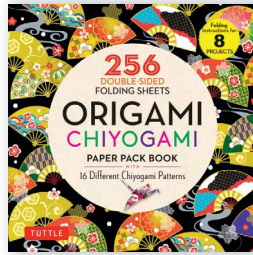
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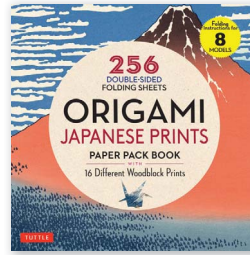
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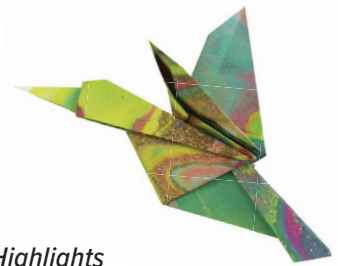
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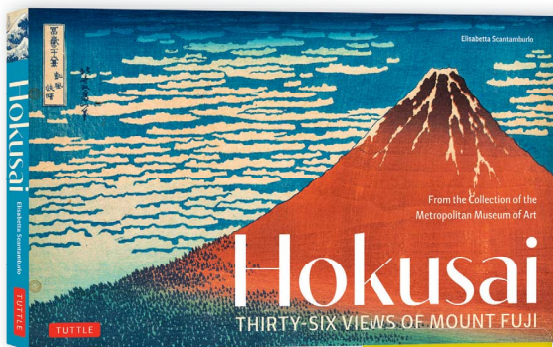


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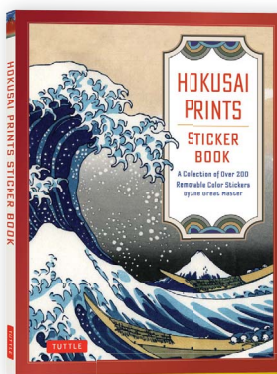
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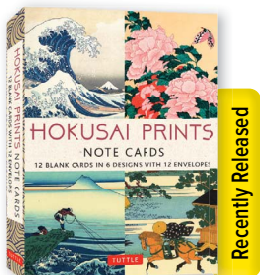


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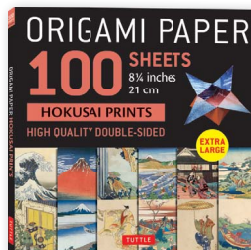


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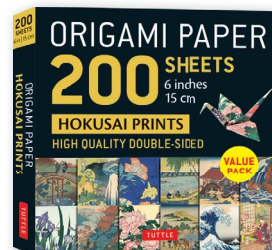
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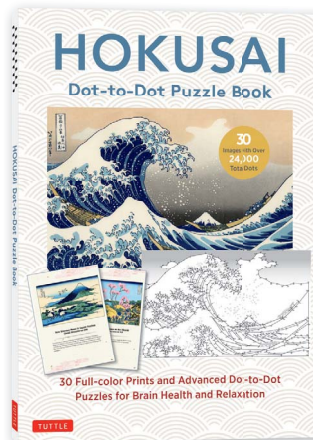
A dot-to-dot puzzle book for adults featuring color prints by Japan's most famous artist!

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October

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 9 X 12 ¾ • 64 pages

Contains 30 Tear-Out Sheets with
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 30 dot-to-dot puzzles
 on reverse side

Carton Quantity: 30
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30 Full-color Prints and Advanced Dot-to-Dot Puzzles for Brain Health and Relaxation

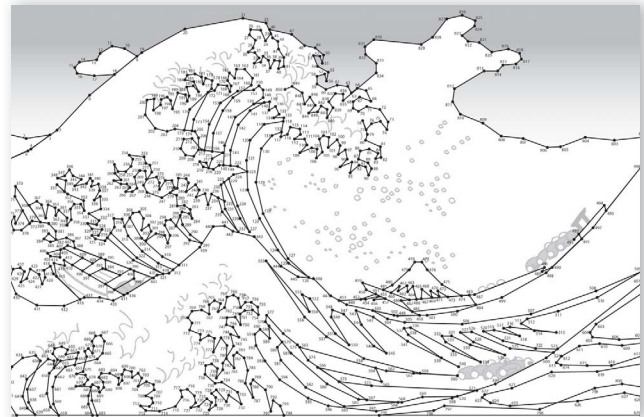
Illustrations by Katsushika Hokusai

This challenging dot-to-dot puzzle book features 30 full-color ukiyo-e woodblock prints by Katsushika Hokusai (1760–1849). The designs are from his *Thirty-Six Views of Mount Fuji* series and include “The Great Wave Off Kanagawa”—the most famous work in all of Japanese art!

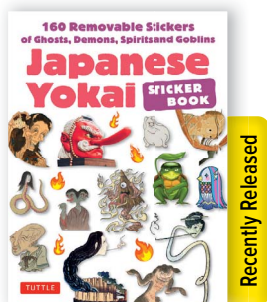
Each puzzle is accompanied by a full-color reproduction of the iconic original print and a description of the scene. The advanced dot-to-dot puzzles contain an average of over 800 dots each. These are all printed on high quality paper with perforated pages so you can tear them out to share or frame.

Dot-to-dot puzzles are great stress-relievers providing hours of fun and relaxation. They are the perfect way to stimulate your brain and maintain focus and acuity!

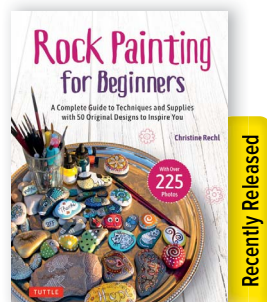
Katsushika Hokusai was born in 1760 in Edo (now Tokyo) and created over 30,000 works of art during his long career, ranging from woodblock prints to sketches and books. He died in 1849, but his legacy endures. He influenced countless artists including many famous European artists.



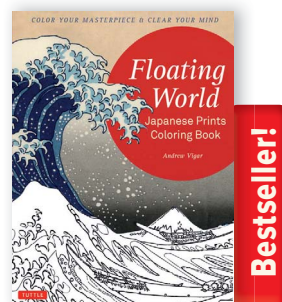
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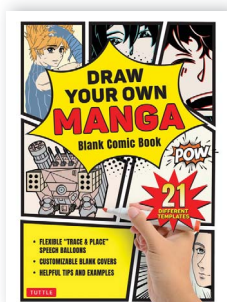
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By Lady Murasaki Shikibu

Illustrated by _an

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_an is an accomplished freelance illustrator who lives in Japan. Her illustrations feature detailed line work and vivid colors. She produces illustrations for animated films and book covers as well as Ukiyo-e style woodblock print illustrations for video games. Her work is showcased in the book *New Girls' Illustration* and Episode 5 of the videos for the musical group *The Chainsmokers*. She's been a guest lecturer in the Wacom online seminar series and has created illustrations for *Belle: The Dragon and the Freckled Princess*, among other projects.



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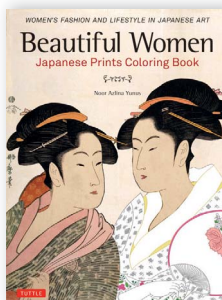
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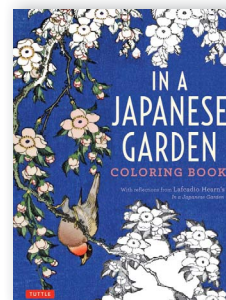
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[From Chapter 22]

"The Jeweled Garland" Tamakazura

Lady Yūgao's daughter, Tamakazura, grows up in Kyūshū living with her wet nurses, unaware of her mother's death. Her beauty attracts many suitors, including Daifu no Gen from Higo Province, who pursues her relentlessly. Seeking escape, she returns to the capital, where she meets Ukyō, formerly Yūgao's attendant. Ukyō, now serving Genji, adopts her as his foster daughter, concealing her true parentage from her father.

Tamakazura, the stunning daughter of the late Lady Yūgao, is celebrated as a great beauty. Chapters 22–31, known as the "Tamakazura chapters," relate her story. Delighted by the appearance of this beautiful and intelligent woman, Genji decides to keep her by his side as a pawn. Meanwhile, Tamakazura grows distrustful, sensing that Genji has no intention of introducing her to her father.

Water Chalice (Mizari)
"It shows not from afar, but seek and you shall find it, the marsh-flower of the Island. For from the ancient stem new shoots forever spring."



48



49

[From Chapter 1]

"The Chamber of Kiri" Kiritsubo

The low-ranking lady Kiritsubo (Genji's mother) enters the imperial court and becomes the favored consort of Emperor Kiritsubo (Genji's father). This provokes intense jealousy and bullying within the court, leading to Kiritsubo's gradual decline in health. Amid this situation, the jewel-like handsome Hikaru Genji is born to a mother of low rank but when Genji is three years old, Kiritsubo passes away. Because he was born to a mother of low rank cannot become the Crown Prince and is instead made a commoner.

The beginning of *The Tale of Genji*. This chapter portrays the birth of Hikaru Genji, starting with the devoted love between Emperor Kiritsubo and Lady Kiritsubo. Though he is supported by his father's love, young Genji, who lost his mother, feels a deep-rooted loneliness that later leads to his many romances with various women.

Paulownia (Kiri) and Miyugino Bush Clover (Miyugino-Hagi)
"As the wind gathers dew upon Miyugino's branches, I think of the small bush clover at the base."

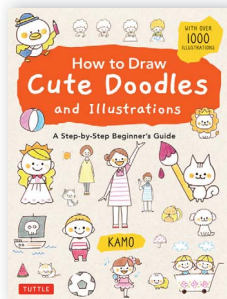


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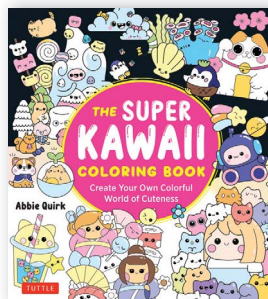
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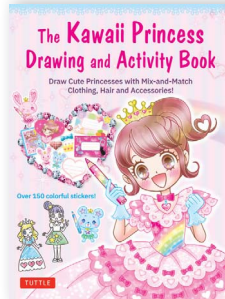
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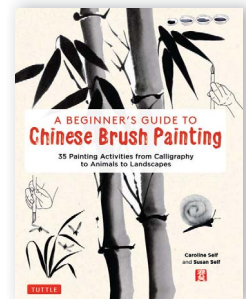
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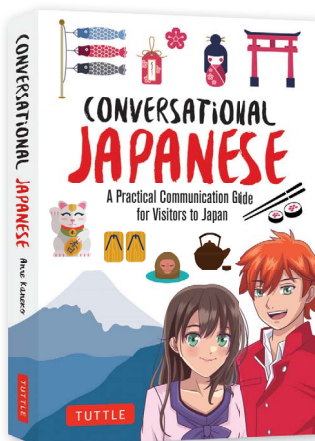
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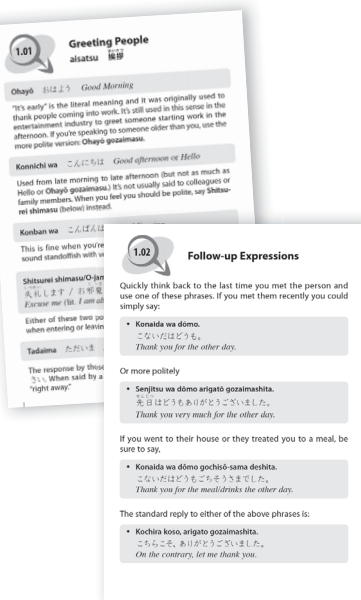
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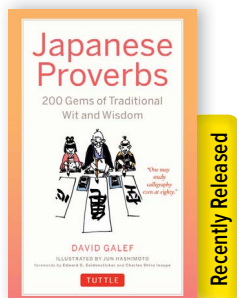
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Anne Kaneko is a graduate of the School of Oriental and African Studies at the University of London. She lived and worked in Japan for many years both as a translator and as a businesswoman. She now lives in the United Kingdom.

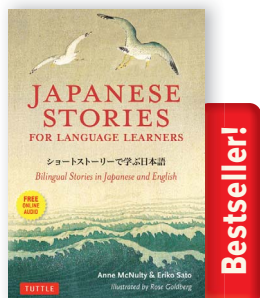


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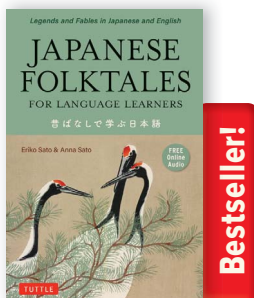
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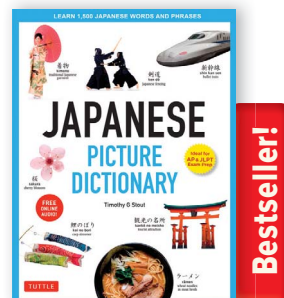
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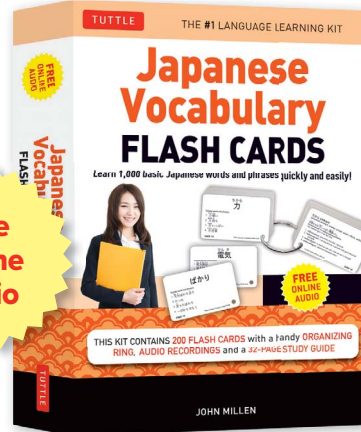
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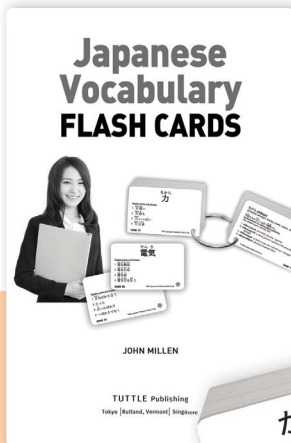
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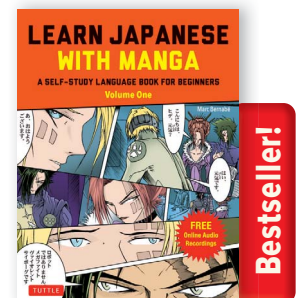
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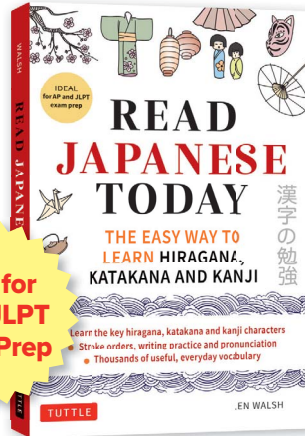
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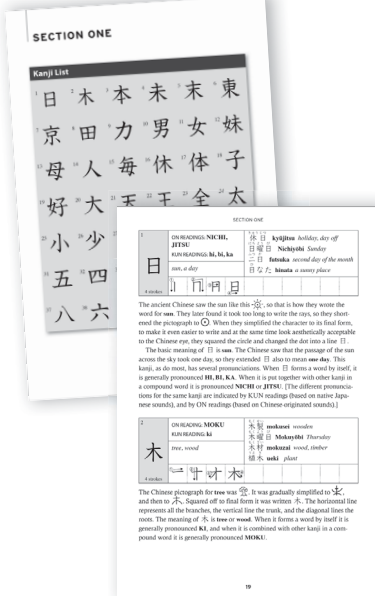
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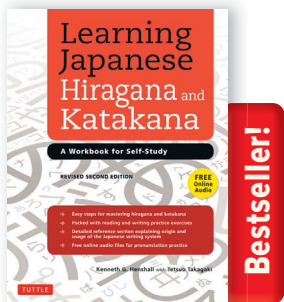
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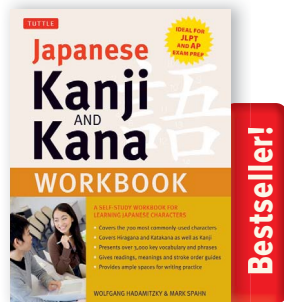
Len Walsh studied and taught Japanese in the United States and Japan. He served in the U.S. Army and Air Force during the Korean War and worked in various industries in Vietnam, Japan, Tanzania and the U.S. Walsh is the author of *Why U.S. Intelligence Fails to Steal Enemy Secrets—And What Can Be Done About it!*



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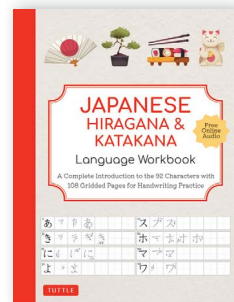
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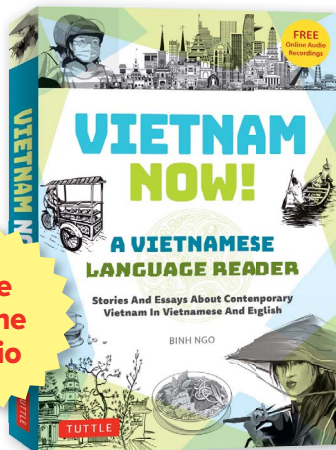
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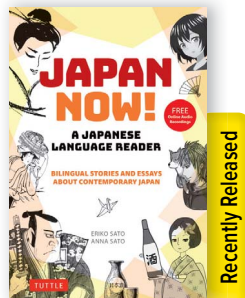
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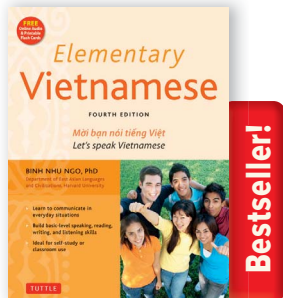


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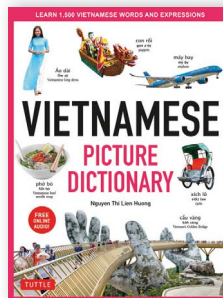
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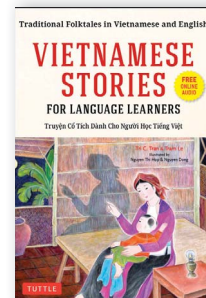


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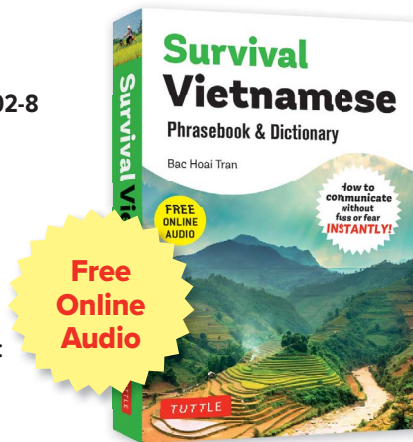
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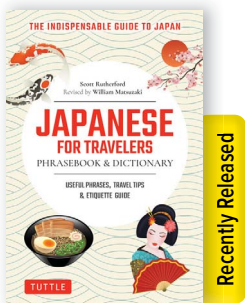
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Bac Hoai Tran has taught Vietnamese at U.C. Berkeley for over three decades. He has served as the Vietnamese coordinator for the Southeast Asian Studies Summer Institute at the University of Wisconsin-Madison since 2000 and has written many textbooks, phrasebooks and dictionaries for beginning learners of Vietnamese.

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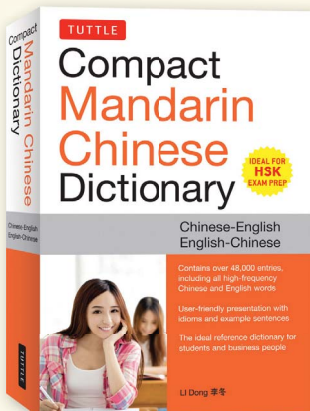


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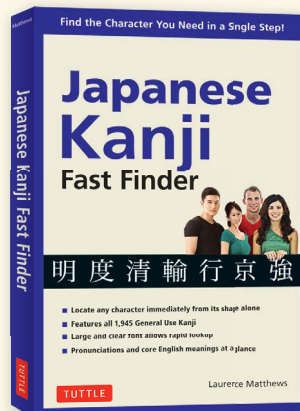
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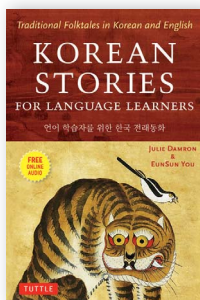
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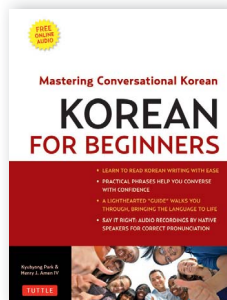
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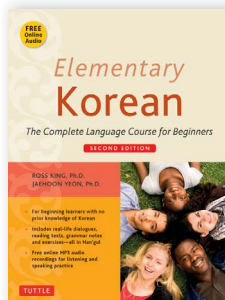
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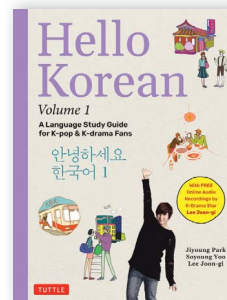
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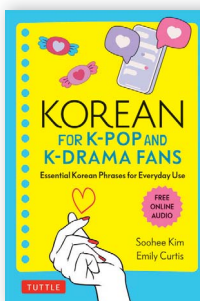


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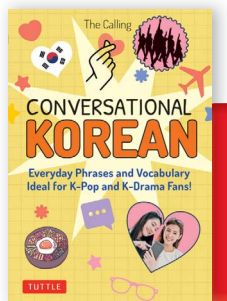


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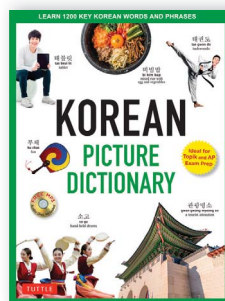
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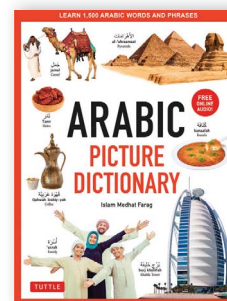


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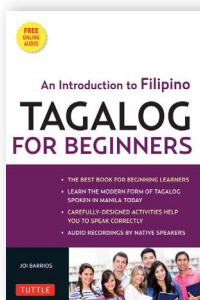
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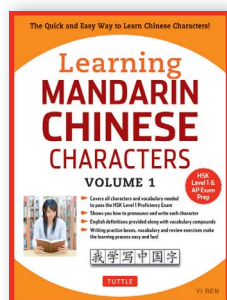


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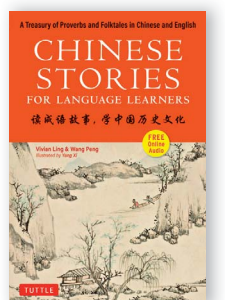
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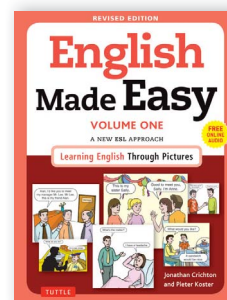


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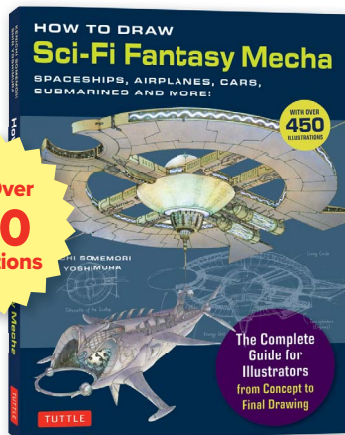
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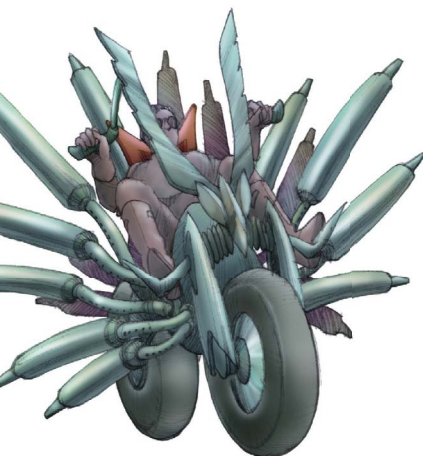
This all-in-one guide takes you inside the artist's studio to learn firsthand how to conceptualize and draw new fantasy sci-fi vehicles. It gives fantasy illustrators detailed information on the following topics:

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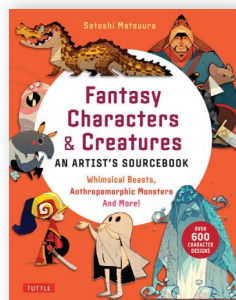
Illustrated with over 450 striking drawings, this book is a springboard to creating your own mind-blowing mecha. Your imagination will soar as you see these fantastic machines come to life!

Kenichi Somemori studied painting and fine arts before working as a landscape architect and civil consulting manager. His publications include *Perspective Techniques*, *Perspective Expression*, *3D Sketch Practice Notebook* and *Trace and Easy Sketch Practice Notebook for Plants and Animals*.

Shin Yoshimora graduated from the University of Tokyo with a major in green space studies and he worked in urban planning and landscape architecture at EPI Corporation. After that, he established MEGADRAWING, an art studio which creates illustrations and perspective drawings. As an architect, he received the Jury's Award for the 30th anniversary of the JARA Grand Prize in 2010.



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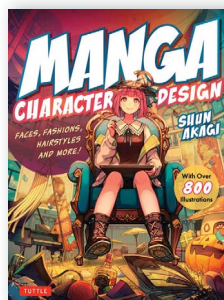


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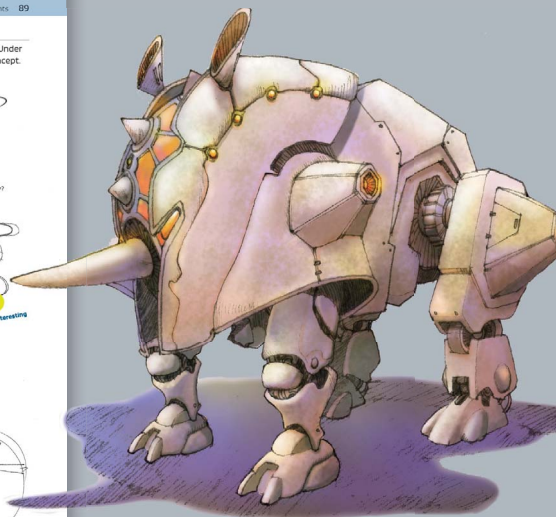
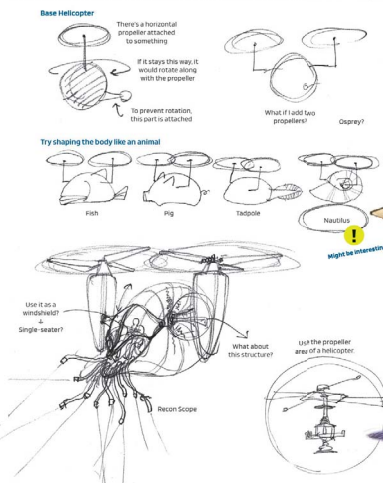


Part 4 Practical Application
4-2 NAUTILUS HELICOPTER

This is a helicopter inspired by the nautilus, one of the "living fossils." Although the nautilus moves very slowly in reality, it belongs to the cephalopod group, just like octopuses and squids, which move freely underwater. This association helped expand the design concept.

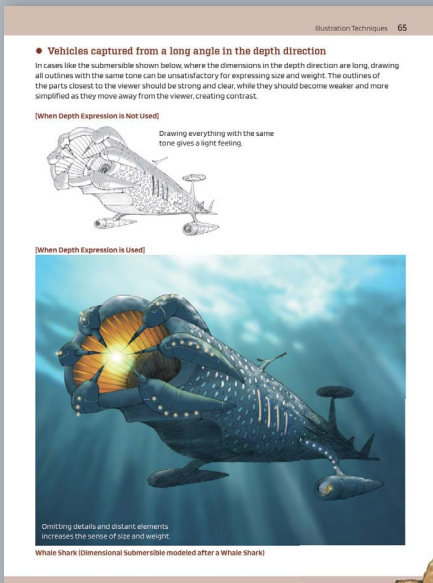
Practical Assessments 69
Developing Your Ideas

Think about the imagery for the helicopter body. Here, the idea comes from animal forms. Under the propeller, I considered incorporating the shapes of various animals to build out the concept.



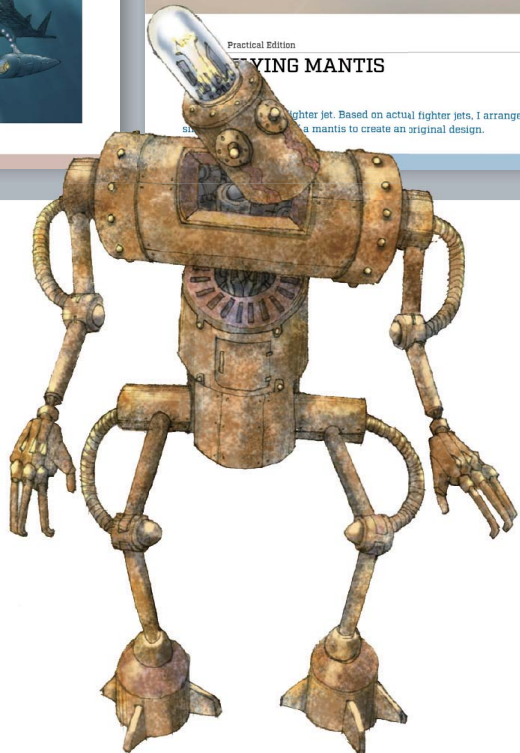
Part 4 Practical Application
4-1 FUTURISTIC AUTOMOBILE

This is a racing car inspired by a combination of a near-futuristic car design with elements of a medieval knight. It is solar-powered and equipped with solar panels. The design is structured around a triangular form to convey a sense of speed.

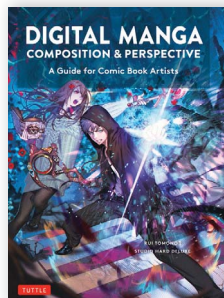


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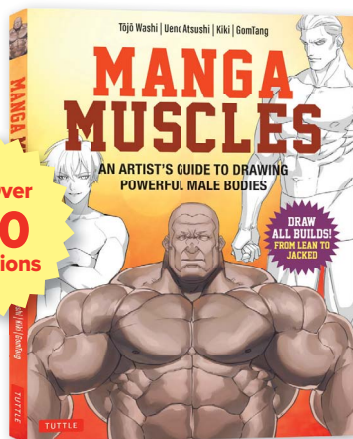
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Manga Muscles

An Artist's Guide to Drawing Powerful Male Bodies

By Tōjō Washi, Ueno Atsushi, GomTang & Kiki

Manga Muscles teaches you how to draw fit, muscular bodies of every kind—from athletic to bodybuilder to fantasy superhero—in hundreds of different situations from all possible angles. Plus, you'll learn to adjust the physical attributes of your characters so they don't all look the same, and how to drape clothes on their bodies in a realistic way. Every buff body type you may want to draw is described in great detail here:

- **Super-Fit Lean Body Type**—Cut, lean physiques for strong but compact bodies
- **Athletic Muscular Body Type**—Beefy physiques straight off the comic book pages
- **Bodybuilder Body Type**—Competitive heavyweight class physiques
- **Titan Body Type**—Superhuman fantasy-colossus physiques that defy belief

The authors are experienced professional illustrators who provide thorough anatomical studies for each type of physique. With over 500 detailed illustrations and dozens of important tips on making your characters distinctive and believable—which muscle groups to emphasize for maximum impact and various nuances that can suggest intimidation or sex appeal—this is a book that every manga artist needs in their library!

Tojo Washi is an illustrator who draws intense, muscle-focused characters. He has created game packaging for Sega, Square Enix and other companies, as well as arcade game cabinet graphics.

Ueno Atsushi is an illustrator and manga artist. His manga *Penguin Gentleman* was published in 2020. He also works on character design and illustration projects.

GomTang is an illustrator and designer who produces characters for smartphone games.

KiKi has been working as a freelance illustrator since 2017, mainly creating illustrations for multiplayer games and merchandise.

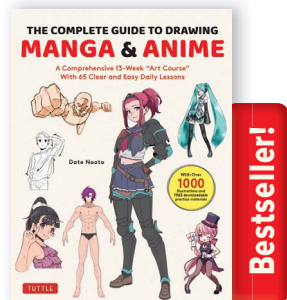
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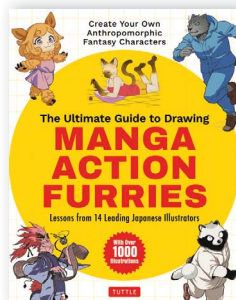
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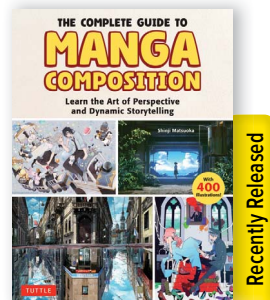
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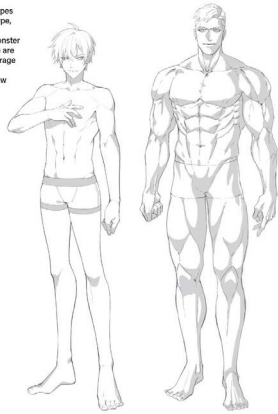
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Body Type Comparison

In this book, muscles are primarily divided into four types for explanation: slim body type, muscular body type, ultra-muscular body type, and monster body type. While all of these are more muscular than the average physique, each has its own distinct characteristics in how they are drawn.



Lean Body Type

In this book, this is considered a relatively slim body type. Generally, it still fits into the category of well-trained. It gives a well-proportional impression and is suitable for young or handsome characters.

Athletic Muscular Body Type

A well-trained athlete's body type. These muscles give the impression of being consciously developed through sports or work. They provide a masculine and powerful impression.



Competitive Heavyweight Bodybuilder Body Type

A bodybuilding physique with extremely developed muscles. Each muscle is significantly enlarged, and the contours are greatly altered from the average body type. It is immediately recognizable as a power type physique.

Fantasy Colossus Body Type

Muscles that go beyond reality. In addition to muscles, the shoulders and hips are also larger. The skeleton itself differs from the average build and is commonly seen in fighting game characters.

Competitive Heavyweight Bodybuilder Body Type

Illustrator's One-Point Advice

The upper body forms an inverted triangle visible through the shirt. The broad back looks cool.



The muscular physique can't be fully hidden. The tight shirt shows it off.

When flexing, it looks like the shirt might burst. Draw wrinkles effectively.

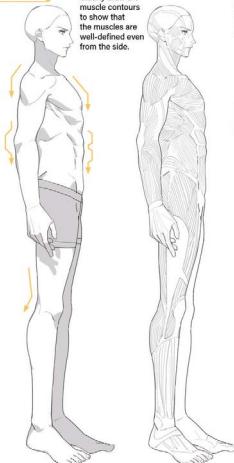
Thick legs make the pants tight. Draw the characteristic sheen of the slacks in this situation.

Lean Body Type

How to Show Each Muscle

Side View

Clearly draw the muscle contours to show that the muscles are well-defined even from the side.

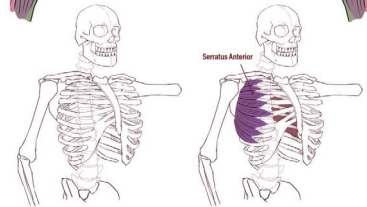
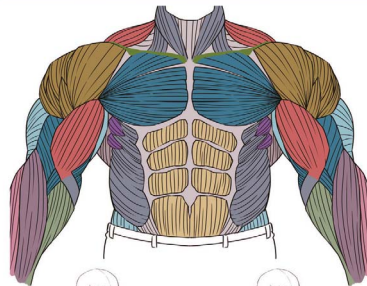


When the upper body is bent backward, the chest and abdominal muscles are stretched, causing the muscles to tense and expand.

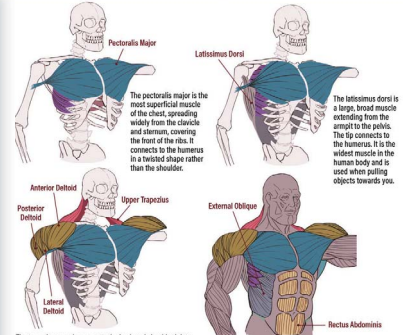


On the other hand, when the upper body is bent forward, the muscles become relaxed.

Muscle Attachment of the Torso



The serratus anterior originates from the 1st to 9th ribs and spreads across the front of the thorax. It attaches to the inner side of the scapula and plays a role in pulling the scapula forward.



The trapezius muscle connects the back and shoulder joints. Most of it spreads across the back, and from the front of the body you can see the upper trapezius, which is the closest to the neck. This muscle is located from the upper part of the scapula to the neck and is useful for movements that lift the clavicle and scapula. The deltoid muscle is a group of muscles that cover the shoulder with three parts: anterior, middle, and posterior. It is the largest muscle in the arm and helps raise the arm laterally.

The external oblique muscle originates from the lower ribs (9th to 12th ribs) and extends diagonally downward. This muscle is reinforced to overlap with the serratus anterior (purple in the diagram). The rectus abdominis covers the front of the abdomen. It is surprisingly long, extending from the ribs to the pubic bone. Commonly known as the "six pack," it is one of the most well-known abdominal muscles.

Muscles of the Ultra-Muscular Body Type

Thicken and enlarge the skeletal landmarks. While this is important, it is even more crucial to draw the muscles themselves thicker and larger. The skeleton serves as the foundation for depicting the human body. Keep in mind that the muscles are hypertrophied based on this skeleton as you draw.

78

20

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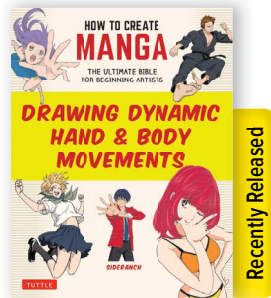
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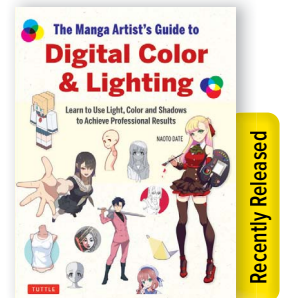
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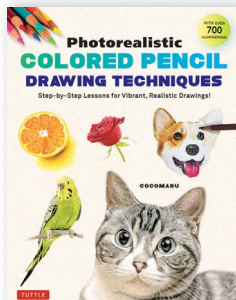
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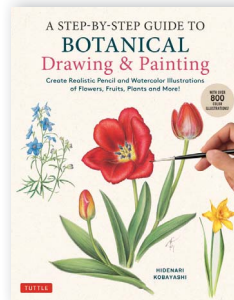
Hiroko Fukuchi is a lecturer in fashion illustration and design at Sugino Fashion College in Tokyo. She also teaches at Dressmaker Gakuin and Wayo Women's University and creates illustrations for books and fashion designers. She has contributed to many books including *Modalina's Illustrated Book of Fashion*, and *How to Draw a Suit*. This is her first book in English.



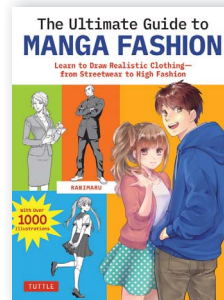
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Differences in Materials

When drawing fabric, you need to know about the material. However, it's not necessary to memorize a vast number of types and their formal names from the beginning. Try to remember the feel and image as much as possible by touching it with your hands. It's also good to express your thoughts in notes, like saying, "It feels kind of like XX."



Organza It is thin and very transparent. You can see through it. It has a strong tension. The characteristic feature is the tail lines that stretch out sharply.

Chiffon It is thin. Compared to organza, it has more weight and a flowing sensation. It feels a bit crunchy.

Satin It has a glossy surface and is smooth. When you gather it, it looks beautiful.

Velvet It has a gooey texture and is heavy. The surface is fluffy and smooth. It drops straight down like chiffon. It's a deep black.



You can feel transparency when the lines of the body or undergarments are visible.

There is little volume, and the lines of the folds drop downward.

Create a clear contrast between light and shadow.

Because it has weight, the fabric drops heavily down. There is little volume.

42

How to Draw Pants



1 Use the body of the item illustration as a base. Place a thin sheet of paper on top and draw the center line and waistline.

Draw the belt above the waistline (for just waist). The front opening and the center line will be the center.



2 Determine the length of the pants and the width of the hem. Draw the inner and outer lines.

3 Draw the center press line and create a fold at the hem.

4 Back Style Continue ensuring the size remains the same as the front style by marking with a ruler. The silhouette is the same.



5 Draw details for both the front and back.

6 Finalize the drawing with a drawing pen and erase the underdrawing.

Front: opening, tucks, belt loops
Back: hip pockets, darts, belt loops

78

Pant Styles



For designs with a raw hem, draw the hem not as a straight line but with the threads hanging.

For overized designs, draw the proportions larger than normal.

Depending on the pose, wrinkles should flow and appear longer.

Observe the gathering of fabric at the hem closely from actual items or photos, and sketch the extensions of the wrinkles.

79

Techniques for Transparent Watercolor Paint

Blurring Use a wet brush to spread the paint. The unique blurring of watercolor is often used to express shadows.



Bleeding Wet the paper with water only, and then place color onto the wet areas. This technique can be used for patterns or to express materials like fur.



Color lifting While wet, or on the areas you want to lift color from, wet the paint and then wipe it off. This technique is used not only to create materials like faded denim but also to represent glossy areas.



Incorporating Various Techniques There are many types of techniques using paint. Among them, they can be used to convey the texture and patterns of clothing, or as accents in the background of style illustrations.



Spattering Rub a fine sieve or dedicated mesh with a toothbrush coated in paint.

Batik Also known as resist painting, this involves placing paint over a drawing made with crayon or wax on the paper.

Dripping This painting method involves loading a brush with paint and letting it drip onto the paper.

122

Expressing the Texture of Fabric

Dabbing Open the brush tip and hold the brush upright to gently tap it against the surface.



Stretching Open the brush tip and gently stroke the surface with the brush.



Twisting Keep the brush tip open and twist the brush while standing it upright.

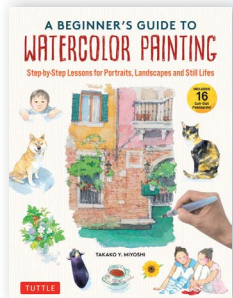


This technique can express the weave of the fabric.

123



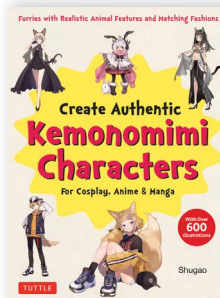
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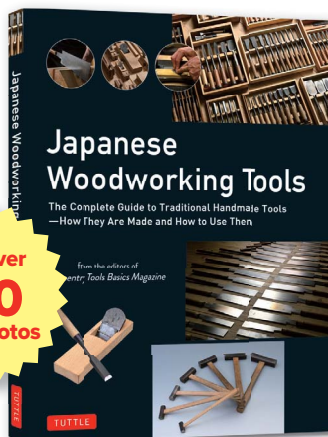
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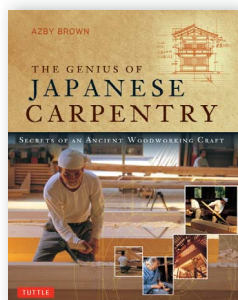
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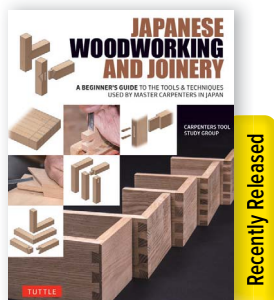
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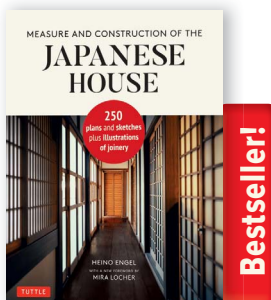


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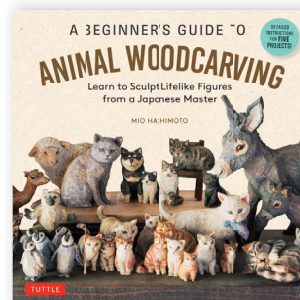
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Various types of planes are produced, including one that only carves the edges in the center of the photo.

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How to beautifully finish the surface of wood has been a primary focus for carpenters since ancient times. With the introduction of the current type of plane from China, the woodworking process dramatically changed. Additionally, the plane also influenced the transformation of architectural styles.

Yarigan-na with a Handle Characterized by Wave-like Carving Surface
If you closely examine the pillars of Horyu-ji Temple in Nara, which was built during the Asuka period, you can see that the surface is finished with small, wave-like carved marks.

These marks are the traces left by a tool called yarigan-na, which has a wooden handle with blades shaped like bamboo leaves. The yarigan-na is used by pulling or pushing, but since it cuts in a scooping motion, it does not create a perfectly flat surface like a plane.

At the time, this was the only tool available to make the wood's surface look neat. It must have been a labor-intensive process to carefully carve each section.

Small versions of this tool were brought to Japan from China before the Kofun period, and in the Asuka period, they were scaled up for use in temple construction.

Though the yarigan-na has been replaced by the modern plane, its characteristic carving marks are still used for decorative purposes, especially on pillars in tea rooms.

Craftsmanship of Hand-Forged Saws

Let's delve deeper into the world of hand-forged saws. There are two main types of hand-forged saws: rip saws and crosscut saws. Rip saws cut along the wood grain, while crosscut saws cut perpendicular to the grain.

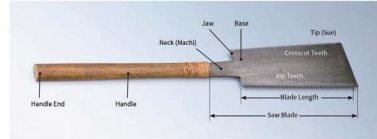
In the Meiji era, double-edged saws that combined both rip and crosscut functions became popular and remain the standard today. Saws are made from steel plates, with teeth carved into them. As you may know, Japanese saws cut on the pull stroke, which is the opposite of Western saws that cut on the push stroke. Although the saw is made from a single steel plate, its thickness is not uniform.

The base (near the handle) is thicker, while the tip is thinner. This variation in thickness prevents the saw blade from deforming during use. During cutting, the blade's edge heats up the most, creating a temperature difference between the edge and the center of the blade.

This temperature difference causes the blade to expand at different rates, leading to warping.

To counteract this, the central part of the saw blade is thinned, allowing it to absorb the expansion caused by heat. Such mechanical considerations are what make hand-forged saws efficient and comfortable to use.

Parts of a Double-Edged Saw



Classifications and Measurements of Hand-Forged Saws

While replaceable-blade saws display blade length in millimeters, hand-forged saws use the traditional Japanese shakkanbō system, with lengths expressed in sun (寸). For example, you may see measurements like "8 sun" or "9 sun".

However, these measurements do not correspond directly to blade length or total saw length, making things a bit confusing.

One sun is approximately 30.3 millimeters. You can remember that the indicated length is "blade length + 1 sun." So, for an 8 sun saw, the blade length would be 7 sun.

Regardless of the size, hand-forged saws typically have a similar number of teeth along the blade. As the sun increases, each tooth also becomes larger.

Sometimes, you'll also see the notation "sun O teeth," indicating how many teeth are embedded within one sun length.

Additionally, pitch (the spacing between each tooth) is sometimes displayed.

This notation applies only to crosscut saws with evenly spaced teeth.

Since rip saw teeth grow larger towards the tip, neither notation is applicable to them.



A hand-forged saw imbued with countless ingenious insights, becomes more cherished with every use.



On the left is a striking chisel, and on the right is a pushing chisel, both with a blade width of 1 bu.

Striking Chisels with a Hammer, Pushing Chisels by Hand
Chisels can be broadly divided into two groups: striking chisels and pushing chisels. In the photo on the right, the left is a striking chisel, and the right is a pushing chisel. Striking chisels are used by hitting the head of the handle with a hammer, primarily for carving mortise holes. The metal ring at the top, called a "katsura" (cap ring), prevents the handle from splintering under impact.

When people think of chisels, they often imagine striking chisels. Pushing chisels, on the other hand, have long handles and are used for finishing the interior of mortise holes carved with striking chisels or for trimming areas too narrow for a plane.

They are also useful for carving complex mortise shapes and tenons. Pushing chisels are operated by hand, either by pushing or pressing, and their handles are longer for better grip. The blade is also sharper than that of striking chisels. Since they are not struck with a hammer, they do not have a katsura.

In DIY projects, pushing chisels are less commonly used because finishing and side trimming are often done with striking chisels. However, for those aiming to take their skills to the next level, pushing chisels are essential tools. Some chisels combine features of both striking and pushing types, so it's important not to confuse them.

Chisels are sized based on blade width, typically measured in millimeters. However, traditional Japanese chisels also use the old Japanese measurement system (shakkanbō), with units such as "sun" and "bu." For example, a chisel referred to as "1 sun 4 bu" has a blade width of about 42.42 mm (1 sun = approximately 30.3 mm, 1 bu = approximately 3.03 mm). Although the old measurement system can be cumbersome, understanding the conversions can deepen your appreciation for traditional hand tools.



The primary role of the striking chisel is to carve mortise holes, which is why it's built to be durable.



In areas where a pushing chisel isn't necessary, striking chisels are often used for finishing and trimming.



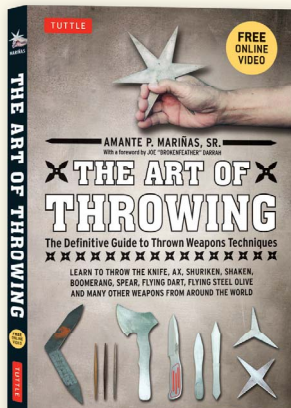
However, for deeper or wider mortise holes, finishing with a pushing chisel becomes necessary.



Once assembled, the mortise hole remains hidden from view, yet the chisel insists, "carve it with care."



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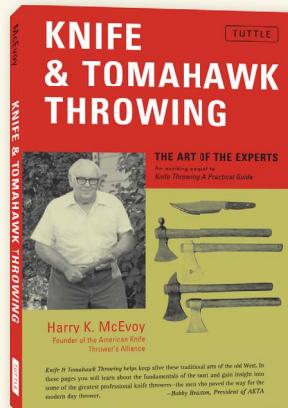


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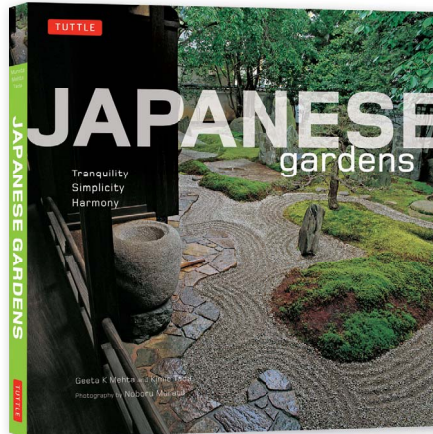
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Noboru Murata is one of Japan's leading commercial photographers. He photographs for a wide range of clients and his images have been published in leading lifestyle and design magazines like *Elle Deco Japon* and *Casa Mia Italy* as well as food magazines like *Elle á Table Japon*. His books include *Japan Style*, *The Sushi Lover's Cookbook* and *Japanese Ikebana for Every Season*.

Kimie Tada worked as the editor-in-chief of *Confort*, a Japanese magazine that features traditional Japanese houses and interiors, as well as materials such as tatami, washi and tsuchi-kabe. She now runs I See All Inc.—an editorial company which she founded.

Geeta K. Mehta teaches architecture and urban design at Columbia University in New York. She is a partner in the firm of Braden and Mehta, and has designed projects in the USA, Japan, India, Vietnam and Indonesia. Educated at the University of Tokyo, Columbia University, and SPA in Delhi, she is the co-author of several books, including *Japan Living*, *Japan Style* and *New Japan Architecture*.



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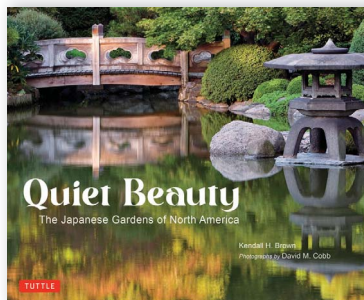
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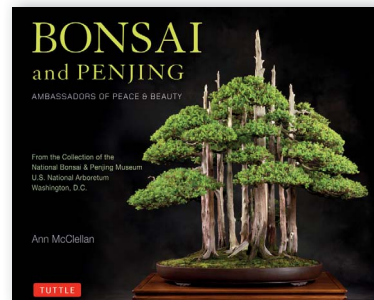


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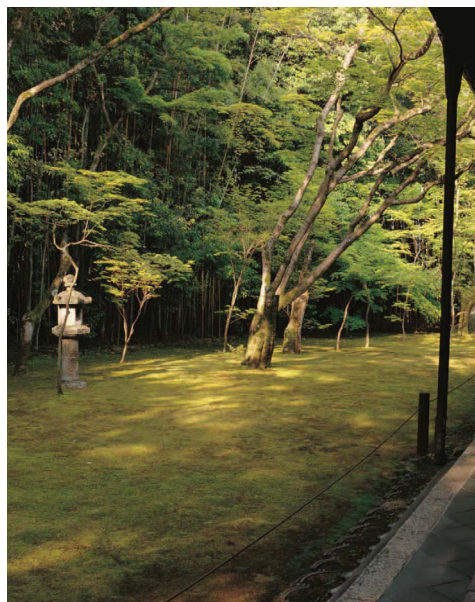
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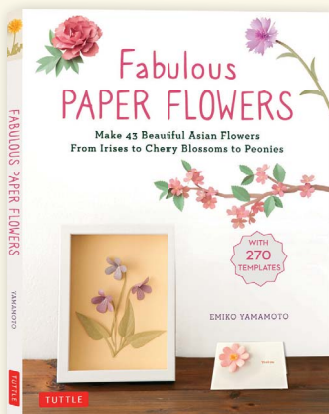
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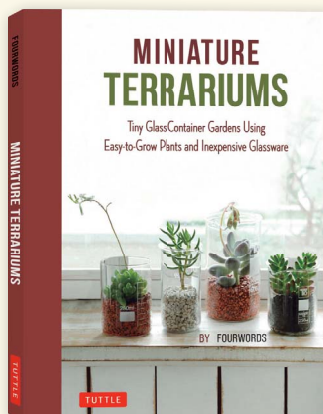
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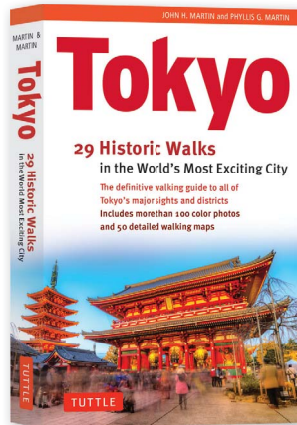
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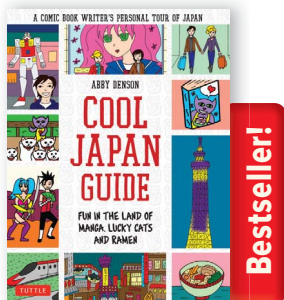
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This book is packed with information and illustrated with over 100 color photos and 50 full-color maps. *Each walk has a QR code that loads it automatically into Google Maps on your phone!*

Dr. John H. Martin and his wife Phyllis G. Martin were museum directors in New York and traveled together extensively in Japan and elsewhere every chance they got. John H. Martin was a professor of Chinese and Japanese Civilization at the University of Richmond and taught courses in Japanese history, religion, and culture at several universities in New York State.



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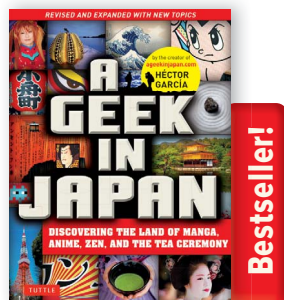


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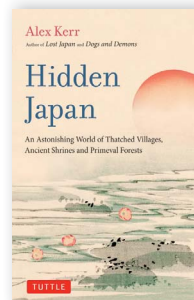


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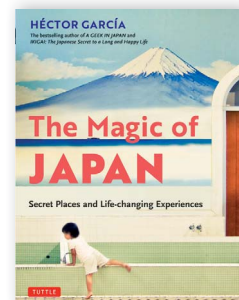


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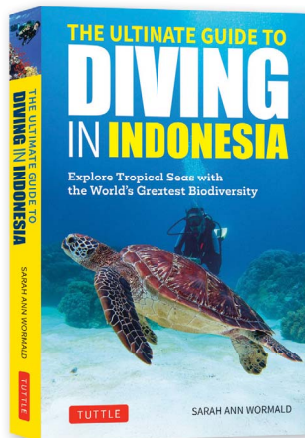
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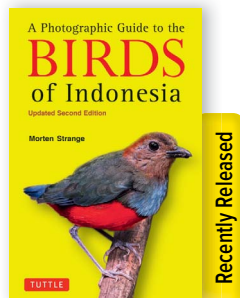
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Sarah Ann Wormald is originally from the UK where she previously worked as a solicitor. She began diving in the Red Sea then moved to Indonesia in 2007. Since then, she has become a dive instructor, enabling her to share her passion for underwater exploration with others. When Sarah is not teaching, she travels around Indonesia to dive and take photos. With this project, Sarah's aim has been to promote operators who dive safely and protect and care for the reefs and their inhabitants. Sarah currently lives and works full-time in Indonesia.

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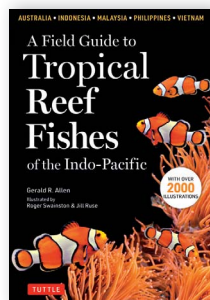


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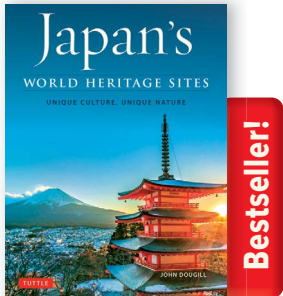
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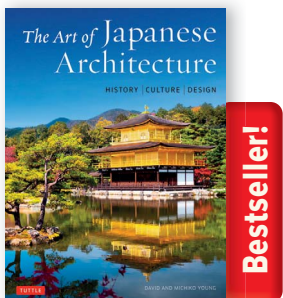


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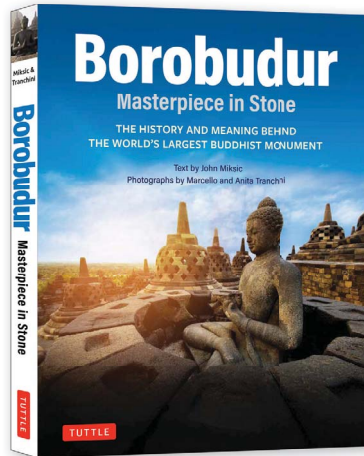


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By John Miksic

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Borobudur is a world renowned masterpiece of intricately-carved stone panels and sculptures blending Indian art with local Javanese genius. The panels recount the life of the Buddha along with tales of worldly desire and the heroic feats of enlightened beings. After viewing these, visitors ascend to the open terraces at the top of the monument to enjoy majestic

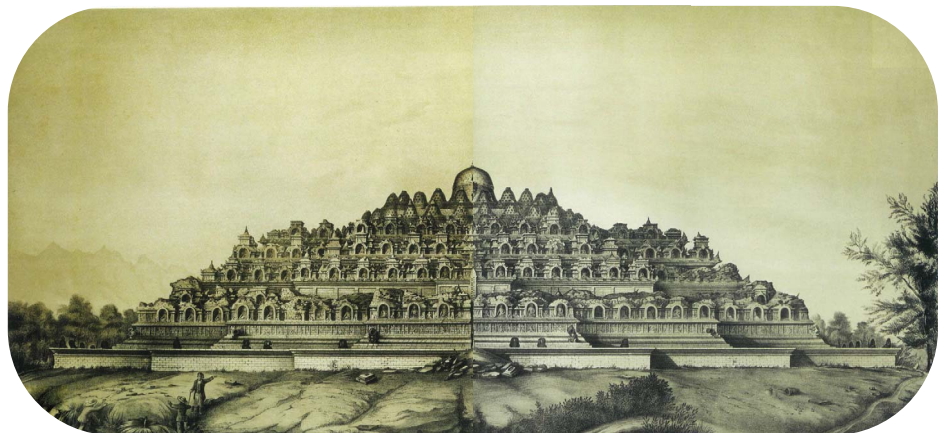
vistas of the surrounding volcanic countryside—an experience intended to evoke the eternal bliss of Buddhist nirvana.

This book presents a detailed history of the monument as well as a description of its art, design and original function. Author John Miksic recounts Borobudur's history from its construction in the 9th century to its multiple restorations in the 20th century. Surveying ancient texts and contemporary scholarship, he walks us through all the temple's main features, including:

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John Miksic, Professor Emeritus of Southeast Asian Studies at the National University of Singapore, has made significant contributions to Southeast Asian studies through his archaeological research. Most notably, his excavations in Singapore confirmed the existence of an important 14th century port city, which has led to significant revisions in the official histories of the island. He has also made major archaeological contributions in Java and Sumatra, Cambodia and Myanmar. His book *Singapore and The Silk Road of the Sea* won the inaugural Singapore History Prize in 2018.





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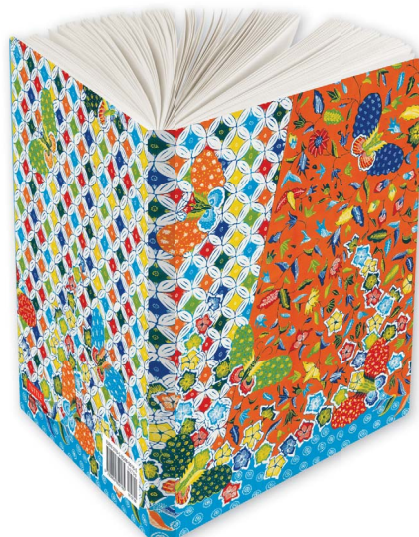
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This original batik design is titled “Sarong Buketan” and was produced in the workshop of Eliza van Zuylen (1863—1947) in Pekalongan, Central Java, between 1920 and 1930. Lotus flowers are known for their ability to emerge untainted from muddy waters, representing purity, enlightenment and perseverance.



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Batik Sarong with Peonies Journal
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The cover of this journal features a “Sarong Dlorong Buketan” pattern made in the The Tie Siet workshop in Pekalongan in the 1920s. Peonies, beloved for their bold size and colors, are a symbol of elegance and beauty.

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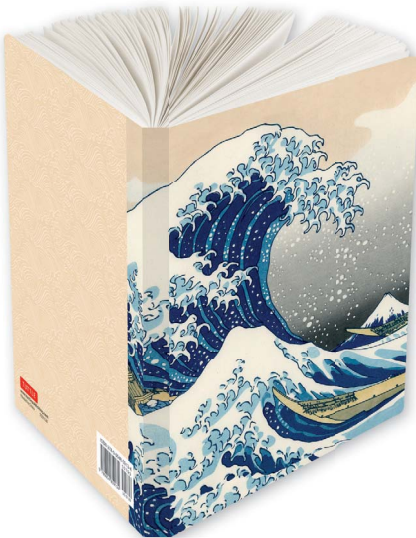


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Hiroshige's Sparrows and Camellia in Snow Journal

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The front cover features "Sparrows and Camellia in Snow" (1831—1833) while the back cover features "Swallows, Peach Blossoms and Moon" (1850—1860), both by Utagawa Hiroshige, 1797-1858.



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The cover features the iconic "Great Wave off Kanagawa" by Katsushika Hokusai (1760—1849) from the series *Thirty-six Views of Mount Fuji*. This image has influenced Western artists and musicians like Claude Debussy, Vincent van Gogh and Claude Monet.

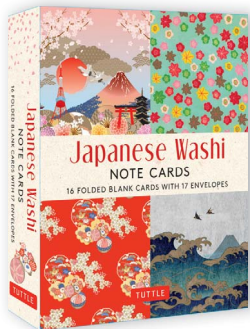
Utagawa Hiroshige is one of Japan's most prominent artists, best known for his series of prints *The 53 Stations of the Tokaido* (1832—1833). Hiroshige's work influenced European Impressionists and Post-Impressionists including Van Gogh, who copied two of his prints in oil paint.

Katsushika Hokusai's works are celebrated for their dynamic compositions, vibrant colors and innovative use of perspective. His most famous series, "*Thirty-Six Views of Mount Fuji*," includes the iconic "*Great Wave Off Kanagawa*," showcasing his mastery in capturing the power and beauty of nature.

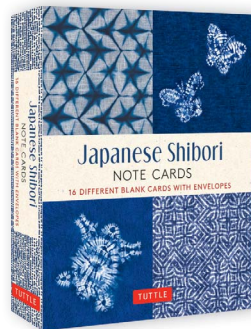
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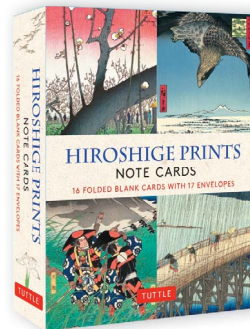
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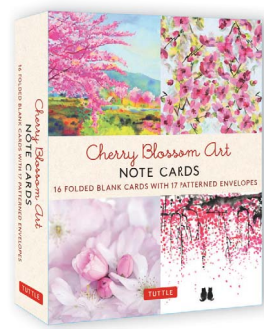
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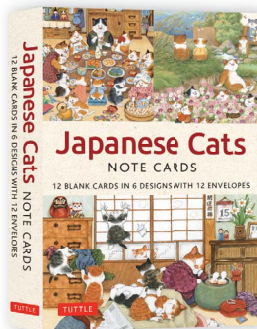


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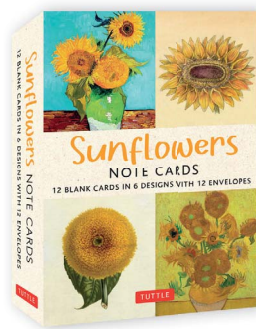
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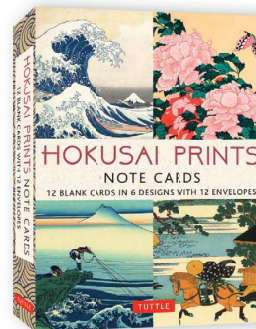
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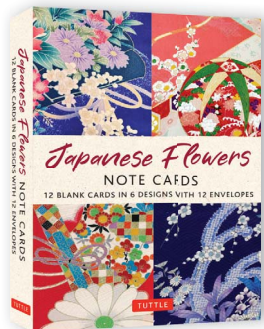
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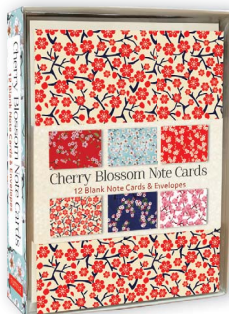
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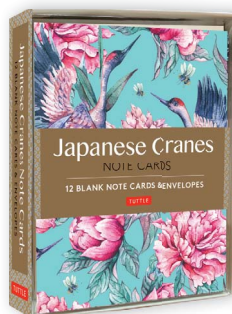
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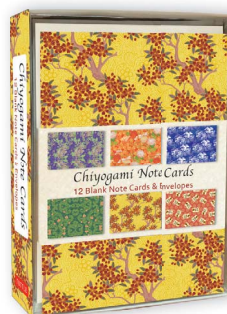
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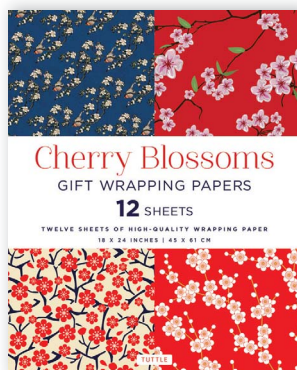
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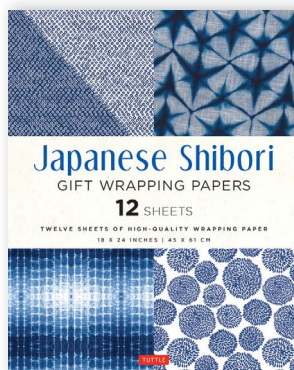
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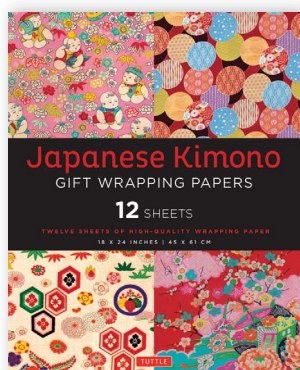
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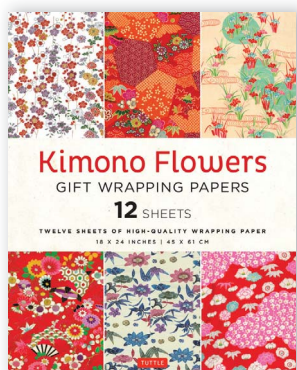
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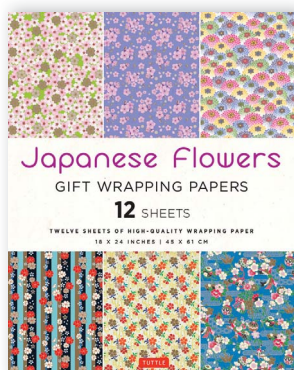
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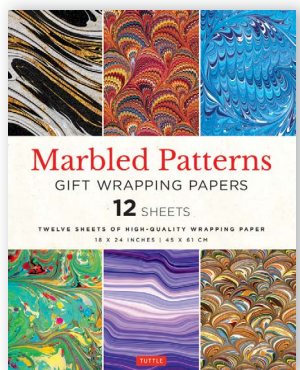
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